



**An Internship Report on
A Journey to IELTS Success: Lessons Gained and Tactics Employed**

Submitted To

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This Report is Submitted for Fulfillment of the Requirements for the Degree of B.A(Honors) in
English

**DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY
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Declaration of the Report

I, Md. Gulam Jakaria Naim, hereby declare that the report titled " A Journey to IELTS Success: Lessons Gained and Tactics Employed" is my own original and authentic work, provided to completely fulfill the criteria for the course Project Paper with Internship (ENG 431) in the Bachelor of Arts (Hons) in English program at Daffodil International University, during the Semester of Fall 2025.

This report only explores my own experiences and observations as I undertook the International English Language Testing System (IELTS) program. It has been completed as a part of the “Project Paper” course (Course Code: ENG431) of B. A. (Hons) in English, under the supervision of Md. Ariful Islam Laskar, Assistant Professor in the Department of English at Daffodil International University.



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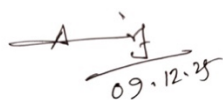
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Authorization of the Supervisor

It is an official certification of Md. Gulam Jakaria Naim, a registered student at Daffodil International University, identified by the Student ID number 221-10-853. It is with great impregnation and merriment that I hereby affirm to the successful effectuation of the Project Paper interrelated with the Internship Course (ENG431) at my suggestion as the supervisor. Throughout the entire IELTS journey, I have been able to closely observe and assist the student with his progress. I have guided, mentored, and provided feedback to the student on the initial steps of planning the project to the final submission of the internship to ensure that the student was meeting the needs and academic standards. I have witnessed myself the hard work, effort and dedication of the student in pursuing this academic activity. His active attitude, critical thinking, and willingness to study has been reflected in all the areas of his interaction during this internship project.

Moreover, I have noted that the student manages to properly use theoretical knowledge gained in the classroom setting in real life applications, which proves that he has a profound knowledge of the material and its practical application. I feel extremely proud of the student's achievements as the supervisor and hope the high performance of the student during the internship period. I suppose that the experiences, skills, and knowledge gained in this procession will be beneficial in his academic and professional life. I formally convey my congratulations to Md. Gulam Jakaria Naim on the successful completion of his project, and I extend my best wishes for his continued accomplishments in all future pursuits.



Md. Ariful Islam Laskar

Assistant Professor

Department of English

Daffodil International University

Acknowledgment

Firstly, I would like to praise the Almighty who has blessed me with the required power, perseverance, and chance to have this experience in IELTS exam preparation. Through your lucky, you have been such an inspiration and a guide in the process. Then, I owe much of my achievements and to my parents who have helped me, inspired and had faith in me in life. They have had my strength sources because their love and support motivated me towards achieving excellence in whatever I am doing. Most importantly, I would like to take this opportunity to thank **Md. Ariful Islam Laskar**, my noble supervisor, by whom, through his precious aid, direction, and constructive criticism, I was ready to write my IELTS report. His mentorship has played a significant role in how I have comprehended and set my goals as to how I am to succeed in my IELTS exam.

Moreover, I would like to thank the University to provide me with the resources, facilities, and school environment that I require to my learning and development. Learning environment is vital and this has contributed significantly, conditioning me to pass the IELTS test. I also would like to thank my course teachers owing to their efforts, skills, and commit themselves to educating me on the knowledge required of the English language and skills which have assisted me in enhancing my English language proficiency. They have played a central role in assisting me to be a successful individual in my target to pass the IELTS test. In addition, I would also like to acknowledge the rest of the academic personnel including mentors, advisors and staff members who encouraged and supported me all along my academic path. Their support and motivation have contributed immensely in my academic and personal growth. I am extremely obliged to the Almighty, my lovely family, my university, course teachers, and all other academic personages for their firm brace, input, and motivation throughout my IELTS journey. Their efforts have been indispensable to my career, and I deeply express my gratefulness for their help and supports.

Abstract

This internship report is a detailed description of the preparation taken to carry exam to the International English Language Testing System (IELTS) test, experiences of the student, methodologies used, results obtained and implications of the learning process. The internship would enhance the proficiency in the English language and equip the student to academic and professional environments where the high level of English proficiency is required, which explains the importance of having a high IELTS band score when seeking access to international academic and professional prospects. The preparation process was systematic and consisted of planning on pre-preparation, choice of study materials, creating an organized study plan, frequent practice examination, and a systematized feedback assessment with the help of a mixture of self-study, formal preparation classes, as well as guidance of mentors and peers. This strict procedure led to a good band score, which was an indicator of the efficiency of the strategies that were implemented and the dedication of the student. The internship helped to develop better communication skills, stronger confidence in the English usage, and a greater appreciation of the need to constantly learn and improve oneself, as well as provide feedback on strong and weak points and areas of further work. On the whole, this experience has become a rather good start to further education, career, and further mastering of the language.

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Introduction

The International English Language testing system, also known as IELTS, stands as a globally accepted assessment that is meant to test the proficiency of the English language of an individual either in academic or professional level. With the English language remaining an influential communication tool in all its sectors of education, business and international mobility, proficiency in the language has been made a prerequisite among individuals who are looking to further their education or secure jobs in foreign countries. Excellent results in the IELTS test do not only confirm the language skills of a candidate, but is an entry point to university education, migration, and career growth in English-speaking environments. Hence, proper preparation on this examination is very important since it usually serves as the first point in the attainment of both academic and career objectives in the long-term.

This internship paper explores the general command of the English language of the student and making him/her well prepared to the four main elements of the IELTS exam which include: listening, reading, writing and speaking. The internship would help to build the language competency of the student and allow it to achieve a competitive band score indicating their readiness to engage in international academic and professional activities. Along with the realization of a desirable outcome, the goal of the internship is to give the student the strategic knowledge, the practical skills, and the self-confidence that he/she will succeed in the exam and in the further cases of communication. In the end, the IELTS exam success will likely present the student with as many educational opportunities and career opportunities worldwide as possible, which will establish the language proficiency as an indispensable instrument of personal and professional development.

Objectives of the Internship

My main objective during the internship was to improve on my English language proficiency and prepare myself to take IELTS exam in a pragmatic and steady manner. In the process, I have formulated some of my goals:

1. Practice on how to better my listening, reading, writing, and speaking to be able to make more comfortable use of English in practice.
2. Discipline myself to study regularly and also know how to better manage time rather than end up at the last minute.
3. To be more comfortable with English through practicing it as a part of my everyday routine.
4. Be aware of the area of struggling and take necessary steps to overcome those weaknesses.
5. To learn and apply strategies that actually work for each part of the IELTS test.
6. Expand my lexical resources and make grammar more accurate and natural.
7. To get prepared for academic and career opportunities in the future where a good command of English will be essential.

Methodology

The strategy that I applied in my IELTS preparation was quite organized and methodical in the sense that it was geared towards improving efficiency and general growth in language. The process was initiated with the need assessment process, which allowed me to evaluate my current level of English proficiency and identify particular strengths, weaknesses, and objectives to achieve each of the test elements. This preliminary assessment preconditioned the choice of appropriate learning materials, such as high-quality IELTS books on preparation, online services, and complete practice assessments, oriented at listening, reading, writing, and speaking skills. Based on this, a study plan is created, which gives an indication of the daily and weekly goals, a specific practice session and a specific time of revision. This plan will suit my learning style, time, and impending exam date. My preparation is based on regular self-study that includes reading English texts, audio-reading, practicing writing essays, and taking structured speaking. To further improve on my preparation process, I am enrolled in workshops, webinars, or classes provided by professionals with strategic guiding, practice specific to the tests, and review of performance per section of the test.

Frequent mock tests are an essential element of the methodology, since they simulate the conditions during the actual exam, and will enable me to monitor my progress by using timed tests, speaking exercises, and writing. Positive feedback of the mentors, peers, and instructors is critical at this point as it assists me to understand where more focus is needed. I review the key concepts after every assessment, enlarge my vocabulary, re-read grammar points, and pay much attention to the areas with specific weaknesses to improve them.

The whole preparation process is responsive and flexible. To assess my progress, I constantly review my study plan and update it according to the feedback, the results of my performance, as well as according to the changing needs. The reflection is one of the most important aspects of this approach, as it helps me to identify important strategies, overcome challenges, and do the required adjustments during the process. This methodology is systematic and reflective as it does not just equip me well in the IELTS examination, it also has added value to my overall proficiency in the use of English.

My Internship Experience

This internship report contains the long process of undertaking the International English Language Testing System (IELTS) examination focusing on the challenges and issues I faced, lessons learnt, and results accomplished during the undertaking. The journey was not smooth as there were days in which I felt stagnant and upset but in hindsight, it was well-worth it. I was able to observe my English becoming better each day, and I was able to learn that I could accomplish a lot by myself by means of self-discipline and patience.

IELTS Exam and Its Relevance

The International English Language Testing System (IELTS) is a well-known test throughout the globe and it determines the level of English language of the individuals who are interested in studying, working or migrating to the English-speaking nations. IELTS exam is recognized by over 10000 institutions in the world including universities, employers, immigration and professional organization and is an effective way of predicting whether a candidate can communicate in English effectively. It concentrates on four language proficiency areas namely listening, reading, writing, speaking and all of them are aimed to test various levels of linguistic competence, such as understanding, vocabulary use, articulateness and cohesiveness.

The significance of IELTS exam is profound since it is an internationally recognized standard of the English proficiency. In the case of students, a high band score can be a key requirement to enroll in educational establishments of a particular country like the United Kingdom, Australia, Canada and New Zealand. Similarly, the individuals who would like to work in other countries often require proving their knowledge of English, especially in the sphere where the effective and clear communication skills are crucial, like the healthcare, finance, engineering, and information technology areas. Also, among the immigration programs, a lot of them involve IELTS performance as a requirement, because language proficiency is critical when it comes to effective adaptation to a new social and working setting. Thus, a close study of the IELTS test is very essential when a person desires to succeed in academic life, get a job in the world or even be granted immigration.

Choosing the Self-Study Route

Although I adopted a self-study approach by gathering various materials – using authentic IELTS books, online practice tests, and free material offered by the official websites. I used to study in a small corner of my home with no distractions, and the routine was to my weekly life. Moreover, I also benefited from the Mentor’s Coaching Center through their structured support and feedback.

Learning Through Practice

I kept my practice varied. On some days I would read English articles or listen to the podcasts in other countries, just in order to become accustomed to other accents. I wrote essays on others, took time, and even read them to myself and listened to how they sounded. It also made me feel not as lonely in the process, which was assisted by joining online study groups, and was also able to get helpful tips of other candidates.

Dealing and Managing Obstacles

Naturally, it did not come easy. I also had a problem with time management in reading and writing, and I was very often nervous when speaking alone. To address this, I provided myself with timed mock exams and recorded my speaking to be able to listen back and narrow the gaps. In the course of time, I continued to change my approaches, retaining the ones that proved and discarding ones that failed.

Seeing Back and Moving Forward

This was not about the IELTS after all. It showed me that I should always be consistent, adapt and continue despite my earlier status. My English level was also enhanced, as was my self-confidence. This trip helped me understand that learning is not a onetime thing, it is something you take along with you, long after the test.

Activities during Preparation

Selection of Study Materials

During the process of the study, selections of study materials needed to be made. The choice of the study tools to use in preparing my IELTS was very important. I needed all the tools that would cover every facet of the examination and connect with my learning style.

1. **Collecting Essential Books:** I started by buying some of the reputed IELTS preparation books which explained the concepts in an understandable manner with exercises. Some of the strong options that I had included Cambridge IELTS, Barron IELTS and Cambridge Vocabulary for IELTS.
2. **Ideas from Online Resources:** I repeatedly explored the websites like the British Council, IDP, IELTS Liz, IELTS Advantage as a source to receive free practice exams and guidelines. The online communities provided me with the opportunity to relate with other students who were also preparing to take the test.
3. **Practice Tests:** The idea of taking a lot of tests practicing helped me to be used to the scheme and the time table. I was seeking official examinations in which I could take within the British Council.
4. **Listening Materials:** Since the course involved a listening element, I was listening to CDs or the internet audio of different accents. My way of learning was also to listen to podcasts or watch English news.
5. **Vocabulary and Grammar:** It was almost compulsory to get introduced with new words and learn grammatical elements using IELTS-specific books or apps for writing and speaking. Introduction to new words was vital to enhance my lexical resources.
6. **Hints and Tips:** I tended to materials that contain suggestions on how to perform well strategically in every module of the test. They provided me with advices regarding time management and exam preparation strategies.

Schedule of Study and Time Management

It was also important that I create a plan and schedule my time when I was preparing to take the

IELTS exam. Some activities what I did:

1. Assess My Time: I measured how much time I had to spend studying on a daily basis. I took into consideration my work, education, and free time.

2. Set My Goals: I set the date and the score I wanted to achieve within a test. I would then make smaller goals in relation to each of the exam parts, say practicing my listening skills or developing vocabulary.

3. Make a Schedule: I designed my study schedule of how and when I would study. I employed a diary so as to keep in step with things. A proper routine with proper organization made my preparation much easier.

4. Emphasizing Important Stuff First: I focused on the most important things of the test, including practice tests or on the area where I had to work on. As a result, it helped me identifying my weaknesses.

5. Utilize My Time: I had divided my studying routine equally to every part of the test, both in listening, reading, writing, and speaking. Moreover, I obviously considered about what and where I had to focus more.

6. Take Breaks: I took my time to have rest and work out. It helped me to remain vigilant and not to be tired.

7. Check My Plan: I checked my schedule regularly to determine my progress. In case something was not functioning, I changed my approach.

8. Staying Flexible: Sometimes it does not happen as planned, and it is all good. I changed my routine when necessary and did not feel disappointed about it.

Participating in Various Study Methods

In my preparation to take the IELTS exam, it was necessary that I would research different forms of studying so that I would see which form better suited me to study. Some of the strategies that I employed are as given below:

1. Self-Learning: I decided to pursue independent learning because it would allow me the freedom to learn at my pace and apply my style of choice. Through the various materials (books, online, practice exams, etc.), I created an effective study atmosphere where I reduced distractions.
2. Group Study: The experience of studying with friends was also a good learning experience in terms of studying the IELTS. Our team collaborated through brainstorming, sharing learning resources, and supporting one another to succeed. We would regularly meet up and discuss some practice questions, the study tips and have turns alternating to demonstrate to one another some ideas to ensure that we fully mastered it. In addition to that, collaborative study enabled students to enhance their speaking and listening skills as they could converse with each other as they also listened to each other.
3. Preparation Classes: Preparation classes were another part of my study plan. We performed different types of activities during the sessions and the teacher also gave constructive feedback to track our progress.

Tracking Progress

It was also very important that when I was preparing to take the IELTS exam I had to subject myself to evaluate on how I had been progressing and identify the area where I could do better. This is what I did:

1. Participating Mock Tests: The practice exams that I was taking on a regular basis were also a significant part of my preparative strategy to identify my capability to get ready to the actual exam. I ensured that I completed assessment in every dimension and that is in listening, reading, writing and speaking. To time myself during these practice sessions resembled actual examination experiences and this is what enabled me to better time my management. I took authorized practice exams or reliable sources to ensure that they were accurate and reliable. I critically evaluated my

findings after each test which exposed my areas that I identified as my strength and those areas that I needed to improve which influenced my subsequent study technique.

2. Feedback as Strength: After each mock, I requested constructive feedback from teachers and from various sources on the net, on areas where improvement was required. By assessing my answers and compiling them with the correct answers I would note where mistakes repeatedly occurred. In this process improvements would take place in grammar, vocabulary and clarity in writing, as well as fluency in speaking.

3. Assessment of Improvement: I observed my marks and feedback to adjudge how well I had improved with the course of time. I kept a record of the improvement of my scores and the improvement in specific aspects of the test. An analysis of my performance in practice exams led to goals set about myself and a change in my methods of study that was in line with the goals to make sure that my preparation towards the exams was continuously improving.

4. Determine Weak Areas: Based on answers of practice tests, I identified areas of improvement. Some of the areas I worked on included listening comprehension skills, reading speed and comprehension, clarity and correctness of writing as well as fluent speaking. To resolve these problems, I developed practice plans, which were tailored to my specific requirements, and enabled me to develop specifically in exam preparation.

5. Iterative Process: I continued to take practice examinations, receive feedback and I practiced in areas that I had to improve. I checked the areas that required improvement on a regular basis to evaluate the progress and revised my study methods, as necessary. This process of constant revision ensured that the process of exam preparation was developed and optimized.

Mock Test Experience

Since at the time I was preparing this report, I did not take the official IELTS exam. As a result, booking slots and participating in the mock tests in an IELTS based institution were my primary source of understanding exam-like situations. These practice tests helped me a lot to get familiar with the format, timing, and stress associated with the real IELTS test, leading me complete all the four modules in a strict time limit in each mock test. First of all, there was much concentration on the listening test since I was required to listen to audio clips that were played once, comprehend them instantly and provide answers within a short period of time. The practice enhanced my note taking, rapid thinking and decision making all of which are relevant in the actual exam.

Next, the reading section of the mock test provided me with the practice of various texts. It was also difficult to manage my time as I had to find answers fast and be able to comprehend the key concepts. The multiple practice reading exercises were useful in developing my ability to skim and spot key words as well as eliminating false options.

Then, the most challenging part, as we usually deem, was the writing section, in which I was expected to finish both, Task 1 and Task 2, within the given time. Practicing constantly, I have learned how to organize the essay within a short period of time, arrange answers in a logical framework, and keep the academic pen and accuracy. Further feedback provided by my instructor and peers also enabled me to spot common problems such as organization, grammatical correctness and clarity of arguments.

Finally, speaking mock test entailed meeting with an evaluator and asking questions like those in the actual IELTS exam. This practice made me gain confidence, become more fluent, and train pronunciation and coherence. It also taught me to react to questions that I had not been practiced on and be able to have a natural flow of conversation.

Overall, the mock tests were a detailed practice of the real IELTS experience. Not only were they helpful in reducing exam anxiety, but also gave useful feedback of how I was doing, what my strengths and areas where I needed further focus. These mock tests helped a lot to get used to time management, strategic thinking and general preparation towards the actual IELTS examination by simulating the real test conditions.

The Internship's Findings

When I was contemplating the preparation and passing of the IELTS exam, I thought much of where I did well and where I would not have met the mark. To begin with, I checked my strengths by assessing both the practice hours and actual examination. I learned that I was good at comprehending certain components, including reading and listening, because of the good time management and good vocabulary and grammar skills. I however confessed that my areas of weaknesses were in areas such as dealing with distinct tones in the Listening exam, issues in time management and being unable to write effectively and speak convincingly. It was important to find out why I was underperforming. My ability was influenced by the previous experience in the English language, personal learning preferences, and external factors such as anxiousness. Using the errors as learning opportunities, I explored them and discovered and solved problems through reiterated schemes to obtain feedback through the instructors and practice tests to identify the areas that required improvement. To achieve this, I set specific developmental goals and created myself a regular schedule concerning my areas of weaknesses and followed the plan daily and occasionally changed my course of action. It was essential to celebrate my achievements and the lessons learnt to remain inspired. Having realized the extent to which I had come, I was committed to lifelong education knowing that I had to go through difficulties as part and parcel of becoming fluent in English. Through an analysis of my strengths and weaknesses, what I could do was to recognize aspects that I needed to improve upon and have objectives that I would realize in further pursuits.

Noteworthy learning outcomes from the IELTS Preparation Journey

Still referring to IELTS exam preparation experience, I have acquired insights that are useful, but not limited by the idea of achieving high scores. I needed to be persistent because I can make it through my schedule in studying whenever I find it hard and with time, I would make tremendous steps. Effective scheduling and other adjustments to learn were most important and also determining what was working with me as well as seeking help where I needed it. To succeed, one needed good work on individual skills and the right attitude. Having attainable goals and constant learning were also major themes. This is because these courses did not only assist me pass the exam, but they also enabled me with skills by which I can implement to other aspects in my life such as continuing to acquire language and personal development.

Moreover, taking IELTS exam assisted me in polishing my skills in English, and this does not only help me in taking the exam, but also in other activities that need the use of English. Having good hearing, speaking, reading and writing abilities in English will not only allow you to enter higher education institutions in English speaking countries but also increase your likelihood of securing employment and career advancement especially in multinational companies. Moreover, the mastery of English language makes it easier to work globally and improve educational activities through cross-cultural appreciation. Understanding that the process of studying English is a long-lasting process, I can improve, making the next step after the IELTS in many different ways, such as additional classes and the exposure to the English-language media. With these skills available, I am now confident in going out there to achieve my educational, career and personal growth objectives.

Future Goals

Reflecting on all my experiences in the course of the internship and competencies that I have gone through the process of my IELTS preparations, now I can have a better idea of my direction, in terms of my academic and professional ambitions. I will try to pursue to achieve a Master of Arts degree in English Language Teaching (ELT) program in an English-speaking country which I aspire for a long time. The increased learning will help me understand the approach and processes of teaching language, testing activities, and learning a second language, and, consequently, becoming a better and more experienced educator. My increased interest in ELT is attributed to the fact that the teaching and mentorship experiences that I received during the internship made me realize the degree to which I enjoyed the process of supporting learners in their language development. The international study will also improve my attitude because I will be exposed to the different learning environments and will be in a position to collaborate with other international scholars and students.

Subsequently, I plan to use the internship to further my career in teaching English language in either schools or special language schools. All in all, it is my belief that the internship has enabled me to pursue my aspiration of advancing in the area of teaching English language in future through my research, curriculum development, and teacher training.

Conclusion

Nevertheless, it was not just about achieving a higher command of the English language, but the training course to the IELTS planned test was a transformative experience that provided me with numerous things to study, moreover, it altered the manner in which I think in general. Knowing the type of test to take and having frequent practice are important steps that contributed to my personal and academic growth. The experience made me realize that the actual endorsement of success is in patience, continued hard working and good attitude. In conclusion, I would wish to say I would like to thank everyone who has helped me to go through it. The numerous resources I can rely on like my teachers, my mentors, my friends, and many others provided me with an invaluable piece of advice and encouragement at the proper time. It helped me feel that I will not stop learning after I pass one of the exams; it is a continuous process that will further influence my personal and academic development that I will be using all of the acquired skills and learned lessons in my future, no matter what I choose to do. It is the clear state of mind that will continue to provide me with the same road to success, as long as I am resilient and focused on attainment of my goals.

I finish this chapter confidently and looking forward into the next one. Also, I can assert that all that I have learned and experienced throughout this journey has helped me developing my language competency and will help me in achieving my dream. I am cheerful that I got chances that made me develop, and I am prepared to embrace whatever comes next.

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Photos and Certificates



Figure 1- Before participating in mock test



Figure 2- checked my ability in basic grammar and writing before sitting in real IELTS

Appendices

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ORIGINALITY REPORT

2 %	2 %	0 %	1 %
SIMILARITY INDEX	INTERNET SOURCES	PUBLICATIONS	STUDENT PAPERS

PRIMARY SOURCES

1	Submitted to Daffodil International University Student Paper	1 %
2	www.coursehero.com Internet Source	<1 %
3	studyabroad.careers360.com Internet Source	<1 %
4	link.springer.com Internet Source	<1 %

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