



**An Internship Report on
“Pathways to IELTS Achievement: Strategies, Experiences
And Personal Growth”**

Submitted to

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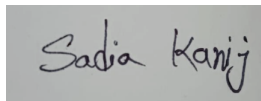
This Report is Submitted for Fulfillment of the Requirements for the Degree of
B.A (Honors) in English

**DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY**

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Declaration

I, Mst. Sadia Kani, ensured that this report titled "**Pathways to IELTS Achievement: Strategies, Experiences, and Growth**" is based on my IELTS journey and its grade for the Project Paper with Internship (ENG 431) in the Spring 2025 semester at Daffodil International University. It shows my personal experiences and learning throughout my preparation for the International English Language Testing System (IELTS). The study was conducted under the guidance of Dr. Md. Mostafa Rashel, Associate Professor, Department of English.



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Authorization of the Supervisor

I, Dr. Md. Mostafa Rashel, cordially inform that, this student has successfully completed the **Project Paper required for the Internship Course (ENG 431)** under my supervision. From the very beginning to the final submission, I closely observed her progress. She followed all the academic guidance and go through the feedback she was given. In addition, I have been impressed by the student's ability to conduct with real-life applications of both the subject matter and its practical relevance. I am proud of the student's accomplishments during this journey and believe that the skills and insights gained through this experience will significantly benefit their future educational and career pursuits.

I extend my heartfelt congratulations and best wishes to **Mst. Sadia Kanij**, ID: **221-10-1092**, for her result and performance.



.....
Dr. Md. Mostafa Rashel

Associate Professor
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Acknowledgment

First, I express my deepest gratitude to the Almighty for blessing me with the strength and determination. I am sincerely thankful to my parents for their unwavering love, encouragement and confidence in my abilities. My heartfelt thanks go to my honorable supervisor, Dr. Md. Mostafa Rashel. I would also like to convey my appreciation to the University. My gratitude extends to my course teachers as well. Moreover, I am thankful to all academic mentors, advisors and staff members who have supported and guided me throughout my academic life. Their encouragement has played a meaningful role in shaping both my academic progress and personal development.

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Abstract

A widespread overview of my IELTS journey has been presented in this internship report with the highlights of my learning experiences, methods that I applied, final results and the potential benefits of my future goal. As a student of English Department, the main goal of choosing this path is to complete my defense with a certified proficiency in English language.

In today's world, IELTS is considered as one of the most prestigious language testing examinations. Specially, having a strong band in IELTS is considered as a trump card which opens various golden doors in the field of education and jobs. That is why mastering in English became essential for effective communication and long-term career sectors.

My IELTS preparation involves with a good organizing routine, versatile websites of practice, suitable study materials and getting feedback with mentors and faculty. All of this combination and my hard works help me to get such a better grade on it. Among all of them, this internship offered a valuable personal development. It increased the confidence of my speaking skill which I tried to gain for few years. The overall experiences have shown me that, my IELTS preparation journey works like a strong foundation to continue the practice of learning more and more about the English language throughout the practice.

Hopefully, this would help me to the long run of my career and as well as my education journey.

Chapter 1

Introduction

The International English Language Testing System (IELTS) holds a prestigious standard in all over the world for bookish and vocational purpose. The efficiency to prove skills in this language is a paramount importance for the people who wants to go for higher study in abroad. Besides, those who wants to make their career in English countries, are also in this list to gain their skills in English. The main goal of this internship is to improve student's fluency in English language as well as prepare for the IELTS examination. It helps to acquire knowledge in a practical way. For some people, this examination is the their very first step toward their goal. The goal can be educational or professional. In abroad, a solid and strong command in essential for higher education in English-speaking nations. It shows that, this examination is not only a test of language abilities but also it is an investment of individual's future goal.

By an accurate planning and focused efforts one can have a good band in IELTS. Student hopes to get a strong band that indicates the competency in all singular units of the English such as listening, reading, writing and speaking. The average band of these four units is considered as the main result of IELTS examination. Those who wants to cut a strong figure in this examination, they have to cut strong band in individual units. The main goal of this internship is to guide students to cut a good figure in their examination. On the other hand, it also seeks to offer an essential vision toward students to succeed in IELTS examination. By qualifying in IELTS examination, one can pursue their dream in the field of education and career.

Chapter 2

Objectives

Here are the objectives:

1. Boosting communication and listen constantly for fast understanding.
2. Optimizing effectiveness on chores.
3. Increase the ability to understand task faster in a team-work.
4. Build a strong network for global career.
5. Minimize the fear of communication in English.
6. Get the ability to participate on native social work.
7. Ability to solve complex issues and become adaptable on foreign language.

Chapter 3

METHODOLOGY

My IELTS preparation journey is a mixture of structured routine, hard work and continuous feedback of mentor. First, I needed to understand how this test is conducted. I also needed to know all the rules and regulations. Cambridge IELTS official guidebook helped me a lot to know and understand IELTS examination. All the rules and regulations are clearly mentioned in this book. This book also helped me to understand the band score of the IELTS examination. How the examination is marked and band score is calculated. This book also gave me an idea what types of questions I might face in actual examination.

After that I gave a mock test using latest publication of Cambridge IELTS practice tests book.

When I first gave the mock test, I couldn't manage to finish all the modules in time. So, I immediately understood that I needed to do a lot of practice. After finishing one entire test I understood my weak points. This first mock test gave me an understanding of my English language level, my strengths and weaknesses.

After that I made a daily routine and a list of weekly and monthly goals to properly prepare for the examination. After registering the examination through British council, I also got access to their exclusive mock tests and study materials. These resources helped me a lot.

So, every day I did an entire mock test to evaluate my progress and worked on my weaknesses. I got suggestions and instructions from my mentors to rapidly improve my short coming and it helped a lot.

I also did group study with my friends. This helped me to boost my confidence. We also share our idea and understanding about different topics of the test which also made my preparation for the examination more robust. I constantly modify my strategy according to the result of the daily mock tests and constant feedback from my mentors and colleagues.

This cycle of practice, assessment and refinement helped me improve my overall English language skills.

Chapter 4

MY IELTS JOURNEY

This internship report details the acuity of studying the IELTS examination, including the challenges, sagacity and fulfillments of the way. It provides an opportunity for full language competence upliftment with a concentration on the examination's four essential units.

Introduction of IELTS and Its Significance

IELTS is one of the most globally accepted testing system that designed to measure the English communication ability of people. It works as an essential component for those who desired to study or make a career in abroad. Almost all the institutions in abroad recognize IELTS as a reliable parameter of language ability. The test has four fundamental units to measure one's skill. These are listening, reading, writing and speaking. All the sectors are carefully constructed to assess versatile sides of communication, such as comprehension, lexicon usage, eloquence and overall compatibility. That's why, this test provides an unbiased and trustworthy evaluation for test-takers. This examination ensures that students are prepared to succeed in an English-based learning environment. Based on this, many academic institutions in English-speaking countries require a strong IELTS score for admission. Besides, at the same way employers get jobs in abroad through their strong IELTS results.

In essence, whether the goal is higher education, career advancement or successful migration, strong performance on the IELTS examination plays a crucial role. Therefore, thorough hard work and achieve a competitive score are vital steps for anyone who wants to accomplish their aspirations.

Importance of IELTS for Academic and Professional Goals

First of all, it is essential to understand the significance of IELTS examination in both academic and professional contexts. The people who want to go for higher education in English countries are in a mandatory requirement of strong IELTS band. Educational institutions in abroad recognize the IELTS result as a prestigious reliable path in their admission process. Therefore, understanding the value of the IELTS examination becomes crucial for anyone aiming to reach their academic goals and secure admission to reputable international institutions.

IELTS is equally holds the importance in the professional world. Employers in abroad rely on IELTS scores to observe the communication ability of candidates. They do this for their fast marketing in global world. However, in sectors such as healthcare, finance and information technology where clear and accurate communication is essential, also seeks the employee with strong IELTS band for better outcome. Those who seek advance careers or explore global job opportunities, are valuable credential that enhances their competitiveness in the international job market.

On the other hand, IELTS plays a crucial role in immigration process. Aboard countries require IELTS scores as a mandatory part of their visa and immigration evaluations. Immigration offices use these scores to measure an applicant's caliber to communicate fluently in English which is an important factor for social interaction into the abroad and as well as better communication.

Chapter 5

Pre-Exam Activities

Selected Study Material

Choosing the right study materials worked as a crucial role in my IELTS preparation. Here are my study materials:

- 1. Books:** I have collected some reliable IELTS official guide and practice books that shows clear explanations and practice exercises. *Cambridge IELTS official guide* and *Cambridge IELTS Practice Tests* are two of my practiced books.
- 2. Online Resources:** I have regularly visited a lot of online websites regularly such as the British Council website and YouTube channels for free lessons. Participating in online study groups also helped me to exchange ideas with other learners.
- 3. Practice Tests:** I take full-length mock tests which helped me get accustomed to the format and timing of the exam.
- 4. Listening Materials:** To enhance my listening skills, I listened recordings on different English accents from online recordings, podcasts and English news programs.
- 5. Tips and Guides:** I also went through various strategy guides that explained effective techniques for each test section. These helped me understand time-management strategies.

Study Schedule and Time Management

Having a clear idea was essential during my preparation. Ability to proper use of time helped me stay focused. Here is the approach that I followed:

- 1. Time Management:** I create a daily routine and measured how much time I could dedicate to studying in practical way.
- 2. Setting of Goals:** I set up a target score and selected my exam date. After that, I broke the preparation into smaller goals, such as improving listening accuracy or enrich my vocabulary.
3. Create Study Plan: I made study sessions for each day and decided how long to spend on a single task.
- 3. Prioritize Key Areas:** First, I focused on the sections that needed the most practice. Then I consider other sectors which need less importance.

4. Use Time Smartly: I had divided my study time based on all four modules reading, listening, writing and speaking. I gave more attention to listening as I found it more challenging than other modules.

5. Take Breaks: I ensured I had enough time to relax to keep my brain calm. Taking breaks refreshed my mind and prevented burnout.

6. Review My Plan: I always keep an eye on my study plan. I had changed my plan a little bit for a better outcome whenever needed.

Engaging in Various Study Methods

I tried some hacks with different study methods during my preparation. These strategies are described below:

1. Study by Own: I decided to study on my own. This gave me the flexibility to learn without the fear of error. This method made me comfortable. I used materials like books, online resources and mock tests. I also structured a routine. By regular practice tests and quizzes, I was able to identify my weaker areas and work on them more effectively.

2. Group Study: I have some friends who are also preparing for the examination. We studied together and it was beneficial for us. We shared our ideas and exchanged study materials. We also motivated each. We discussed difficult questions and answers. We improved a lot by group study.

3. Mock Examination: I gave mock examination regularly. These examinations helped me understand real examination conditions. Because of it I was able to witness my strengths and weaknesses accurately. Each exam provided useful guidelines for further improvement.

Chapter 6

Activities During Exam

On IELTS examination day, I was very nervous. But I have faith of my hard work. On exam day I ate my breakfast in the morning and had my prayer to boost my energy level. I took everything including my ID and passport required for the exam. I arrived the center ahead of times to avoid being late. Before entering in the hall, I took long breaths in order to calm mu nervous brain. It was natural to feel nervous but I have decided to remain optimist with all the preparation I made earlier.

During the exam I concentrated on what I know rather than what I still did not know. I carefully followed the instructions given by the instructors. Regular practice helped me not to hurry in the examination. I was focused on my question paper. If I started to struggle with a question, I diverted my attention to the other question. Following these strategies helped me on the exam day with confidence.

Attempt to Exam

Here is the breakdown of the modules:

Listening Module: I saw the questions quickly and concentrated on keywords while listening. I made notes on a single paper as a draft of my answers.

Reading Module: First of all, I read the questions to understand what exactly it asked. Then I run over the passage to find answers and mark important parts.

Writing Module: I read the questions again and again and made footnotes. Then I stared to write answers. After finishing I checked errors or the writing part.

Speaking Module: I answered all the questions properly asked by the examiner. I tried to add idioms and phrases to make the answers unique and vibrant.

Chapter 7

Post Exam Activities

Result Collection

I have received my scores in multiple formats after finishing my IELTS examination. As I gave the examination in paper-based format, I received my result via British Council's Test Taker Portal. As per their rule, everyone got their result within thirteen days. I have got my official test report through courier home service. Before getting test report in hand, I saw my result in their test taker website. My overall band score was **6.0**. It was the average result of four components: reading **6.5**, writing **6.0**, listening **5.5**, and speaking **6.0**.

The individual results clearly show the relative strengths and weaknesses in my English proficiency. Such as, the reading score shows comparatively strong comprehension of written texts whereas the listening score shows I needed more focus on hearing. However, the writing and speaking shows a moderate proficiency. Through the assessment, I could identify where my preparation had been effective and where it had been insufficient.

Chapter 8

Outcome of the Internship

The outcome of the internship reflected upon a detailed consideration of successful completion of IELTS examination. I have reached my capability by the practice sessions and real examination. I have figured that I am good at some specific portions like reading and listening. It happens all due to effective scheduling, good grammar abilities and strong vocabulary. Yet I have some issues in areas like dealing with distinct tones in listening exam and time management concerns. By setting a target, I follow my routine plan for minimizing my weaknesses. I monitor my own study progress and strategy as necessary. This internship journey increased my confidence as an English speaker. The vision of this internship journey was to grow the potential benefits of future goal. Throughout my internship journey, I believe that it can meet its goal. It will help everyone in the long run of education and career path.

Chapter 9

Lessons Learned from the IELTS Journey

From the journey of preparing for IELTS examination, I've gained valuable insights that extend beyond simply targeting for high band scores. Persistence was essential, as adhering to my study schedule whenever it became difficult to maintain. The result was rewarding as significant progress was made over time. Solid scheduling and adaptation in ways to learn were critical as was understanding what worked for me and asking for assistance when it's needed. Success required quality work on specific abilities as well as having a positive mindset. Setting realistic targets and adopting continuous learning were also key themes. This journey not just assisted me pass the examination, but they also provided me with valuable skillset that I can utilize in my life.

Preparing for the IELTS examination helped me strengthen my abilities in English language, which are useful not just for the examination but also for other ventures where English is required. Improving the listening, speaking, reading and writing skills in English language opens the door of higher education, as well as the chances of employment and professional progression particularly in multinational firms. Furthermore, English proficiency facilitates international collaboration and enhances academic endeavors by encouraging cross-cultural understanding. As learning English is a continuous procedure, I am trying to keep the language in practice even after the IELTS examination.

Chapter 10

Future Plan

After the successful completion of the IELTS examination, I planned to get admitted into a university in abroad which requires proficiency in English for higher study. In addition, I plan to look for job the opportunities in where strong command of English language is expected. Furthermore, I aim to continue honing the language skills through continuous learning, immersion and possibly follow advanced English language courses to increase my skill. Through these measures, increased proficiency and broader opportunities in both academic and professional domains are expected to be achieved.

Chapter 11

Conclusion

The journey of preparation for the IELTS examination has a profound impact on my academic life. It is also proved to be a huge learning experience for me. From understanding the nature of the exam to prepare hard and finally receiving the result, every step was critical. To be successful, I realized that I had to keep myself determined, work hard and refuse to give up.

I am very thankful to everyone who helped me along the way. My mentors, instructors, friends and family helped and encouraged me a lot. Their advice and feedback help me to develop and remain motivated. This journey taught me that acquiring knowledge is a continuous process it does not end with a single test. The skills and insights I acquired will benefit me in the future. Adaptability, being persistent and refuse to lose sight of what I desire will ultimately lead me to success.

I am confident, I have learnt and experienced on this adventure will remain with me and support me to achieve my goals in life. I am thankful for this chance to develop myself and make me prepared for future challenges.

Chapter 12

Appendix

Appendix 1. IELTS CERTIFICATE:

IELTS™
Test Report Form

ACADEMIC

NOTE Admission to undergraduate and post graduate courses should be based on the ACADEMIC Reading and Writing Modules.
GENERAL TRAINING Reading and Writing Modules are not designed to test the full range of language skills required for academic purposes.
It is recommended that the candidate's language ability as indicated in this Test Report Form be re-assessed **after two years** from the date of the test.

Centre Number **BD001** Date **15/NOV/2025** Candidate Number **034900**

Candidate Details

Family Name **KANIJ**
First Name **MST. SADIA**
Candidate ID **A14122256**



Date of Birth **21/12/2002** Sex (M/F) **F** Scheme Code **Private Candidate**

Country or Region of Origin
Country of Nationality **BANGLADESH**
First Language **BENGALI**

Test Results

Listening	5.5	Reading	6.5	Writing	6.0	Speaking	6.0	Overall Band Score	6.0	CEFR Level	B2
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Administrator Comments

Centre stamp


Validation stamp


Administrator's Signature


Date **26/11/2025** Test Report Form Number **25BD034900KANM001A**

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Appendix 2. PLAGARISM REPORT

Plagiarism result: 2%

AI: less than 20%