



An Internship Report On
IELTS Preparation in Practice: Insights, Challenges, and Learning Experiences

Submitted To

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Batch: 55

This Report is Submitted for Fulfillment of the Requirements for the Degree of
B.A (Honors) in English

DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY

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Declaration of the Report

I am Tarakul Islam. I inform that the report titled "IELTS Preparation in Practice: Insights, Challenges, and Learning in Experiences" is my own work. This document is presented as a part of the mandatory requirements for the Project Paper with Internship (ENG 431) subject, which is a required course of the Bachelor of Arts (Honors) in the Department of English at Daffodil International University for the Fall semester of 2025. This project is completely formed with my personal experiences and reflections throughout the journey of IELTS preparation and aftermath. The course was conducted and supervised by **Ms. Afroza Akter**, a Lecturer of Daffodil International University at the Department of English.

Tarakul Islam

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Name: **Tarakul Islam**

ID: 221-10-943

Batch: 55

Program: B.A (Hons) in English

Department: English

Institute: Daffodil International University

Authorization of the Supervisor

This is to clarify that my student, Tarakul Islam, ID 221-10-943, from the Department of English at Daffodil International University, has completed the IELTS Project Paper as a part of the Internship Course (ENG 431) under my supervision and guidance. I have closely observed his incessant hard work, perseverance, struggle and sincere efforts in his IELTS journey, and he has successfully met all of the academic requirements of the university. I have been pleasantly honored to provide him guidance and support throughout his IELTS journey, and providing continues feedback in every section to complete his project paper smoothly. He has emphasized the strategic skills of IELTS and the feasibility to utilize classroom queries to present-world applications. His knowledge about the course has been meaningful and strategic throughout the process. As a supervisor, I am so proud of his achievement and impressed by his brilliant performance in his journey. I am truly confident that the knowledge, observation, and methods he has learned in this internship will happily benefit his next educational and career life. I wish to **Tarakul Islam** for chronical success and meaningful outcomes in his upcoming phenomenon.



.....
Ms. Afroza Akter

Lecturer

Department of English

Daffodil International University

Acknowledgement of Gratitude

I start by describing my forever gratitude to the Almighty Allah, whose blessing and support allowed me to successfully design this project. I am truly thankful to my honorable supervisor, Ms. Afroza Akter, Lecturer, Daffodil International University, for her guidance, meaningful feedback, and impactful supervision during my IELTS journey. I remain indebted to my parents and family members for their incessant encouragement, prayers and emotional support. My appreciation for the respected teachers and staff of the English Department for their essential help and cooperation. I am also blessed to have some friends who always motivated me to help me overcome difficulties. Lastly, I acknowledge the learning opportunities gained from the IELTS journey, which especially contributed to the preparation of this document.

Abstract

This report elaborates on the knowledge acquired from an internship journey related to IELTS preparation. The main emphasis is on the methods and techniques applied throughout the journey and the way how they contributed to achieving English language skills. It also describes the strategies used in classroom activities which was transformed into real-world practice while I was preparing for the IELTS examination. This report first presents the goals and aims set at the beginning of the journey. Next, it outlines the activities and methodologies followed to achieve various outcomes. Strategies used before the exams are discussed such as planning, methods, preparation techniques, setbacks, and some other related activities to show the entire content understandable. The drawbacks encountered during the journey and strategies developed to address them which are examined as well. In the following stage, the knowledge gained is included, emphasizing time management, exam methodologies, and practical thinking. This knowledge offered both academic achievement and personal growth. The final part of this report emphasizes the importance of regular practice and impactful planning for acquiring IELTS results. This process may further offer navigation to future IELTS aspirants in their personal journey

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Introduction

IELTS (International English Language Testing System) is a test that measures English language ability for education, employment or setting overseas. As English language is widely used globally, a good IELTS score is an essential part for securing a position in a university abroad, career sectors and even in the migration process. IELTS is a significant requirement for many students and professionals around the world. Being ready for the IELTS exam is not only about mastering the English language but also about improving knowledge that helps us global academic and career sectors. The main purpose of this course is to improve English language skills while taking preparation for the IELTS examination. With consistent practice and proper organization, the aim is to secure a good band score in all four modules: listening, reading, writing and speaking. This approach also provides helpful techniques, confidence and knowledge that will be essential for future educational sector and professional life. A good score in IELTS can open the opportunities globally and help long-term aspirations. The preparation process not only teaches practical skills, but it also makes people more aware of the world around them. When students learn about different IELTS topics, like the environment, technology, culture, health, education, and social issues, they get a better understanding of the problems and changes happening around the world. This extra knowledge is especially useful for people who want to study or work abroad because it helps them have meaningful conversations and fit in more easily with people from other countries. Another important part of getting ready for the IELTS is learning how to manage your time well.

Internship Objectives

This report seeks to achieve the following objectives:

1. A good component of my internship experience is to outline the method and the way the entire procedure appeared while preparing myself for the International English Language Testing System (IELTS) examination from beginning.
2. I used various tools during preparation to enhance several of the approaches and to check my knowledge about all four essential modules: listening, reading, writing and speaking while preparing.
3. Provided an overview of difficulties encountered during the internship and insights into approaches used to describe these problems using effective planning methods.
4. A means to illustrate practical implementation of materials learned from educational courses in the context of real test preparation.
5. Highlighted how the knowledge has aided individual progress, skill development and a close observation to learning processes as they relate to future academic prospects and professional aspirations.
6. To provide knowledge and suggestions that can help future IELTS aspirants adopt good strategic and appropriate methods for approaching their individual exam preparation.
7. The internship also refined both my communication and professional skills through cooperation with friends and exposure to wider global settings.

Methodology

This report relies on a practical, thoughtful, and systematic method of preparing for the IELTS exam throughout the internship course (ENG 431). Most of the materials is taken from individual training, observation, and other self-assessments, together with official IELTS materials such as practice tests, manuals and guidance.

A learning schedule was created to strengthen all four skills: listening, reading, writing, and speaking. The practice schedule considered activities such as bound timed writing exercises, listening clips, reading discussions, and speaking regularly to copying actual exam environment as precisely as possible. My mock exams were taken regularly to focus improvement and figure out my weaker fields.

Focusing on the preparation journey, every practice time helped show what methodologies succeeded and which ones did not. After every practice task, I tried to figure out weaker points and refine those approaches, and focus on areas that still needed improvement. This constant reflection turned the learning experience to something more personal and strategic rather than routine.

This entire preparation became a combination of classroom understanding and practical test methodologies. Instead of briefly focusing high band scores in IELTS, the process developed to a strategy of learning how to organize, practice, and remain consistent. I believe this good habit of reviewing and improving will benefit future IELTS learners as well as my own academic and career development.

My IELTS Internship Experience

This internship summery describes my path toward preparing for the IELTS exam. Throughout this long period, I encountered a lot of obstacles, gained valuable observations, and improved slowly over the period. The key aim of this internship was to improve skills in all four modules: listening, reading, writing and speaking.

The IELTS is a significant English examination that is recognized by various educational institutions, companies, and even immigration offices globally. It is predominantly required for advanced education, employment, or relocating to English-speaking countries. Every section of the exam illustrates the different abilities such as comprehension, word choice, fluency and better writing proficiency.

Since IELTS is highly important, I prepared for it with a strong commitment. I practiced consistently, completed mock exams, and applied several methods to enhance my performance. This internship was not just focused on preparing for the exam, but also on building confidence, mastering exam strategies, and preparing myself with my future academic and career endeavors.

Before Exam Preparation

Find out the Learning components:

Figuring out the essential resources an important part of my preparation for the IELTS journey. To explain every step clearly, and organize my study plans, I used the following resources to improve my IELTS skills:

1. **Mentors:** I have at enrolled 'Mentors', which is an IELTS coaching center. This institution has taught me about various tips and tricks for IELTS, as the exam is mostly based on using techniques. I also received a great range of materials from them which helped me to take preparation smoothly.
2. **Books:** I have bought highly essential IELTS preparation books such as Cambridge IELTS series from 10 to 20, Rachel Mitchell's Writing Task 1 and 2, Kiran Makkar's Speaking etc. These books provided me with a clear understanding of IELTS preparation.
3. **Online Platforms:** I often visited sites such as the British Council, IELTS Liz, IELTS Advantage, Banglay IELTS, IELTS Mahir and IELTS Saimun etc. which offered free mock tests, useful tricks and practical information.
4. **Connecting with online club and communities** allowed me to communicate with other aspirants, which enriched my preparation.
5. **Practice Exams:** I passionately attempted official practice tests to become familiar with the exam format and time management, especially British Council tasks to experience the proper test environment.
6. **Listening Exercise:** As the listening task include with different English accent, so that had to listen to various audio clips from different YouTube channel such as BBC news, podcasts, news programs, and IELTS listening CDs to improve my listening knowledge and adjust to different speaking styles.
7. **Vocabulary and Grammar:** I usually focused on IELTS related book and software to strengthen my word list and boost up my grammatical knowledge, which were necessary for the writing and speaking modules equally.

Study Planning and Time Control:

In my IELTS preparation, I have realized that meaningful organizations and using my time was very important. Firstly, I noticed how much time I could spend every day and made an easy study plan. I used a study book to manage all my regular routine tasks. I spend extra time to the factors I faced more difficulties. To stabilize focus, I constantly used the Pomodoro strategy, task discussing for 30 minutes before taking a short pause. I also did less focus on multitasking so that I could concentrate fully on a particular area at a moment. Taking some pauses kept me energized, and I regularly refined my study routine if I faced any unexpected problem.

Using a Range of Study Techniques:

For self-study, I select a peaceful study environment without any disturbances and kept notebooks, mock test sheets and online tools. I often examined my learning improvement through brief model tests and practice sheets, which showed the difficult areas where I got stuck. I also studied with friends to collect the different ideas and tricks about IELTS from them. During studying, we shared ideas, exchanged resources and practiced mock tests for four modules. This method helped me to focus more on study and It was enjoyable which boosted my mental stamina.

Monitoring Development:

Making a record of my improvement helped me a lot. I took some essential mock tests under real test environment to find out my improvement. After taking test, I checked my mistakes and errors carefully and tried to correct them. I usually took an easy log for my band scores, which inspired me whenever I checked my improvement. I dedicated extra time to the sections where I was struggling, such as writing and speaking. By continuously practicing those areas more, I found a slow but steady progress.

Plan for the Exam Day

The day will begin with a morning meal and the necessary items such as ID, entry card, and pencils will be checked. The trip to the exam hall will be planned in advance to avoid traffic. Taking a few deep breaths before entering the hall will help me stay calm and concentrated.

During the exam, staying stress-free and focusing on each task will be the main goal. Instructions will be followed carefully and time will be divided to avoid rushing or spending too long on one particular task. After completing a section, I will focus on both easier and harder parts. I will then shift my focus to other tasks to avoid stress.

In listening part, paraphrasing questions, first and selecting keywords will help me to identify main answers. In the reading section, skimming passages for main ideas and making an idea when unsure will increase the likelihood of a higher score. Writing answers will be checked for mistakes, while speaking, answers will be delivered precisely with thoughts and details.

Even with a good preparation, the exam will be more difficult because of my nervousness and performance may not feel better. This will be normal after an exam and keeping a balanced view while waiting for the band score will be necessary.

Plan for Activities After the Exam

After completing the phase of my IELTS test, I will be required to wait for the test result, which will be announced 25th December 2025. That waiting time phase will likely feel a bit long. I may sometimes think about the parts I would perform well in also the questions that would seem difficult, but I will have to try not to overthink everything too much.

Then I will begin planning ahead. As my score turns out well, I will be prepared to move forward with my study and career plans. But if the result does not meet my expectations, I will prepare again and concentrate on the weaker areas. In the meantime, the time after the exam will mainly be about remaining calm, hopeful, and continuing a little practicing so that I do not lose hope with English before the results is released.

Internship Results and Outcomes

My internship journey will greatly concentrate on IELTS preparation, and frankly, it will teach me a lot to develop my English language skills. By working hard on listening, reading, writing and speaking regularly. I will steadily start to understand the exam format well and create more courage. During the exam time I may feel less confidence, but the practice will allow me to understand how to use my time and control nervousness. The self-corrections and feedback during practice will allow me to find out my weak areas and work hard on them slowly.

Apart from improving my English language skills, this journey will help me to be disciplined, punctual and how to be organized. I will be able to apply what I learn in class with real test practice. After that I will wait for my IELTS scores, which will be announced on 25th December 2025. Whatever the score is, I believe this internship will have provided me a strong foundation for my upcoming studies and career sector. I truly believe it will be a very important step for me, not only for IELTS but also for learning how to face difficulties more effectively.

Key Lessons from the IELTS Preparation

The significant knowledge gained through the IELTS journey went far beyond improving English language skills. A major hurdle involved coping with stress during the exam. Even with extensive practice, the actual exam could still feel intense. Remaining relaxed and maintaining concentration proved vital for a good performance.

Regular effort and consistent practice were essential for improving skills in listening, reading, writing, and speaking. Advancement sometimes felt slow, yet persistent work and learning from mistakes led to steady progress. Patience mattered whenever tasks felt challenging or exercises became discouraging. Keeping calm during the test contributed greatly to performance.

Few steps such as taking slow breaths, encouraging thoughts, and focusing on prepared materials boosted confidence. Ultimately, these lessons about handling pressure practicing steadily, staying patient, and remaining composed are helpful not only for IELTS but also for academic pursuits and professional goals. These ideas help build stronger resilience in many future learning situations.

Future Plans

After finishing the journey of IELTS, I will focus on the following steps based on my band score:

1. If the expected band is reached, it will unlock many feasibilities. The main purpose is to pursue my post-graduation studies abroad at a reputable institution, which will help me to gain deeper knowledge, unlocking new areas, and experiencing international academic life.
2. A great IELTS result may also help implementing for jobs in global institutions where English proficiency is really matters. It will easier communication and boost opportunities for career improvement. If the plan consists settling in an English-speaking nation, the band score will help me to fulfil immigration regulations and reveal different traditions.
3. In general, achieving the required score will open a new phase for education, employment, and international experiences. The skills, consistency, and effort gained throughout the IELTS journey will remain valuable.

Conclusion

This report discusses the entire process of IELTS journey through the regular practice and precise strategies. It also emphasizes the clear understanding of various aspects. For instance, exam curriculum, future job opportunities, abroad study and the four essential modules such as listening, reading, writing and speaking. The use of different resources, time management and regular practice has helped me to improve in language development. This journey taught me how to use defense mechanisms while facing problem in during the preparation period. Not only have self-study, self-assessment and the guidelines of supervisor help me to develop the language skills, but they have also enhanced the personal development, punctuality and confidence as well. Though my IELTS score still unknown, I hope for the good result and I believe my score will help me to take my future to the next level. This experience has prepared me for future academic responsibilities abroad as well as the IELTS exam. Additionally, the trip marked a significant turning point in my personal development and language proficiency, giving me the confidence to seek higher education and employment opportunities overseas.

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Appendix 1

IDENTITY CARD

☐ Kalabagan ☐ Banani ☒ Mirpur ☐ Mouchak
☐ Uttara-1 ☐ Uttara-2 ☐ Wari

Name: Tanukul Islam

ID. No: 056309 Batch No: MIR-CR
25-020

Valid From : 25/09/25 to 25/09/26

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Appendix 2

TEST REGISTER			
Mock	Invigilator's Signature	Mock	Invigilator's Signature
01		11	
02	<u>[Signature]</u> <u>05.11.25</u>	12	<u>[Signature]</u> <u>15.11.25</u>
03		13	
04	<u>[Signature]</u> <u>07.11.25</u>	14	
05		15	
06		16	<u>[Signature]</u> <u>19.11.25</u>
07	<u>[Signature]</u> <u>18.11.25</u>	17	
08		18	
09		19	
10		20	



Verified By

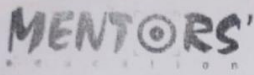


Authorized Signature

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Appendix 3

Mentors Finance Soft



Mirpur Branch
Phone: 09610883388

BIN No: 000302611-0402
ID No: 056309 (valid upto 18/09/2026)
Admission Date: 2025-09-18

REGISTRATION CARD & MONEY RECEIPT

Name	TARAKUL ISLAM	Form	v50OW5Cy
Book	7. book tk	ID Card	Not Given
Course 1	IELTS Crash	Batch 1	MIR-CR-25-020
Starting Date	2025-09-25	Day	FRI/SUN/TUE/THU
		Time	6:30-8:30
Amount (Tk.)	8260	VAT (Tk.)	1239.00
		Total (Tk.)	9499.00
Paid	9499	Due	0
		Clearance Date	No Due

Mentors' Resource ID

Please visit <https://mentorslearning.com> to access our course resources and materials using the email/ mobile/ reg. number and password below-

Login URL	https://mentorslearning.com
Email/Mobile/Reg. No	tarakulislam30@gmail.com / 01815696341 / v50OW5Cy
Password	002qzlf

***For now, course resources are only available for GED, IELTS, Spoken English & Phonetics, PTE Academic, EBA, MBA, Foundation Grammar and After SSC.



NISHAT RAKA
CORNIA
Mentors' Education

Δ A fine of Tk.500 will be charged if you fail to pay your dues within 7 days of the due date mentioned on your receipt.
Δ Registration will be cancelled if you fail to pay your dues within 14 days of the due date mentioned on your receipt and you will not be allowed to do classes anymore.

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Appendix 4

FutureEd
English Language Institute

BRITISH COUNCIL IELTS
Testing Here

Money Receipt

Three Mock Test
A

Gemcon El Mercado (5th & 6th Floor)
114 Senpara Parbata, Mirpur-10, Dhaka
(Beside Metro Pillar No. 256)
01901-328225
01901-328226
01901-328227
01901-328228
www.facebook.com/FutureEd.Mirpur

Receipt No.: 7218

Date: 25 11 25

Received from Mr. / Mrs. TAPAKUL ISLAM

The amount of taka Twenty seven thousand four hundred fifty taka

By ☒ cash ☐ cheque ☐ pos ☐ Bkash ☐ Nagad Mobile No. 01815606341

For the purpose of Real T.P. (11-12-25) AC-PB

Amount TK. 27,950/-

Signature of Payee

Received By

"No payment is refundable."
"This receipt will be valid for up-to 4 months."

" You Can't Participate The Mock Test Without The Original Money Receipt With You".

Appendix 5



Plagiarism Report

221-10-943

ORIGINALITY REPORT

6%	6%	0%	5%
SIMILARITY INDEX	INTERNET SOURCES	PUBLICATIONS	STUDENT PAPERS

PRIMARY SOURCES

1	Submitted to Daffodil International University Student Paper	2%
2	Submitted to University of Strathclyde Student Paper	1%
3	Submitted to Bay of Plenty Polytechnic Student Paper	1%
4	Submitted to Clayfield College Student Paper	1%
5	Submitted to Macquarie University Student Paper	1%
6	www.telenor.com Internet Source	<1%
7	s3-eu-west-1.amazonaws.com Internet Source	<1%
8	eprints.soton.ac.uk Internet Source	<1%
9	cambridgeenglishacademy1.blogspot.com Internet Source	<1%
10	www.blogarama.com Internet Source	<1%

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Exclude bibliography Off

Exclude matches Off