



**An Internship Report on
A Journey to IELTS Success**

Submitted To

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This Report is Submitted for Fulfillment of the Requirements for the Degree of
B.A (Honors) in English

**DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY**

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Declaration of the Report

I, Navila Islam Labone, hereby declare that the IELTS report entitled 'Unlocking Success: A Journey Through IELTS Preparation' is an authentic and original piece of work submitted in fulfillment of the requirements of the Project Paper with Internship (ENG 431) course in the Spring semester of 2025 of the English Bachelor's degree at Daffodil International University. This report focuses on my personal experiences with the International English Language Testing System, commonly known as IELTS. It has been completed for the course 'Project paper', (Course Code: ENG 431), under the B.A. (Hons.) in English program and was instructed by Emran Khan, Lecturer (Senior Scale), Department of English, Daffodil International University.



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Authorization of the Supervisor

This is to certify that Navila Islam Labone, an enrolled student at Daffodil International University with ID no. 192-10-2101, has successfully completed the ‘Project Paper’ related to the ‘Internship Course’ (ENG 431) under my supervision. I write with full satisfaction and with no small measure of pride to acknowledge that this academic endeavor entitled “Unlocking Success: A Journey Through IELTS Preparation” has been completed. Throughout the period that the internship has taken place, the opportunity to oversee and direct the process of the student’s work from planning to the submission of the paper has presented itself to me.

In these stages, she has proved to be dedicated, hardworking and eager for more knowledge. At each step of the process, proactive behavior, critical thinking skills and a desire to gain more learning have featured prominently. She has further proved to be skilled in applying theoretical knowledge to practical situations.

As her supervisor, I am very proud of this, and I would like to congratulate her on her dedication to upholding high academic standards throughout the internship period. I strongly believe that her experiences and learning from this endeavor will be highly valuable in serving her quest for further education.

I take this opportunity to send my best wishes to Navila Islam Labone for her outstanding performance and dedication to her studies.



.....
Emran Khan
Lecturer (Senior Scale)
Department of English.
Daffodil International University

Acknowledgment

I want to start by expressing my deep thanks to Almighty God for providing me with dedication and courage enough to complete the job at hand successfully. This process of being prepared for the IELTS test and writing this report would not have been possible without the blessings and guidance from God. Firstly, I would like to thank my parents who have always been the primary source of inspiration for all my successes because of their great commitment to me and endless support in all that I do. Your belief in me has motivated me to pursue success at each step of my academic career. At this point, I would like to express my gratitude to Emran Khan who is the Senior Scale Lecturer of the English Department at Daffodil International University. It would be hard to effectively carry out this project without his guidance and supervision. I benefited much from his experience with this assignment. In addition, I would like to take this opportunity to genuinely thank Daffodil International University for providing me with the ideal conditions for intellectual and academic growth which have significantly contributed to my development in several respects. In this connection, I would like to thank all those teachers who guided me during my classes to help me improve both the language and the critical abilities which played a significant role in my IELTS preparation. Finally, I would like to seize the opportunity to thank everyone who served as my teachers or colleagues and offered me support, guidance and collaboration. They all contributed either way to my growth and success. It is not mine alone but the result of efforts and influences of everyone involved in the processes that have moulded me as a person and academically and I am grateful for the support and prayers.

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Abstract

This report describes in detail the preparation process for the IELTS or International English Language Testing System with a primary focus on the student's learning journey, strategies used, results achieved and wider implications for personal and professional development. The internship has focused on developing the student's English language proficiency and equipping him with skills for academic achievement and future career prospects in a more globalized world. The internship was structured in a methodical approach that started with establishing a goal and initial planning then proceeded to selecting study materials, practicing with mock tests and assessments via self-assessment and instructor feedback. These steps build not only the student's linguistic skills but also helped establish many foundational skills such as time management, critical reflection and communication.

Introduction

English has become the universal language for interpersonal interaction, education and career building in today's more interconnected world. Effective English communication is not just a requirement for academic success but also an important life skill that connects people from different walks of life and professions. Universities, companies and immigration agencies around the world turn to IELTS as one of the most popular assessments of English language proficiency. A good IELTS score represents for both professionals and students something over and above language proficiency. It also stands for the ability to engage confidently in international academic and professional platforms.

This internship provided a valuable opportunity to explore the systematic, purposeful process of language development and test preparation. It emphasized regularity, practice and strategic planning, which helped me understand the process of language learning in a broader way outside of the classroom. Through this experience, I encountered all different types of materials such as academic resources and online sites that helped me enhance my spoken fluency, coherence in writing, accuracy of listening and comprehension in reading. More importantly, the internship gave me the confidence to view English as a helpful tool in personal expression and communication rather than an academic subject.

The key objective of this internship exceeds preparing for exams, as it was supposed to enhance overall language awareness, cultural understanding and global readiness. In a broader sense, I want to use my better command of English in gaining access to wider educational and professional perspectives also being able to relate to people of different backgrounds and making a worthwhile contribution to the international community. Hence, this internship represents a truly formative step in my path toward academic growth, personal development and sharing in the global flow of ideas and knowledge.

Objective of the Internship

Objectives of the internship are to -

- This may be increased through constructive criticism and active listening.
- form meaningful connections with other individuals.
- Increase productivity by setting goals and prioritizing work.
- use relaxation techniques and meditation to handle stress.
- Live a balanced lifestyle to preserve one's physical and mental health.
- seek career enhancement possibilities and continuing education.
- participate in local events to give back to the community,

Methodology

The way I approached preparation for IELTS was through self-awareness, consistency and gradual development. I had to determine my strengths and weaknesses in each of the four modules-listening, reading, writing and speaking.so I first needed to assess my general level of English competence. Because of that initial diagnostic, which helped me set realistic goals for myself, I was able to create a study schedule that suited my needs. I also used leading study guides, such as the 'Oxford IELTS Practice Books', the 'Cambridge IELTS' series and internet tools, including the 'British Council', 'IELTS Liz' and 'IELTS Advantage'. Through them, I was able to obtain various practice exams, sample responses and tactical advice on how to approach each section of the test. I took care not to get overwhelmed and still make significant progress, so I follow a weekly schedule that combined several hours of intensive practice with periodic assessments and self-assessment. Both autonomous and interactive learning formed part of my research. Regularly, I did speaking and essay writing work to enhance coherence and fluency. Similarly, listening and reading tests to enhance comprehension and accuracy. I asked my mentors and peer group to conduct mock interviews with me, allowing me to develop my confidence in speaking and thereby avoid hesitation and pronunciation problems.

Moreover, I attended online workshops and webinars taken by IELTS experts, which provided better insight into exam strategies and common mistakes. Mock exams played an important role in my preparation because they allowed me to get familiar with time management and practice in a real exam environment. After each test, I carefully analyzed my mistakes, found areas of improvement and adjusted my strategy. I grew patient and tolerant during the entire process. Instead of just focusing on the scores, I paid more attention to vocabulary development, clarity of concepts and confidence in communication. The journey was about personal growth in learning discipline, resilience and self-motivation rather than just preparing for the exam.

MY INTERSHIP JOURNEY

This internship report highlights the difficulties that I faced, the knowledge I gained and the advancements I made while preparing for the IELTS exam. By focusing on the four main components of the IELTS exam (listening, reading, writing, and speaking) I was able to improve my general English skills by this process. It was all about growing as a learner and gaining the confidence to communicate confidently in a global setting, not only just about being prepare for an exam.

Introduction to the IELTS Exam and It's Significance

One of the most reliable and famous used tests of English language competency worldwide is the International English Language Testing System (IELTS). It is important for people who want to live, work or study in nations where English is their first language. This test serves as a bridge for students to global possibilities and experiences because it is accepted by thousands of universities and organizations all over the world.

The exam examines four critical language skills such as speaking, reading, writing and listening. IELTS tests more than about vocabulary and grammar. It also tests a person's capacity for critical thought, clear concept expression and confident communication in any situation.

The importance of the IELTS test goes well beyond getting a score which symbolizes ambition, personal development and preparedness to enter a wider world. Getting a good band score is often the first step toward achieving academic goals, starting a career overseas or expanding one's horizons. In addition, it shows perseverance, discipline, determination and language proficiency. English proficiency opens our countless opportunities for education, job advancement and cross cultural interaction in today's globalized society. By preparing for the IELTS test one does more than just get ready to pass an exam. They also get ready to improve the abilities and self-assurance that will help them to interact effectively in a multicultural world and work confident in international places.

Understanding the Importance of IELTS for Academic and Professional Goals

Instead of focus into the specifics of how to begin IELTS preparation, it is important to recognize the importance of the exam for both academic and professional activities. IELTS is a safe indicator of English proficiency for students whose one of the goals is to pursue higher education in an English speaking nation. IELTS is used by educational institutions to make sure that students can understand lectures and finish all other assignments needed in an

English medium classroom. A good band score is typically one of the requirements for admission to some of the world's best universities.

For professional people, IELTS is also very important because companies like healthcare, finance, technology and business typically require prove of strong English proficiency to perform well in a global workplace. A good IELTS score symbolizes both language proficiency and willingness to participate in professional place where effective communication and accuracy are important.

Moreover, IELTS writing is important for people who want to go to nations such as Canada, Australia, the United Kingdom and United States. IELTS scores are used to check a person's English communication skills by immigration officers. Therefore, understanding the goal and significance of the IELTS exam is not only about test preparation but also about gaining the language proficiency and self confidence necessary to gain success academically, professionally, and socially on a global stage.

Pre-Exam Activities

Selection of Study Materials

The most crucial part of my IELTS preparation process was the selection of appropriate study materials. I required information that would perfectly match with my learning style and allow me to learn every aspect of the test in a helpful way. To set a good foundation, I used multiple tools such as books, internet resources, practice exams and regular exposure to English.

Books: I first chose some reliable books for IELTS preparation with several practice questions and detailed explanations of the content. The Oxford IELTS Practice Books and the Cambridge IELTS series were particularly helpful because of their realistic test questions and detailed explanations. These books helped me to understand the pattern of the exam and increase my accuracy step by step.

Internet Sources: The website of the British Council and IELTS Liz influenced my study habits tremendously. Practice exams, free classes and example responses helped me to identify my points of weakness. This process was less isolating with online study groups. Furthermore, practical suggestions and techniques were studied in a more interactive way through YouTube channels such as Banglay IELTS and Asad Yaqub IELTS.

Practice Exams: I developed much confidence by taking several practice exams. Being exposed to timed practice exams allowed me to develop better time management and familiarization with the test's format. I particularly paid closer attention to the official practice exams set by Mentors' since they may reflect what could occur on test day.

Listening Materials: I developed the practice of listening to a variety of audio sources because IELTS also requires hearing. I have watched English news channels, listened to audio books and listened to podcasts like Luke's English Podcast and Learn English Podcast. Moreover, the viewing of English-language films has helped me naturally get more accustomed to different accents and improve my listening skills.

Grammar and Vocabulary: Without sufficient vocabulary, it is next to impossible to speak or write well. I tried to learn at least 20 new words every day from various sources and try using them in phrases. I also read grammar focused books and tools to improve the clarity and accuracy of my writing.

Tips and resources: I read several resources that guided time management, exam strategy and question-solving methods to improve my overall performance. All these materials encourage me to approach each segment with confidence.

Study Schedule and Time Management

Another important component of my IELTS preparation was the making of a well-organized study program and the wise use of my time. I knew from the frist that what I required to make steady progress was a practical yet adaptable routine. Following are some tips on how I set my study routine to help me for achieving my objectives:

Assessing My Time Availability: I looked first at the amount of time I could study each day, given my academic workload, personal duites and free time to construct a timetable I could stick to.

Setting Specific Goals: I had to decide what band score I wanted and then selected a test date that would match with it. Then, I broke down this goal into small part s for each exam component like vocabulary increase or improvement in listening accuracy.

Designing a Study Schedule: I made a daily and a weekly schedule of studying and I wrote down my activities in a diary. That ensured a smooth growth and motivated me toward organizing myself.

Setting priorities for the important areas: I started by focusing on those areas that needed most development such as its abilities or particularly challenging question kinds. As a result, I gain confidence by prioritizing such problems.

Keeping All Four Skills in Check: I devided my study time between speaking, writing, reading, and listening and because of this balanced strategy where no portion is overlooked,I was able to sustain an overall improvement.

Pomodoro Technique: In order not to feel stressed I often used the Pomodoro technique, which involves studying for 23 minutes and taking a short break. I gave myself a longer break after four rounds which really helped me to be able to focus without feeling overwhelmed.

Avoid multitasking: I learned not to exhausted myself with too many tasks at a time. Focusing on one ability or subject at a time made it easier for me to take in information and retain it later.

Being adaptable: I knew that there would be days when it didn't exactly go my wa, and that was also alright. Sometimes schedules needed to be changed but instead of quitting I managed what needed to be changed and moved forward.

Using Different Study Techniques

During my training in IELTS, I tried many methods of studying to find the best approach that would fit my learning style. Each approach contributed uniquely to my overall development by helping me strengthen the four key skills.

1. Self-Study: I began by studying on my own because this allowed me to learn at my own way I wanted. A few areas for studying were set aside where I knew I would not be bothered. Also, with the help of popular resources such as Cambridge IELTS books, online websites, YouTube lessons and practice tests, I organized my routine of studying in an orderly and yet achievable ways. Every week I made a target and used regular quizzes and extensive practice exams to track my progress. Evaluating my mistakes became an essential part of the method because it was easier to identify my weak spots and make conscious improvements to improve those aspects. As time passed, through this self-study approach I learned self-discipline which was able to manage my time more effectively and felt much more confident.

2. Group Study: The opportunity to study with friends who were also getting ready for the IELTS encouraged my education with cooperative and supportive sense. We met in groups to discuss all the study materials, generate ideas and practice the speaking exercises with each other which was given to us. By debating solutions and explaining ideas to each other, we could improve our understanding and broaden our perspectives. We were also able to simulate scenarios of real speaking tests by having spontaneous discussions, engaging in pair activities and listening to one another's thoughts. we were encouraging each other on days that we struggled and creating an atmosphere that enabled us to become reliable in our preparation.

3. Attending Preparation Classes: Being enrolled in official IELTS preparation sessions helped me a lot in developing my test techniques. Every lesson was well-structured, covering all question types and grading criteria and essential approaches and the teachers had extensive knowledge. The fact that I had been part of an accredited language institute means that I could receive proper supervision and get access to real study materials. Such lessons contained focused exercises like timed reading practice, writing exercises and speaking simulations which helped us more to understand the test requirements. Maybe the most important element was the constructive criticism by the teachers which made me understand the mistakes and increase my accuracy and fluency step by step. I had the option of asking questions in case I didn't understand something or wasn't clear about something and the teachers were always ready to help. Their assistance made me feel more confident and better prepared for taking the test. Tutorial sessions and mock tests were other facilities at the center that developed my learning process.

Tracking Progress

Monitoring my progress was very useful during my IELTS preparation. When I tracked my achievements and found out what to improve, I was able to be persistent, concentrated and

informed about my general progress. I was very patient and willing to improve based on my mistakes during the very process of monitoring.

Regular Mock Tests

One of the most important parts of my preparation method was taking mock tests. I did full-length assessments for each of the four modules (Speaking, Reading, Writing and Listening) to determine my preparation. I always tried to take these practice exams under time constraints that were like the actual testing environment. Besides teaching me time management skills, these practice exams gave me an idea of what it would be like to take an actual exam which helped me understand and reduce the anxiety associated with test-day situations. For making sure the tests were genuine, I used official or well-examined practice materials with face validity only. After completing each mock exam, I spent a substantial amount of time going over each section in depth to better understand my strong points and areas for improvement. Day by day I learned to rely on the fake test results as a means of demonstrating my progress.

Receiving Feedback and Recognizing Errors

Getting feedback was One of the most important aspects of my preparation. Apart from looking at my scores after I finished each mock exam, I sought the help of teachers, friends and study groups to help me identify my mistakes. Their criticism highlighted a lot of errors that I would otherwise not have noticed. I also learned to compare my response against a model or sample response. This began to make me observe some of the common flaws such as grammatical errors, incoherent writing or hesitant speech. My vocabulary, grammatical clarity, organization and fluency in each lesson could all be improved by giving attention to thoughtful criticism.

Keeping a Progress Record

I kept a log of mock test scores, feedback and observations of my own. Every week I would make an entry regarding my performance and what worked and what did not. Aggregated together, these entries gave me a sense of my progress and what I had to do next. Organizing my scores over a period showed me some concrete proof of improvement in at least the accuracy of my reading, clarity of my writing or fluency of my speech. As a result, I could maintain my motivation and felt accomplished each time a small, gradual improvement was achieved.

Recognizing Weaknesses and Setting Modest Goals

I learned something new about my strengths and weaknesses by taking practice exam. With each weakness that continued slow reading speed, difficulty with True/False questions,

matching headings, coherence in writing or hesitation in speaking I made a realistic goal to improve. For example, if my listening was not as accurate as the average, I would add more days in listening exercises. If the writing assignment lacked structure, I would practice writing under timed exercises and try to give my attention on introductions and conclusions. I tried my best to focus on improving only one area at a time.

Using an Iterative Improvement Cycle

My method of checking development was not an isolated incident. It was a process of practice, testing, feedback and retesting that had continued in iteration. For instance, after practicing on each of the areas of my weakness, I returned to the same questions and tasks to say whether I had improved. On every occasion and in however minute ways, this manner of continuous development helped me in my studies. Above all, I was more confident since I could clearly see the benefit of my work.

Activities During Exam Day

My day of the IELTS test was a combination of several attempts, anxiety, enthusiasm and resolve all at once. I wanted to start my day relaxed and comfortable because that is what I worked toward for weeks. I had a healthy breakfast to give energy and alertness for the test. Before I leave the house, I rechecked everything that I needed and those were my passport, my registration details and my pens. I was glad I prepared to that end because it did alleviate some of my anxieties. I did plan my journey well in advance and left quite early to make sure that I reached the place of the exam well before the reporting time. I had enough time to sit, relax and collect my thoughts in such a setting. During that wait, I took some long, steady breaths and told myself that I had months to prepare for that moment. Rather than focus on what could go wrong, I trust what I had been trained to do.

I read all the instructions carefully before the test began. Careful attention was given to reading the questions correctly as each section was worked through when the mind was composed. Obviously, time management became very critical during this time as I tried to work at a consistent pace. I had to make sure I did not hurry or get stuck working on one question for too long. I kept reminding myself not to get anxious during the test. I would just take a short break, breathe slowly and go back to doing my job if I knew I was about to get nervous. This also made it easy for me to keep things in perspective and ultimately improve my overall performance. Once the exam was over, I took the time first to relax and reflect on my performance. I granted myself permission to acknowledge the bits that looked more difficult and accepted the parts that were simpler. However, I avoided dwelling on the errors or overanalysing just that very moment. I knew right when I left the exam room that I needed to divert my attention away from this stressor onto something else.

Attempting the Exam

By the time I finally took the IELTS, I knew how important it was to know the format and needs for each section of the test in order to do well. Throughout my preparation, I was learning how to approach each section with a great deal of confidence and so I made an effort to use those techniques as well as possible on test day.

Section for Listening:

I told myself to relax and really listen carefully while the tape was playing. Of course, I was also able to get a slight idea of what critical information might be provided because I could scan the questions rapidly before playing the audio and get an idea of what information I was supposed to be listening for. I listened for keywords, changes in tone or pitch or transition words like "however", "therefore" and "in contrast." I wrote down quick notes that I thought would help me remember some information and also to help me keep pace with the sound. I

tried to refocus and continue to pay close attention instead of freaking out if I missed something.

Reading section:

In preparation for the reading part, I browsed through each chapter quickly to have an idea about its general subject and structure. Later on, it was easier to go directly to the relevant questions due to this fact. I tried not to get stuck with any question that seemed difficult and go back to it only when necessary. Furthermore, I realized that in particular for the True/False/Not Given and shorter matching problems, a guess is usually better than leaving an item blank. There were reading parts where I chose to do the harder passage first, while fresh and then did the others, which were easier for me since not all the passages had the same difficulty level.

Writing Section:

I took the time to brainstorm and arrange in my mind the ideas I intended to use in the two writing assignments. Since Task 2 was of higher value, I always worked on it first. After finishing working on Task 2, I was always in a more relaxed mood when working on Task 1. I broke down my work into individual paragraphs for the two assignments and made efficient and clear links between ideas. I tried as best as I could to follow the instructions. After I finished with the assignments, some of the remaining time was taken going over the article for coherence, grammatical errors and omissions. This was the last chance for improvement, so I believe it was helpful with regard to general precision and clarity.

Speaking Section:

This speaking section was much like a conversation but I knew it was important to be confident and clear. I took the time to really understand each question and think about concise, logical answers before answering. Rather than giving short, factual responses, I tried to expand my answers with examples, explanations or experiences. I also found that I felt more at ease speaking when I smiled and maintained eye contact. Lastly, whenever I got nervous, I reminded myself that the examiner was trying to understand my ideas and not judge my accent.

Post Exam Activities

Getting Results

The most exciting part of my entire preparation process is receiving the results of my IELTS. After weeks of learning, practicing and going through review procedures, I finally got an outcome representing my efforts. After, for example, a paper-based exam is finished, it takes a little patience to get the results. The TRF is available 13 days following the exam, and it can be mailed-to your actual address-or picked up in person at the testing location. I just needed to confirm the procedure for collection to avoid any misunderstanding during that period. It felt like I was able to achieve something huge-like some sort of a reward-after I had my physical TRF to keep with me, showing how much effort and dedication I have put into it. A computer-based exam is a bit faster and more convenient. When a result is available, candidates are notified via email. I will check my results after receiving it through logging into the official IELTS portal using my login credentials. It was faster to share the results, if necessary, because this was readily available digitally.

It was just as important to know the results as it was to get them. Each band on the IELTS, which ranges from 0 to 9, represents a different level of English ability. A band 9 describes an experienced user of English but lesser bands indicate varying degrees. My ultimate score comprised the four components: Listening, Reading, Writing and Speaking. My results for each component highlighted my strengths and gave me a sense of where I could improve going forward. The averaging system simply rounds the closest half-band, for example, 6.75 rounds up to 7.0, therefore 7.25 rounds up to 7.5 . This rounding method ensures consistency and fairness in the scoring procedure. The marking criteria that are used by IELTS examiners are highly structured and for the most part, uniform: in the writing and speaking modules, they mark ideas clarity, organization (or structure), grammatical accuracy, pronunciation, vocabulary range and fluency, while in reading and listening, the number of correctly answered questions determines the appropriate band scores. When I finally saw my TRF or online score report, I took the time to carefully go through everything such as my name, test date, band scores and that all-important two-year validity period. It was a reflective moment to look at the scores. The ratings made it clear which areas had benefited from preparation and which ones needed development.

The Outcome of the Internship

Since I began my internship during the IELTS, I can now clearly see my intellectual and personal development. I was able to identify my areas of strength, recognize my areas of difficulty and take a closer look at my learning process thanks to the procedure. I assessed my performance right away, both on the actual exam and in the practice exams. Because I had a solid foundation in vocabulary, grammar and focus, I felt comfortable reading and listening. All of this gave me confidence that my planned study sessions were effective. I was aware of these difficulties in the background at the same time. Sometimes it was hard to understand different accents during the listening portion of the test for example, it was hard in writing to keep track of time and arrange ideas and in speaking, anxiety occasionally affected fluency. I was able to clear my perspective on overcoming these challenges by realizing that pressure and emotions can have a detrimental effect on a candidate's performance. Finding the reasons behind my performance just provided me with useful clarity. I believe my performance was influenced by my study habits, prior language experience and exam anxiety. I presented my errors as a chance to grow rather than failures. I was able to pinpoint exactly where I needed to improve by carefully examining my errors and attempting to identify any organizational patterns. Teachers, mentors and peers provided most of this feedback, which was helpful in identifying weaknesses that I might not have recognized on my own. Based on that input, I adjusted my study schedule to include more regular speaking practice, improve writing organization and add more accents to listening assignments. I monitored my progress during my preparation. My motivation was sustained by witnessing gains in my mock exam scores and organically developing confidence in my work. When needed, I modified my learning technique and adjusted my progress and tactics. Most importantly, I've learned to value my own achievements. The IELTS procedure can be emotionally taxed and calls for perseverance and self-control. This experience provided me with new opportunities to consolidate my beliefs in lifelong learning and the ability to adapt to deal with or surmount an array of challenges. Despite there still being much room for growth, I am considerably more confident about my future academic and professional endeavors.

Valuable Lessons Learned from the IELTS Preparation Journey

I can see now that IELTS preparation taught me much more than how to prepare for a big test. It required persistence, staying organized and being open to changing my strategy when things got tough. Even when the motivation was low, following to some kind of learning schedule produced some consistency. I could also identify behavior conducive to my learning the most, such as practicing with real materials, approaching the instructor for help and then coolly analyzing my mistakes rather than allowing disappointment to stand in the way. Setting achievable goals was equally important in maintaining a positive attitude during growth periods. My exam performance, stamina and confidence all benefited from this approach. IELTS preparation greatly improved my English level. In other words, developing speaking, listening, reading and writing skills in English created advantages that extended beyond test passing. Gaining proficiency in English can help you progress professionally, pursue higher education in English-speaking countries and participate actively in the global labor market, in which communication plays a great role. Such an improvement advances the chances of learning about culture, cooperating academically and getting access to overseas amenities. More importantly, I realized that language learning has never ended. I am building up my skills through systematized classes, English-language media exposure and daily practice according to preferences. These abilities make me feel better positioned to pursue my academic goals and a future profession in philosophy.

Future Plan

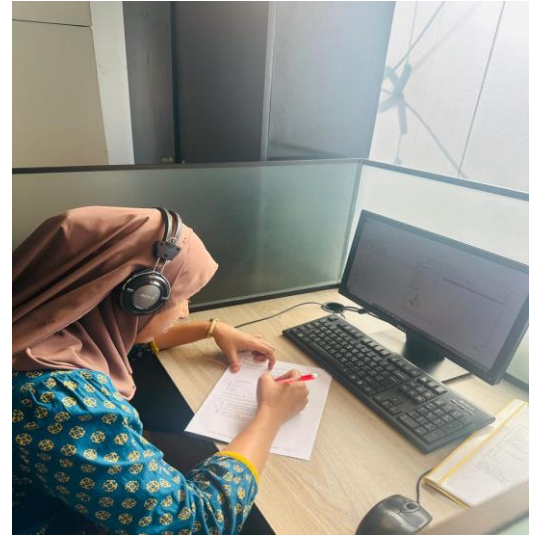
Upon passing the IELTS exam, I intend to pursue higher learning at universities and other foreign institutions where a good command of the English language is considered paramount. I want to apply to a program that will facilitate my long-term professional goals and give me an opportunity to enhance my skills internationally. Similarly, I would also like to look for jobs or work internships in countries where English is the dominant language in everyday life, since such experiences aid individuals in gaining practical communication capabilities and acquiring knowledge of different types of work cultures. While I do this, I want to keep polishing my English beyond IELTS by continuing to practice, read and watch English-language media and if necessary, I might also enroll in more advanced English classes. This would make it possible for me to achieve such a level of fluency that can serve my academic goals and future career prospects and make me confident enough to utilize myself of a number of opportunities both within the country and abroad.

Conclusion

I feel that this IELTS process was one of the most life-changing experiences. Besides exam preparation, it involved discipline, introspection and ongoing skill growth. Every day put me in a position of growth, where I learned something new about perseverance, consistency and resilience from studying the test format to honing my talents. I am really thankful to everyone who gave me guidance during this journey. My friends, mentors and the educational material I used played an important role in motivating me and helping me to stay focused. I was able to improve my confidence and be aware of my strengths because of their advice and encouragement. Most importantly, it served as a reminder that there is no limit to knowledge. The IELTS result was just a point in time and for me it was the approach of being willing to change and learn and my self-assurance. The knowledge and skills I have acquired will help me in my personal, professional and academic lives.

Appendix

Appendix 1. some pictures of mines while having IELTS preparation:



Appendix 2.

IELTS CERTIFICATE:

IELTS™		Test Report Form		ACADEMIC	
NOTE Admission to undergraduate and post graduate courses should be based on the ACADEMIC Reading and Writing Modules. GENERAL TRAINING Reading and Writing Modules are not designed to test the full range of language skills required for academic purposes. It is recommended that the candidate's language ability as indicated in this Test Report Form be re-assessed after two years from the date of the test.					
Centre Number	BD050	Date	01/NOV/2025	Candidate Number	021847
Candidate Details					
Family Name	LABONE				
First Name	NAVILA ISLAM				
Candidate ID	A19462446				
Date of Birth	07/03/2000	Sex (M/F)	F	Scheme Code	Private Candidate
Country or Region of Origin					
Country of Nationality	BANGLADESH				
First Language	BENGALI				
Test Results					
Listening	7.0	Reading	7.0	Writing	6.0
Speaking	6.5	Overall Band Score	6.5	CEFR Level	B2
Administrator Comments			Centre stamp		Validation stamp
					
Administrator's Signature Date			 Test Report Form Number		
12/11/2025			25BD021847LABN050A		
 BRITISH COUNCIL		 idp	 CAMBRIDGE English		
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Appendix 3.

PLAGARISM REPORT