



An Internship Report on
“Pathways to IELTS Success: Lessons Gained and Methods Implemented”

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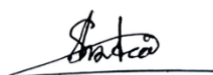
This Report is Submitted for Fulfillment of the Requirements for the Degree of
B.A (Honors) in English

DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY

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The Report's Declaration

I, Shadia Noor, hereby state that the report entitled "Pathways to IELTS Success : Lessons Gained and Methods Implemented" is an original work accomplished in fulfillment of the academic requirements for the Project Paper with Internship (ENG 431) course in the Bachelor program of English during the Fall semester of 2025 at Daffodil International University. The report is based on my own experiences and observations while participating in the International English Language Testing System (IELTS) program. It was done as a part of the “Project Paper” course (Course Code: ENG431) for the B. A. (Hons) in English, under the supervision of Mohammad Mustafizur Rahman, Assistant Professor in the Department of English at Daffodil International University.



(Signature)

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The Supervisor's Authorization

It is an official certification of Shadia Noor, identified by the ID number 221-10-848, is a student enrolled at Daffodil International University. With immense pride and happiness, I certify that the Project Paper for the Internship Course (ENG 431) was successfully completed under my guidance and supervision. During the IELTS program, I have been able to closely observe and assist the student with her development. I have guided, mentored, and gave feedback to the student on the first steps of planning the project to the final point of the internship to make sure the student was meeting the requirements and academic standards. I have seen myself the hard work, effort and dedication of the student in pursuing this academic activity. Her active attitude, critical thinking, and desire to study has been reflected in all the areas of her interaction with the internship project.

Moreover, I have noted that the student manages to properly use theoretical knowledge gained in the classroom setting in real life applications, which proves that she has a profound knowledge of the material and its practical application. I feel extremely proud of the student achievements as the supervisor and praise the high performance of the student during the internship period. I believe that the experiences, skills, and knowledge obtained in this venture will be beneficial in her academic and professional life.

I am pleased to congratulate and wish Shadia Noor the best in her incredible work and admirable efforts towards academic excellence.

A handwritten signature in cursive script, appearing to read 'Sameen', followed by a vertical line.

Signed,

Mohammad Mustafizur Rahman

Assistant Professor

Department of English

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Acknowledgment

To begin with, I want to express my gratitude to God for providing me the strength, perseverance, and opportunity to go through the exam preparation journey of IELTS. I owe much of my achievements to my parents who have supported me, motivated and believed in me throughout my life. They have been my sources of strength as their love and support have encouraged me to pursue excellence in whatever I am doing. I would like to take this opportunity to thank **Mohammad Mustafizur Rahman**, my honorable supervisor, with the help of whom, through his priceless contribution, direction, and constructive criticism, I prepared my IELTS report. His mentorship has played a significant role in how I have comprehended and set my goals as to how I am to succeed in my exam. I would want to thank my University for offering me the tools, facilities, and educational environment required for my growth and learning. The conducive environment has played a major role in preparing me to take the IELTS test. I also wish to thank my course teachers because of their efforts, skills, and dedication to teaching me the necessary knowledge of the English language and skills that have helped me to improve my English language proficiency. They have been instrumental in helping me become a successful person in my quest to pass the IELTS test. In addition, I would also like to acknowledge that all other academic staff such as mentors, advisors, and staff members supported and encouraged me all along my academic path. Their support and motivation have contributed immensely in my academic and personal growth. I greatly owe my success in the test to God, my parents, the University, the course teachers and all other academic staff members who were always supportive, encouraging and helpful during my preparation to undertake the IELTS exam. They have played a significant role in my success and I am very grateful to them with their support and blessings.

Table of Contents

Contributions	Page
The Report's Declaration	i
The Supervisor's Authorization	ii
Acknowledgment	iii
Table of Contents	iv, v
Abstract	vi
Introduction	1
The Internship's Goals	2
Methodology	3
My Internship Journey	4,5
Pre-Exam Activities for my Internship	6,7,8
Exam Related Activities	9
Post Exam Activities	10
The Internship's Outcome	11
Important Takeaways	12

Plan for the Future	13
Conclusion	14
References	15
Appendices	16

Abstract

The process of getting ready for the International English Language Testing System is described in this internship report by highlighting student's experiences, preparation strategies, outcomes, and future opportunities. The main purpose of this internship was to enhance the English language proficiency of the student and equip them to undertake tasks that require advanced English proficiency in academic and professional environments. The significance of this internship is demonstrated in the opportunities that a high IELTS band score could avail-a better education, mobility to other countries, and higher career prospects. Since English is known as the global lingua franca, proficiency in this language is essential for effective communication, academic excellence, and professional prosperity . This approach involves structured and comprehensive preparation throughout the internship, incorporating pre-preparation activities, careful material selection, a personalized study plan, regular practice tests, and findings through systematic feedback analysis. The strategies undertaken by the student involve independent learning, attendance of classes, and continuous interaction with mentors and colleagues to further develop language. The outcome of this internship comprises an IELTS notable band score, reflecting both the effectiveness of the strategies put into place and the commitment of the student to adequate and thorough preparation. Moreover, besides the quantifiable outcomes, the internship is valuable regarding insights into a student's abilities, which presents strengths and perspectives on further areas needing improvement. Knowledge arising from this experience goes beyond mere test preparation, which includes the enhancement of communication, increasing confidence in using English, and an increased appreciation for the importance of lifelong learning and self-improvement.

Introduction

The International English Language Testing System (IELTS) is a system of assessing the proficiency of a person in the English language that is globally recognized to determine the suitability of the person in activities that involve academia, career, and immigration. Since English continues to be the main language of communication in most sectors of the world, fluency in the language has become very crucial to people seeking advanced education or employment opportunities in foreign countries. This introduction highlights the need to prepare the IELTS, the objectives of the internship, and the discussion of the anticipated results. In a world where the interconnectedness is growing, the good mastery of the English language is the key to success in the academic and professional sphere. IELTS test is a standard assessment test of the skills of a candidate in listening, reading, writing and speaking. With a high band score, one gets a lot of opportunities, including the entrance to university, global mobility, and a career advancement. It is quite important to prepare to the IELTS test because its passing provides a chance to meet all the educational and professional objectives. Be it the objective of studying in foreign countries or seeking opportunities in speaking English countries, fluency in the English language is very necessary. Thus, IELTS preparation is not only a source of language improvement, but also is a good investment in opportunities.

This is because the main objective of this internship will be to enhance the English language skills of the student and help to take the IELTS test. Through adequate preparation and hard work, the goal is to achieve a good IELTS band score that is reflective of language readiness in both academics and employment. The expected outcome of this internship is to reach a good IELTS band score that reflects language readiness in academics and employment. Besides, this experience is meant to provide the student with practical skills, better knowledge, and confidence, thereby helping them to develop academically in the long term and achieve international career opportunities.

The Internship's Goals

My main objective during the internship was to improve on my English language proficiency and prepare myself to take IELTS exam in a pragmatic and steady manner. In the process, I have formulated some of my goals:

1. Practice on how to better my listening, reading, writing, and speaking to be able to make more comfortable use of English in practice.
2. Discipline myself to study regularly and also know how to better manage time rather than end up at the last minute.
3. Get more comfortable with English through practicing it as a part of my everyday routine.
4. Be aware of the areas that I am weak at and take calculated actions to correct my weaknesses.
5. Master and practice strategies which really work on each section of the IELTS test.
6. Expand my vocabulary and improve my grammar meaning more natural.
7. Be ready to academic and career prospects in future whereupon good command of English will be vital.

Methodology

The strategy that I applied in my IELTS preparation was quite organized and methodical in the sense that it was geared towards improving efficiency and general growth in language. The process was initiated with the need assessment process, which allowed me to evaluate my current level of English proficiency and identify particular strengths, weaknesses, and objectives to achieve each of the test elements. This preliminary assessment preconditioned the choice of appropriate learning materials, such as high-quality IELTS books on preparation, online services, and complete practice assessments, oriented at listening, reading, writing, and speaking skills. Based on this essay, I made a complex plan of study, which was adapted to my personal learning rate, daily accessibility, and exam time. Such a plan outlined definite short-term and long-term objectives, combining intensive training with frequent periods of review. A large part of my preparation included reading various texts, listening to academic and conversational audio resources, practicing writing essays, and speaking through organized exercises. To improve my independent learning, I have attended preparation classes and workshops conducted by the experienced teacher. Strategic information about forms of tests, scoring policies and typical difficulties were presented, and I was able to exercise practical work and get an individual feedback during these sessions as these activities searched my progress and results under timed conditions. Complimentary comments, comments of peers, instructors had a significant effect as it helped me to see which areas I needed to work and improve on to refine my strategies and revisit the fundamental language ideas, word and grammar.

The entire experience was defined by flexibility and adaptability. Constant self-reflection allowed assessing the effectiveness of my strategies, changing my study plan when necessary, and actively addressing all the challenges I encountered on my way. This dynamic and introspective approach served as a key factor to prepare me in the fullest way to the IELTS exam and become a better master of English language in general.

My Internship Journey

This report describes the long process for undertaking the International English Language Testing System (IELTS) examination focusing on problems and issues I faced, lessons learnt, and results accomplished during the undertaking. The journey was not smooth as there were days in which I felt stagnant and upset but in hindsight, it was well-worth it. I was able to observe my English becoming better each day, and I was able to learn that I could accomplish a lot by myself by means of self-discipline and patience.

Overview of the IELTS Test and It's Importance

IELTS, or the International English Language Testing System is a renowned test all over the world that measures the English language proficiency of those who are interested in studying, working, or migrating to the English-speaking countries. The IELTS exam is accepted by more than 10000 institutions across the world, such as universities, employers, immigration, and professional organization and is used as an effective predictor of the ability of a candidate to communicate in English effectively. It focuses on four areas of language proficiency, which are listening, reading, writing, and speaking, and each one of them is designed to test different aspects of linguistic competence, including comprehension, vocabulary use, fluency, and coherence.

The importance of the IELTS exam can be explained by the role of a standardized and equal test of English command among the learners of different languages. As a student, the critical element of competitive band score in order to gain admission into higher education institutions abroad is a necessity. Similarly, specialists who wish to work in foreign countries often have to provide IELTS results as the evidence of their communication skills. Within the immigration arena, many English speaking nations also require IELTS scores as a requirement when obtaining a visa and settling in the country. IELTS exam is, ultimately, an opportunity opening many academic, professional and personal possibilities. Passing the exam does not only enhance prospects of being mobile globally, but it also attains a long-term career development and personal growth. It is due to these reasons why proper preparation and good performance in the IELTS exam would be crucial to human beings who would wish to realize their academic and career goals on a global scale.

Choosing the Self-Study Route

Although I adopted a self-study approach by gathering various materials – using authentic IELTS books, online practice tests, and free material offered by the official websites. I used to study in a small corner of my home with no distractions, and the routine was to my weekly life. Moreover, I also benefited from the Mentor’s Coaching Center through their structured support and feedback.

Learning through Practice

I kept my practice varied. On some days I would read English articles or listen to the podcasts in other countries, just in order to become accustomed to other accents. I wrote essays on others, took time, and even read them to myself and listened to how they sounded. It also made me feel not as lonely in the process, which was assisted by joining online study groups, and was also able to get helpful tips of other candidates.

Dealing and Managing Obstacles

Naturally, it did not come easy. I also had a problem with time management in reading and writing, and I was very often nervous when speaking alone. To address this, I provided myself with timed mock exams and recorded my speaking to be able to listen back and narrow the gaps. In the course of time, I continued to change my approaches, retaining the ones that proved and discarding ones that failed.

Seeing Back and Moving Forward

This was not about the IELTS after all. It showed me that I should always be consistent, adapt and continue despite old times. My English level was also enhanced, as was my self-confidence. This trip helped me understand that learning is not a onetime thing, it is something you take along with you, long after the test.

Pre-Exam Activities for My Internship

Selection of Study Materials

It was important to choose the right study materials in order to prepare my IELTS exam.

1.Books : I have started with the purchase of good books on IELTS that had clear explanations and contained practice exercises. Some of the good alternatives I considered included Cambridge IELTS and Oxford IELTS.

2.Online Websites : I also used websites like IELTS Liz and British Council to get free practice tests and advice.

3.Practice Tests : After doing many practice tests I was able to get accustomed to the format and timing of the exam.

4.Listening Resources : Since there was a listening aspect, I listened to CDs or listened to online audio with different accents. I was also listening to podcasts and English news to improve my skills.

5.Vocabulary and Grammar : Learning and practicing new vocabulary and grammar with the use of special IELTS books or applications was also critical to writing and speaking.

Study Schedule and Time Management

It was also important that I create a plan and schedule my time when I was preparing to take the IELTS exam.

1.Analyse My Time: I measured the time I had to spend learning on a daily basis. I took into consideration my work, education, and free time.

2.Set My Goals: I set the date and the score I wanted to achieve within a test. I would then make smaller goals in relation to each of the exam parts, say practicing my listening skills or developing vocabulary.

3.Develop a Schedule: I developed a study plan on a daily basis, indicating the time per session. I have used a calendar to track my progress.

4.Focus on Necessary Things: I prioritized things that were most important which included practicing exams or parts of the test where I felt like I needed to improve.

5.Make Good Use of Time :: I distributed the time of my study equally across the listening, reading, writing, and speaking. I considered the aspects which had to be given the utmost attention.

6 .Take Breaks: I included breaks by taking time to relax and stretch and thus I was not tired.

7.Check My Plan: I looked at my plan regularly to determine my progress. In case of non-functioning of something, I readjusted my plan.

8.Remain Flexible: Sometimes things did not go on as expected and that was okay. I was able to rearrange my time when it was needed without getting aggravated.

Engaging in Various Study Methods

In my preparation to take the IELTS exam, it was necessary that I would research different forms of studying so that I would see which form better suited me to study. Some of the strategies that I employed are as given below:

1.Self-Learning: I decided to pursue independent learning because it would give me the freedom to learn at my pace and apply my style of choice. Through the various materials (books, online, practice exams, etc.), I created an effective study atmosphere where I reduced distractions.

2.Group Study: This is a good experience since I worked with other friends who were also taking the IELTS. We also collaborated sharing ideas, study materials and motivating one another to progress. Through frequent meetings, we discussed practice questions, shared study methods, and alternating in explaining concepts to facilitate a profound knowledge.

3.Preparation Classes: Preparation classes were another part of my study plan. We performed different types of activities during the sessions and the teacher also gave constructive feedback to track our progress.

Tracking Progress

While preparing for IELTS, continuous assessment of my performance was crucial to understand what needed more attention. There were a few key strategies I employed to help me monitor improvement.

1. Mock Tests: Regular full-length mock tests, with strict timing and reliable test material were crucial to take the real test. In this way I could simulate the pressure of the real testing conditions and then assess the results of each mock in order to identify my strengths and also the areas that required more intensive practice.
2. Feedback: After each mock, I sought feedback from teachers and from various sources on the net, on areas where improvement was required. By assessing my answers and compiling them with the correct answers I would note where mistakes repeatedly occurred. In this way improvements would take place in grammar, vocabulary and clarity in writing, as well as fluency in speaking.
3. Assessment of Improvement: I maintained accurate results and feedback of performance with a view to examining how I progressed in the areas previously highlighted. This enabled the establishment of realistic, gradual goals leading to an assessment in study strategy patterns at regular intervals.
4. Weak Areas: Using the feedback from these tests I could isolate particular problem areas, such as listening comprehension, speed of reading, accuracy of writing skills and fluency of speech. I responded by instituting a pattern of study to enhance these particular skill areas. This would mean a steady improvement of techniques and development of weakness.

Exam Related Activities

I was both anxious and excited on the day of my IELTS test. It is the way I managed to organize my day successfully. I also took a well-balanced breakfast in the morning that would provide me with energy. I ensured that I was well prepared with everything required in the exam including my identification, ticket and pencils. I did not miss my appointment with the exam center as I had scheduled that visit. I took a few deep breaths before I entered so that I can calm down my nerves. It was only natural to feel nervous and I made myself positive and remembered all the efforts I made in my preparation. I did not give attention to what I could not ,but gave attention to what I could. During the examination, I was eager enough to question and read out all of the questions thoroughly. I was not in a rush to finish any question and at the same time I was also not taking up a lot of time on each question. I recalled the areas that I was sure of, and those areas that I had difficulties with. I shifted my focus on other things so that I would be occupied and not thinking about the exam. Due to such strategies, I entered the exam day with calmness and confidence. It is necessary to believe in preparation, be focused and have that positive thought in that entire process.

Attempting the Exam

As I was preparing to take IELTS test, I knew that it is important to read and comprehend all the aspects of the test. What I learned about the sections was as follows:

Listening Part: I had the opportunity to go through the questions to be listened and concentrate on keywords. I took notes in order to focus on important details and I was calm in case I had forgotten something.

Reading Section: I went through the reading in a hasty pace to understand the idea of the passage and attempted to extract some significant information. I would rather guess than leave blank in instances I was not sure about an answer.

Writing Section: I pre-planned my mind of what I wanted to write and ensured that I did not leave any instructions disappointed. Once I had checked my work, I would determine the existence of any errors.

Speaking part: I had spoken clearly and I arranged my ideas in the first place and then gave my answer. I tried to provide elaborate answers and did not resort to the moments of dragging answers.

Post Exam Activities

The achievement of my IELTS test has put me in the results-waiting stage which is a significant stage of the whole testing process. Since I chose the paper-based format, I know that the Test Report Form (TRF) will be available in approximately 13 days following the exam through either picking up the script at the test center or by mail. The course of this waiting time has seen me being proactive so as to enhance my understanding of the system of IELTS band scoring. All four components i.e. listening, reading, writing and speaking are banded and it is worked out a band score in which case the total score is obtained by taking the mean of all the component scores, its result is rounded to the nearest whole or half band. Becoming acquainted with this system, I will be capable of making realistic expectations and organize my further actions. This reflection analysis will help me in my further language learning despite the final outcome.

The wait could be difficult and at times quite a stressor but this time I am trying to make it a positive experience and believe that it is a necessity of the learning process. I am convinced that regardless of the end score of the band, the preparation and taking the test has already boosted my self-confidence and improved my skills in English language in the future academic and professional undertakings.

The Internship's Outcome

Taking into account my experience of the planning and passing through the IELTS exam, I analyzed my strengths and weaknesses critically. To begin with, I used my advantages by going through my practice activities and also the actual test. I have been taught that I was good at certain aspects such as reading and listening since I had strong skills in language. Nevertheless, I determined my weaknesses including the issues with some accents in the Listening section, the problem with time management, and the problem with writing logically and speaking with confidence. I needed to know what has made me perform. The factors that affected my abilities included my personal learning methods and the external factor included anxiety as I was exposed to the English language before. I also saw the opportunity to learn through them and analyzed them to see popular trends and got the assistance of teachers and practice examinations to see what I should work on. I made a strategy to address my weaknesses by establishing certain improvement objectives and monitored the improvements and adjusted my tactics when necessary. It was important that I celebrate the success I have accomplished and the things that I have learned to remain motivated. Since I am in the background and the progress I achieved, I was not to give up on learning because I knew that I would have to encounter various challenges to get where I wanted to be, which was to become an English proficient. Through the analysis of my strengths and weaknesses, I was able to determine my weaknesses and work towards improving on the same in the future.

Important Takeaways

Having a glance back at the preparation process of taking the IELTS, I have gained invaluable lessons that do not necessarily include the aspect of achieving good marks. The ability to persist made me successful as I made sure to continue my plan of studying even when I felt things were not going well because I would make huge progress in the long-run. Another necessary aspect was time management and flexibility of my studying ability, along with awareness of my preferred learning style and asking other people to help when necessary. Being able to exercise quality in a given skill, and positive attitude also played a role in delivering success. Another lesson that should be learned was to set realistic goals and embrace the concept of life long learning.

The English language that I have developed with the preparation of the IELTS exams has not only assisted me in passing the test but also in other activities that involve English language. My English listening, speaking, reading and writing capabilities will provide me with an opportunity to study in universities in English speaking countries and stands a better chance of getting employment and career upgrade in particular in multinationals. In addition, knowing English language allows collaborating on the international level, and enriching the academic activity with a stimulated and encouraged intercultural communication. Confessing that my English language acquisition is a lifelong process, I will be able to enhance my competences beyond the IELTS in several aspects, such as, enrolling in other classes, and being exposed to the media in English. Having these competencies now considered, I have become able to proceed with my objectives in education, work, and personal development with a great degree of confidence.

Plan for the Future

Reflecting on all my experiences in the course of the internship and competencies that I have acquired during the process of my IELTS preparations, now I can have a better idea of my direction, in terms of my academic and professional ambitions. In the nearest future, I will receive a Master degree in English Language Teaching (ELT) in an English speaking country. The increased learning will help me understand the approach and processes of teaching language, testing activities, and learning a second language, and, consequently, becoming a better and more experienced educator. My increased interest in ELT is attributed to the fact that the teaching and mentorship experiences that I received during the internship made me realize the degree to which I enjoyed the process of supporting learners in their language development. The international study will also improve my attitude because I will be exposed to the different learning environments and will be in a position to collaborate with other international scholars and students.

Subsequently, I plan to use the internship to further my career in teaching English language in either schools or special language schools. All in all, it is my belief that the internship has enabled me to pursue my aspiration of advancing in the area of teaching English language in future through my research, curriculum development, and teacher training.

Conclusion

It was not only about getting a better proficiency of the English language, rather the preparation process to the IELTS scheduled exam was a transformative journey that gave me much to learn, as well as it changed the way I think in general. Since knowing the test format to getting regular practice, every step played an important role in my personal and academic development. The experience proved to me that the true approval of success consists in patience, sustained hard working and positive attitude. Trying to conclude, I would like to express my gratitude to all those who helped me get through it. The various resources available to me such as my teachers, my mentors, my friends, and many others gave me a priceless advice and support at the right time. They were encouraging and provided me with knowledge on how to remain motivated even in adverse situations. This experience reaffirmed me that learning never ends as soon as I pass one test, but it is a continuous process that further continues to shape my personal and academic growth. I will be able to use all the acquired skills and learned lessons in my future regardless of my actions. Maintaining an open mind, resilience and being focused on achieving my objectives will keep offering me the same direction to success.

I end this chapter confidently and looking forward into the next one. I can tell that all that I have learnt and experienced throughout this journey has helped me to grow and will help me in reaching my dream. I am grateful that I got chances that made me develop, and I am prepared to embrace whatever comes next.

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Appendices

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ORIGINALITY REPORT

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SIMILARITY INDEX	INTERNET SOURCES	PUBLICATIONS	STUDENT PAPERS

PRIMARY SOURCES

1	Submitted to Daffodil International University Student Paper	3 %
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3	journal.unhas.ac.id Internet Source	1 %
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