



An Internship Report on
Pathways to IELTS Excellence: Strategies and Experiences

Submitted To

Professor Dr. Liza Sharmin

Professor and Dean

Department of English

Daffodil International University

Submitted By

Name: Md. Shazzadul Ahsan

ID No: 213-10-772

Batch: 54

This Report is Submitted for Fulfillment of the Requirements for the Degree of

B.A (Honors) in English

DEPARTMENT OF ENGLISH

DAFFODIL INTERNATIONAL UNIVERSITY

Summer 2025

Declaration of the Report

I, Md. Shazzadul Ahsan, hereby declare that the report entitled “Pathways to IELTS Excellence: Strategies and Experiences” is a factual and unique piece of work completed in partial fulfillment of the requirements for the Project Paper with Internship (ENG 431) course, which is part of the Bachelor of Arts (Honors) in English curriculum at Daffodil International University during the Summer semester of 2025. This report reflects my own observations and personal experiences gained throughout the International English Language Testing System (IELTS) program. The project paper was carried out under the supervision and guidance of Professor Dr. Liza Sharmin, Professor and Dean in the Department of English, Daffodil International University.



Name: Md. Shazzadul Ahsan

ID: 213-10-772

Batch: 54

Program: B.A (Hons) in English

Department of English

Daffodil International University

Authorization of the Supervisor

This letter is an official verification for Md. Shazzadul Ahsan, an enrolled student at Daffodil International University with the identification number 213-10-772, who has successfully completed the Project Paper as part of the Internship Course (ENG 431) under my supervision. I have been glad to mentor and support the student in every part of his IELTS preparation. Throughout the entire journey, from the beginning to the final internship stage, I have observed him and given valuable feedback so that he can fulfill every academic criterion of the university. I have seen his constant dedication, hard work, and commitment during the internship journey.

Moreover, the student has showed his skills and abilities to use theoretical ideas that he learned in class within practical, real-world scenarios, showing his in depth understanding of the subject as the supervisor, I am proud of his achievements and praise his extraordinary performance throughout the internship period. I believe that the knowledge, capabilities, and insights gained from this experience will significantly help him in his future academic and professional pursuits.

My best wishes to Md. Shazzadul Ahsan for his extraordinary dedication and hard work and wish him good luck for his future.



Professor Dr. Liza Sharmin

Professor and Dean

Department of English

Daffodil International University

Acknowledgement

First, gratitude goes to Almighty Allah for guidance, strength, and blessings throughout this journey. Without His mercy, completing this report would not have been possible.

Special thanks to my supervisor, Professor Dr. Liza Sharmin, Dean of the English Department at Daffodil International University, for constant guidance and feedback, which greatly helped in making this project a success. Appreciation is also extended to the teachers and staff of the English Department for providing the necessary support and resources to complete the report.

Thanks are due to family and friends for their encouragement and motivation throughout this journey. Participating in the IELTS program has been a valuable experience, providing opportunities to learn new things and gain skills important for language development.

Table of Contents

Sl. No.	Section Title	Page No.
	Declaration of The Report	I
	Supervisor's Authorization	II
	Student's Acknowledgment	III
	Table of Contents	IV
	Abstract	V
	Introduction	1
	Internship Objectives	2
	Research Methodology	3
	My Internship Experience	4
	Activities Before the Exam	5,6
	Activities During the Exam	7
	Activities After the Exam	8
	Internship Results and Outcomes	9
	Key Lessons from the IELTS Preparation	10
	Future Plans	11
	Conclusion	12
	Appendix 1	1

Abstract

This report shares the experience of an internship journey connected with IELTS preparation. The main focus is on the strategies and methods used during this time and how they helped to improve English skills. It also shows how classroom learning was applied in real-life practice for the IELTS test.

The report first talks about the goals and objectives set at the beginning of the journey. Then it describes the steps and methods followed to complete different tasks. Activities are explained before the exam, on the test day, and after the exam so that the whole process becomes clear. The challenges faced during preparation and the ways of overcoming them are also discussed.

In the reflection part, the skills gained are highlighted, such as time management, exam techniques, and critical thinking. These skills supported both personal growth and academic learning. The outcome of the report points to the importance of regular practice and proper planning for success in IELTS. This experience may also give guidance to future candidates in their own preparation journey.

Introduction

IELTS (International English Language Testing System) is an exam that checks English skills for study, work, or living abroad. Since English is widely used around the world, a good IELTS score is often needed for university admission, job opportunities, or even immigration. This makes IELTS an important step for many students and professionals. Preparing for the exam is not only about language testing but also about building skills that help in real academic and career life.

The main purpose of this internship is to improve English ability while preparing for the IELTS test. With regular practice and planning, the target is to get a good band score in all four parts: listening, reading, writing, and speaking. Along with the score, this journey also gives useful strategies, confidence, and experience that will be helpful in future studies and professional life. Achieving success in IELTS can create chances at a global level and support long-term goals.

Internship Objectives

The primary objectives of this report are as follows:

This report aims to accomplish the following purposes:

1. Part of my intern experience is to be brief on how the whole process looked like when getting ready for the International English Language Testing System (IELTS) exam.
2. To look at some of the strategies and techniques I use during preparation to improve my skills in each of the four key language activities: listening, reading, writing, speaking.
3. Summary of the difficulties faced during internship and understanding on how to overcome these obstacles with an effective planning, dedication.
4. A medium to show the practical use of concluded theories studied in academics courses at a real-time test preparation.
5. Emphasize how the experience has contributed to personal growth, skill development and an understanding of their learning experiences as they apply to future academic and professional goals.
6. To provide insights and recommendations that may assist future IELTS candidates in adopting strategic and disciplined approaches toward their own test preparation.

Research Methodology

This report is based on a hands-on and reflective approach to preparing for the IELTS exam during the internship course (ENG 431). Most of the information comes from personal practice, observations, and self-checks, along with official IELTS materials like sample tests and guides.

A study plan was made to improve all four skills: listening, reading, writing, and speaking. The plan included exercises such as timed writing tasks, listening practice, reading comprehension, and speaking simulations to copy real exam conditions. Mock tests were done regularly to see progress and find weak areas.

Looking back at the preparation process, every practice session played a role in showing what was working and what was not. After each task, I tried to notice small mistakes, adjust my strategies, and focus on areas that still needed improvement. This step-by-step reflection made the learning process more personal and effective rather than mechanical.

The overall preparation became a mix of classroom knowledge and practical exam techniques. Instead of only aiming for good results in IELTS, the experience turned into a way of learning how to plan, practice, and stay consistent. I believe this habit of reflecting and improving will be useful not only for future IELTS candidates but also for my own academic and professional growth.

Experience of My internship

My internship journey was not easy from the beginning. I took self-preparation so that it was difficult for me to find suitable guideline. I watched many videos from different YouTube channel and took help from my friends. I have learned many things from my journey and prepared a routine which I strictly followed throughout my IELTS preparation. At first, I found that IELTS journey was not an easy thing. It needed patience, dedication, and commitment. It was not about leaning anything quickly. It was about slow progression within the time. I used diverse tips and tricks which I had learned from various YouTube channel. My main aim was to enhance the four skills of the IELTS. IELTS is not only crucial for studying in foreign country but also it helps anyone to improve their English proficiency. Similarly, it helps anyone to fulfill their dream to migrate in another country for better lifestyle. Having a good IELTS score has so many benefits. That's why, I took full preparation with dedication. I have practiced regularly and participated in mock tests so that I can understand my limitations. The internship journey helps me to gain confidence, learn new strategy, and prepare myself for the future.

Before Exam Activities

Selection of Study Materials:

Choosing the right study resources was a crucial part of my preparation for the IELTS exam. To cover all parts of the test effectively and fit my learning preferences, I gathered a diverse range of materials:

- **Books:** I invested in well-regarded IELTS preparation books, such as the Cambridge IELTS series, IELTS writing task 1+2 by Rachel Mitchell, Makkar for speaking which provided clear explanations and numerous practice exercises.
- **Online Resources:** I explored websites like the British Council and IELTS Liz, IELTS Advantage, Banglay IELTS, IELTS Mahir which offered free practice tests, tips, and valuable advice. Participating in online forums and groups helped me connect with others preparing for the exam, enhancing my learning.
- **Practice Tests:** I regularly took official practice tests to familiarize myself with the exam format and timing, especially those from the British Council to ensure authenticity.
- **Listening Practice:** Since the listening section involved various English accents, I listened to audio materials including podcasts, news broadcasts, and IELTS listening CDs to improve my comprehension and adapt to different speech patterns.
- **Vocabulary and Grammar:** I used IELTS-specific books and mobile applications to expand my vocabulary and refine my grammar skills, critical for the writing and speaking parts.
- **Tips and Guides:** I studied resources that offered strategic advice on managing time during the test and approaches for each section, which helped me optimize my preparation and exam performance.

Study Schedule and Time Management:

While preparing for IELTS, I understood that proper planning and time management were very important. I tried to balance my exam practice with my other daily work and classes. First, I

checked how much time I could give each day and made a small study routine. I set clear goals, like my target band score, and divided them into weekly tasks for listening, reading, writing, and speaking.

I kept a notebook to plan my daily schedule. I gave more time to the topics I found harder. To stay focused, I often used the Pomodoro method, where I studied for about 25 minutes and then took a short break. I also made sure not to multitask so that I could give full attention to one skill at a time. Taking regular breaks helped me stay fresh, and I adjusted my plan whenever something unexpected came up.

Engaging in Various Study Methods:

During my preparation, I tried different study methods to see which one helped me the most. For self-study, I chose a quiet place without distractions and used books, sample papers, and online resources. I kept checking my progress through small quizzes and practice tests, which showed me where I was weak.

Sometimes I also studied with friends who were preparing for IELTS. In group study, we shared ideas, exchanged materials, and practiced speaking together. This made learning more enjoyable and also gave me confidence.

Tracking Progress:

Keeping track of my progress was very useful. I took regular mock tests under exam-like conditions to see how well I was improving. After each test, I checked my mistakes carefully and tried not to repeat them. I also asked for advice from my teachers and friends to get better feedback.

I kept a simple record of my scores, which motivated me whenever I saw improvement. I gave extra effort to the areas where I was weak, such as listening or writing. By practicing more on those parts, I noticed steady progress. This process of testing, reviewing, and practicing helped me prepare better and gave me more confidence for the final exam.

Activities During the Exam

On the day of the IELTS exam, there was a mix of excitement and nervousness. The day started with a healthy breakfast, and all necessary items like ID, exam ticket, and pens were checked. The trip to the exam center was planned in advance to avoid delays. Taking a few deep breaths before entering the exam room helped to stay calm and focused.

During the test, staying calm and concentrating on each question was the main goal. Instructions were followed carefully, and time was managed to avoid rushing or spending too long on one question. After finishing, a quick reflection on easier and harder parts was done, but focus shifted to other tasks to reduce stress.

For the listening section, scanning questions first and noting keywords helped to catch important details. In the reading section, skimming passages for main ideas and guessing when unsure maximized the score potential. Writing answers were carefully planned and reviewed for mistakes, while speaking answers were delivered clearly, with organized thoughts and enough detail.

Even with good preparation, the exam felt more challenging due to nerves, and performance didn't feel perfect. This is normal after an important test, and keeping a balanced view while waiting for results is important.

Activities After the Exam

After finishing my IELTS exam, I had to wait for the result which was published on August 20, 2025. That waiting time felt a little long. Sometimes I thought about the parts I did well and also the parts that were difficult, but I tried not to overthink too much.

To keep myself busy, I continued some light practice like reading short English articles, listening to podcasts, and sometimes talking in English with friends. This helped me stay connected with the language without feeling pressure.

I also started planning ahead. If my score turned out well, I was ready to move on with my study and career plans. But if the result was not good enough, I thought I would prepare again and focus on the weaker areas.

Overall, the time after the exam was mostly about staying calm, hopeful, and keeping a little practice so that I don't lose touch with English before the result came out.

Internship Results and Outcomes

My internship was mainly about IELTS preparation, and honestly, it helped me a lot to improve my English. By practicing listening, reading, writing, and speaking every day, I slowly started to understand the test format better and gained some confidence. On the exam day I was nervous, but the practice taught me how to manage time and control stress. The self-checks and feedback during practice also helped me to notice my weak points and work on them step by step.

Besides language improvement, this internship also taught me discipline, patience, and how to stay organized. I could also connect what I learned in class with the real exam practice. Now I am waiting for my IELTS result which will come on August 20, 2025. No matter what the score is, I feel this internship has given me a strong foundation for my future studies and career. I think it was a very important step for me, not just for IELTS, but also for learning how to face challenges in a better way.

Key Lessons from the IELTS Preparation

Preparing for IELTS taught many useful lessons beyond just learning English. One big challenge was handling the stress of the exam day. Even after practicing a lot, the real test can feel overwhelming. Staying calm and focused was very important to do well.

Hard work and regular practice were key to improving in listening, reading, writing, and speaking. Progress was slow at times, but steady effort and learning from mistakes made a difference. Patience was important when topics seemed difficult or practice was frustrating.

Staying calm during the exam helped a lot. Simple things like deep breaths, positive thinking, and focusing on what was already prepared made confidence better. Overall, these lessons managing exam pressure, working consistently, being patient, and staying calm are useful not just for IELTS but also for future studies and career challenges.

Future Plans

After IELTS, the next steps depend on the score. If the desired band is achieved, it will open many opportunities. The first plan is to study abroad at a good university, which will help gain more knowledge, explore new fields, and experience international life.

A good IELTS score will also help with jobs in international companies where English is important. It will make communication easier and increase chances for career growth. If planning to move to an English-speaking country, the score will also help meet immigration requirements and explore new cultures.

Overall, getting the target score will start a new chapter for studies, career, and global experiences. The skills, discipline, and practice gained during IELTS preparation will be very useful. After achieving the score, the plan is to keep improving English through learning, professional work, and interacting with people from around the world.

Conclusion

This internship report shares the journey of preparing for IELTS through regular practice and planning. It helped to understand the exam structure and why IELTS is important for studying, working, and future opportunities abroad. Using different study materials, managing time, and practicing all four skills listening, reading, writing, and speaking helped improve English.

The experience also taught lessons about handling nerves and pressure during the exam. Self-preparation, self-checking, and feedback from the supervisor helped not only with language skills but also with personal growth, discipline, and confidence. While waiting for the IELTS result, there is hope that these skills will help in building a strong career in the future.

213-10-772

ORIGINALITY REPORT

12%	5%	0%	11%
SIMILARITY INDEX	INTERNET SOURCES	PUBLICATIONS	STUDENT PAPERS

PRIMARY SOURCES

1	Submitted to Daffodil International University	10%
	Student Paper	
2	dspace.daffodilvarsity.edu.bd:8080	1%
	Internet Source	
3	www.northregionaltafe.wa.edu.au	<1%
	Internet Source	

Exclude quotes Off

Exclude matches Off

Exclude bibliography Off