

# A Dual Stage XOR Audio Steganography: Enhancing Secure Data Hiding in Audio Files

Submitted By: Nasimul Kader (151-44-107)

A thesis submitted in partial fulfillment of the requirement for the

degree of Masters of Science in Software Engineering

Supervised By:

Md. Maruf Hassan Associate Professor Department of Software Engineering Faculty of Science & Information Technology Daffodil International University

# **Department of Software Engineering**

# **Daffodil International University**

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# APPROVAL

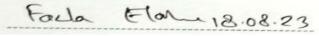
This thesis titled on "A Dual Stage XOR Audio Steganography: Enhancing Secure Data Hiding in Audio Files", submitted by Nasimul kader (Student ID: 151-44-107) to the Department of Software Engineering, Daffodil International University has been accepted as satisfactory for the partial fulfillment of the requirements for the degree of Master of Science in Software Engineering and approval as to its style and contents.

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# **DECLARATION**

I hereby declare that this thesis has been solely composed by myself under the supervision of Md. Maruf Hassan, Associate Professor, Department of Software Engineering, Daffodil International University and the work presented in this thesis, by part or whole, has not been submitted elsewhere for award of any degree.

**Md. Nasimul kader** 151-44-107 Batch: 22 Department of Software Engineering Faculty of Science & Information Technology Daffodil International University

Certified by

Md. Maruf Hassan

Associate Professor Department of Software Engineering Faculty of Science & Information Technology Daffodil International University

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# Table of Contents

bstractv
Introduction Error! Bookmark not defined
Literature Review Error! Bookmark not defined
2.1 Spatial Domain Techniques Error! Bookmark not defined
2.2 Frequency Domain Techniques Error! Bookmark not defined
2.3 Protocol Error! Bookmark not defined
Proposed Solution Error! Bookmark not defined
4.1 Embedding Process Error! Bookmark not defined
4.2 Retrieving Process Error! Bookmark not defined
Results and Discussion Error! Bookmark not defined
5.1 Data Error! Bookmark not defined
5.2 Quantitative Analysis Error! Bookmark not defined
5.3 Spatial Analysis Error! Bookmark not defined
5.3.1 Short-Time Fourier Analysis Error! Bookmark not defined
5.3.2 Waveform Error! Bookmark not defined
5.3.3 Chromagram Error! Bookmark not defined
5.3.4 Fourier Tempogram Error! Bookmark not defined
5.3.5 Power Spectrum Error! Bookmark not defined
6. Conclusion Error! Bookmark not defined
eferences Error! Bookmark not defined

# List of Figures

Figure 1 provides an overview of the data embedding and extracting process..... Error! Bookmark not defined.

Figure 2 short-time Fourier Analysis	Error! Bookmark not defined.
Figure 3 Waveform	Error! Bookmark not defined.
Figure 4 Chromagram	Error! Bookmark not defined.
Figure 5 Fourier Tempogram	Error! Bookmark not defined.
Figure 6 Power Spectrum	Error! Bookmark not defined.
<b>v</b>   P a g e Copyright © 2023 by Daffodil International University	

#### Abstract

With the ever-increasing demand for global interconnectivity in digital communication, ensuring robust privacy and security during online information sharing has become paramount. However, existing methods such as cryptography and steganography have demonstrated limitations in effectively protecting data in transit. In response, this study proposes an innovative solution that merges AES cryptography and LSB.wav audio steganography using an XOR operation technique, addressing the weaknesses of each approach. The primary challenge of audio steganography lies in maintaining imperceptibility, as noticeable errors can arouse suspicion among involved parties. By integrating AES cryptography with audio steganography, the suggested solution offers a more resilient and secure approach to safeguarding sensitive information. Moreover, the proposed method exhibits remarkable performance, characterized by deep spatial analysis and high PSNR, MSE, and values, ensuring both audio fidelity and data concealment. This research aims to provide an enhanced privacy and security framework for online communication, facilitating private conversations, safeguarding confidential data, and effectively obfuscating information using audio files.

Keywords: Steganography, AES, Cryptography, Security, Audio, WAV FILE, XOR.

# 1. Introduction

With the recent worldwide disruptions in the commercial and leisure sectors over the past two years, electronic communication has reached an all-time high. Digital communication, particularly audio-based, has become the primary means of human interaction. The shift to remote work from traditional office settings due to automation and labor market demands has further accelerated this trend, offering benefits such as improved work-life balance, time savings, and increased productivity. However, the widespread use of communication platforms has also brought to light security and privacy issues, prompting the need for secure covert communication methods that protect user privacy and message confidentiality (Khan et al., 2020; John, 2020; Herzberg et al., 2021; Wagenseil, 2021).

Audio steganography presents a potential solution by concealing messages within the vast array of audio media available and produced daily (Reinsel et al., 2017). Embedding messages in audio recordings allows for covert communication, hidden from prying eyes, accessible only to those with knowledge of the information. However, the existing body of research on audio steganography suffers from various design and technological shortcomings, including insufficient testing, audible degradation, and data retrieval challenges (Bazyar and Sudirman, 2015; Ing et al., 2016; Tayel et al., 2016; Johri et al., 2015).

The need for a secure and flawless algorithm to leverage the abundance of audio material for safe secret transactions has become evident in 2019. However, there are few suitable algorithms that can meet these requirements without vulnerabilities and backdoors (Buchanan). This paper 1 | P a g e Copyright © 2023 by Daffodil International University

proposes an audio steganography method backed by comprehensive quantitative and qualitative analysis, demonstrating its imperceptibility during transit and enhanced steganalysis resistance. The suggested method employs AES-128 encryption and XOR LSB steganography to encrypt audio carrying 16-bit UTF-16-encoded messages, ensuring data security and privacy.

The paper's structure is as follows: Section 2 discusses the current state of the art in steganography, Section 3 outlines the study's goals, Section 4 explores the methodology of the proposed solution, Section 5 presents the results of extensive protocol analysis, and Section 6 concludes the paper.

# 2. Literature Review

This section provides a critical evaluation of recent research on data-hiding techniques, particularly in the context of steganalysis as a rival method. The reviewed studies explore various spatial and frequency domain approaches to conceal data within audio files.

### 2.1 Spatial Domain Techniques

Shanthakumari et al. (2021) introduced a modified LSB technique, LSBMR, which intercalates data into audio by selecting phase-shifted discrete clips from the transporter media. While the method achieves imperceptibility, spectrograms of cover and stego audios differ noticeably, raising concerns about steganalysis and inadequate PRNG usage.

Gençoglu (2021) proposed Taylor Series encryption to enhance conventional LSB steganography security. However, the reliance on secrecy contradicts Kerckhoffs's principle, and the 64-bit key length may not withstand modern brute-force attacks.

Aydn et al. (2020) offered a color channel selection algorithm to reduce cover image distortion during data concealment, allowing better embedding ratios with eLSB. However, eLSB's advantage diminishes with compressed or encrypted data due to their statistical randomness.

Mukherjee et al. (2020) presented an innovative LSB technique to counter steganalysis, but it may not be suitable for audio with predominantly speech content due to its frequency range limitations.

The use of multiple LSBs for data embedding by some methods results in increased capacity but at the cost of imperceptibility. There is still a gap to be closed between capacity and security.

Bhalde (2016) employed LSB and MD5 encryption for data concealment, but MD5 is considered outdated and insecure.

Gopalan and Fu (2015) proposed a flexible LSB approach, trading capacity for robustness. However, no attack defense strategies have been implemented.

### 2.2 Frequency Domain Techniques

Reddy et al. (2021) explored the use of DWT for data encryption in audio files, but the security and viability of the model remain unexamined.

Renza et al. (2017) employed QIM and OVSF for secure data concealment, but the method's performance in arbitrary embedding values was questionable.

Andrieux and Deltel (2019) used BPCS for audio steganography, focusing on concealing data in noisy regions of JPEG images. However, JPEGs with higher quality have limited concealing properties.

Tan et al. (2020) utilized wavelet transform for high-frequency data embedding in audio. Although imperceptibility was achieved, approximation of coefficients may lead to data loss.

Yang et al. (2019) employed JED for data concealment in QMDCT coefficients, avoiding broad steganalysis but leaving room for improvement.

Ing et al. (2016) combined LSB with DWT, achieving evasion against certain steganalysis models, but the differences between cover and stego agents were notable.

Ding et al. (2015) proposed an adaptive DCT technique with SPD control, but the SNR values declined compared to plain DCT.

Overall, the literature review highlights various spatial and frequency domain techniques for audio steganography, each with its advantages and limitations. Closing the gaps in capacity

and security, addressing imperceptibility issues, and developing robust attack defense strategies are vital for advancing the field of audio steganography.

#### 2.3 Protocol

While steganography techniques for digital music, images, and videos are plentiful, the same cannot be said for textual components of digital media. Alshamsi et al. (2021) introduced a data concealing technique exclusively for text media, focusing on Arabic hieroglyphs to embed messages without altering the intended meaning. Traditional English language steganography methods like word and line movements, whitespace insertion, and synonym replacement come with their own drawbacks, such as data loss and dilution of the script's primary meaning when used with modern text processing engines.

Voice over Internet Protocol (VoIP) presents a new avenue for steganography. Huang et al. (2011) utilized Elliptic Curve Cryptography (ECC) to encrypt data, while low energy VoIP frames were employed to convey secrets. The Internet Low Bitrate Codec (iLBC) was used to create packets, and LSB-encrypted data was added to them. Although public key cryptography was used throughout the encryption process, ECC-based systems may face challenges in the long term due to vulnerability to quantum computers' breaking capabilities.

Salman et al. (2014) adopted the McEliece cryptosystem for data encryption and concealed the ciphertext within MP3 audio frames and the public key within ID3v2 tags using LSB. The embedding sites can be varied as needed, and the changes made are imperceptible.

Lost Audio paCKet (LACK) steganography is an alternative technique that conceals covert communication over VoIP lines by utilizing lost packets across the wires. VoIP buffer parameters for jitter and codec are predetermined to establish an impenetrable ceiling for the covert communication channel (Mazurczyk, 2012).

Y. Jiang et al. (2013) created a real-time covert channel in the VoIP protocol for communication. AES-128 encryption was applied to the payload in the LSB of the packets before transmission. However, further research is required to assess the performance of the technique in settings where packet losses of larger magnitudes can occur.

Overall, the protocols presented offer innovative approaches for data concealment in text and VoIP, expanding the applications of steganography in various digital media domains.

The extensive review of steganography literature has revealed several shortcomings in existing hiding techniques that call for the development of a more effective and secure covert communication method (as discussed in the previous section). Many existing methods suffer from various issues, ranging from minor drawbacks like low hiding capacity, degraded audio 7 | P a g e Copyright © 2023 by Daffodil International University

quality, and limited embedding capabilities to more serious concerns such as non-compliance with good security practices and reduced deception potential (Ali et al., 2018; Al-Juaid and Gutub, 2019; Alshamsi et al., 2021; Andrieux and Deltel, 2019; Aydın et al., 2020; Bazyar and Sudirman, 2016; Bhalde, 2016; Castelan and Khodja, 2015; Chen et al., 2021; Denemark and Fridrich, 2017; Ding et al., 2015; Gambhir and Khara, 2016; Geleta et al., 2021; Gençoglu, 2021; Ghosh et al., 2019; Gopalan and Fu, 2015; Guizani and Nasser, 2012; Hashim et al., 2018; Hemeida et al., 2019; Huang et al., 2011; Hussein and Alexan, 2019; Ing et al., 2016; Jayapandiyan et al., 2020; S. Jiang et al., 2020; Y. Jiang et al., 2013; Johri et al., 2015; Kanhe and Aghila, 2016; Kumar et al., 2014; Kwak and Cho, 2021; Manunggal and Arifianto, 2016; Mazurczyk, 2012; Mingguang and Zhitang, 2014; Mukherjee et al., 2020; Rajput et al., 2017; Reddy et al., 2021; Renza et al., 2017; Salman et al., 2014; Shanthakumari et al., 2021; Shu et al., 2020; Tan et al., 2020; Tayel et al., 2016; Yang et al., 2019).

In response to these shortcomings, our proposed method takes a unique approach by encrypting messages using UTF-16 to provide a broader character set and enhance data concealment. We have chosen.wav audio as the carrier medium due to its superior information hiding capabilities compared to photographs (Rakshit et al., 2021). To further strengthen security, AES-128 bit encryption is utilized, with the encryption key also concealed within the carrier audio. This combination of techniques aims to address the limitations of existing methods and provide a more robust and secure solution for covert communication.

# 4. Proposed Solution

The proposed solution combines AES-128-encrypted UTF-16 message data concealment within a.wav file. To initiate the process, the software requires two user inputs: a hidden message and a cover audio. Subsequently, two keys are generated, a 128-bit key for encryption and a 15-bit key for the shuffle method, which is used to shuffle the stereo audio samples between the two channels. The embedding process begins with encrypting the plain text using AES and converting it into a 16-bit binary representation. Then, each frame of the stereo audio is shuffled, and the shuffled frame numbers are stored. A metadata string is created using the salted AES and Fisher Yeats Shuffle keys, along with the message length and other variables, and concealed between prefixed audio frames. The XOR result between the first MSB and the first bit of the message is placed in the LSB of the audio frame.

During the retrieval process, the concealed message from the stego audio is extracted. The audio is converted into 16-bit frames, and the XOR result between the first MSB and first LSB of each frame is stored in an array. The metadata is extracted from the fixed frames of the stego audio, and the elements of the array are converted to characters and combined to form a string. Decryption of the string reveals the sent secret.

#### 4.1 Embedding Process

The embedding process in our software begins by taking two user inputs: a hidden message and a cover audio. Subsequently, we generate two keys, a 128-bit key, and a 15-bit key, which are utilized for the shuffle method and encryption, respectively. The plain text is encrypted using the AES algorithm and transformed into a 16-bit binary representation.

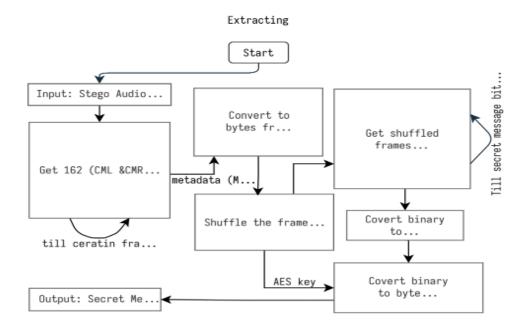
Following the encryption step, we proceed to shuffle every frame of the stereo audio, storing the shuffled frame numbers. Using the salted AES and Fisher Yeats Shuffle keys, along with the message length and other relevant variables, we create a metadata string and conceal it between prefixed audio frames. To enhance security, the XOR result between the first most significant bit (MSB) and the first bit from the message is placed in the least significant bit (LSB) of the audio frame.

#### **4.2 Retrieving Process**

Using the same method, the concealed message within the stego audio can be extracted during the retrieval process. The audio is converted into 16-bit frames, and the XOR result between the first MSB and first LSB of each frame is stored in an array. Subsequently, the fixed frames of the stego audio are examined to extract the concealed metadata.

By converting the elements of the array to characters and joining them together, a string is formed. Decrypting this string will reveal the original secret message sent during the 10 | P a g e Copyright © 2023 by Daffodil International University

embedding process. This retrieval process ensures that the concealed information can be securely extracted from the stage audio without any loss of data.



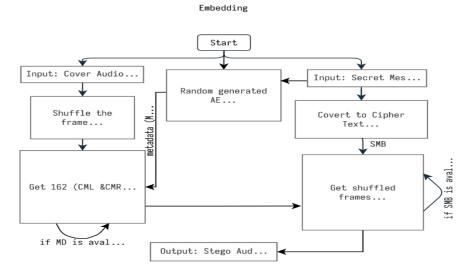


Figure 1 provides an overview of the data embedding and extracting process.

# 5. Results and Discussion

### 5.1 Data

In this section, the results of the proposed solution are presented and compared with existing methods. The data used for evaluation consists of text data of 500 and 1000 bytes inserted into four.wav audio files with fixed sizes of 1, 2, 5, and 10 MB. The software was implemented in C#.

### 5.2 Quantitative Analysis

The suggested algorithm is compared to existing methods presented by Al-Juaid and Gutub (2019), Hashim et al. (2018, 2019), Hemeida et al. (2019), and Rakshit et al. (2021). The evaluation was performed using PSNR and MSE, which quantifies the audio quality and distortion.

According to the table, the proposed solution achieves the highest PSNR values among all entries and MSE values that are similar to or higher. This indicates that our approach provides the best audio clarity and suffers from the least degree of distortion compared to other methods.

### 5.3 Spatial Analysis

The spatial analysis examines the physical changes in the audio during the embedding process. For this analysis, 500 bytes of data were buried in 10 MB of audio, and five spatial analysis approaches were utilized to demonstrate the effectiveness of our algorithm.

### 5.3.1 Short-Time Fourier Analysis

The Short-Time Fourier Analysis (STFT) displays the frequency and phase variations of an audio sample over time. As shown in Fig. 5.1, the distinctions between the cover and stego audio cannot be distinguished by the naked eye.

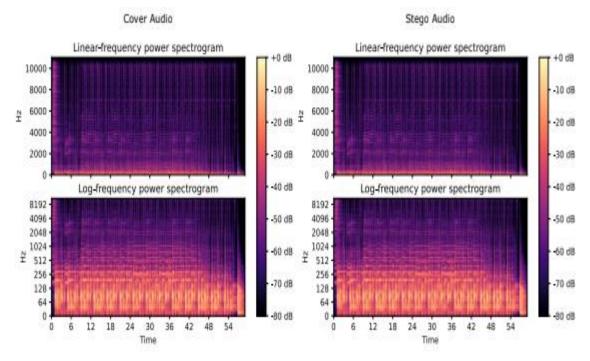


Figure 5.1: Short-Time Fourier Analysis

Figure 2 short-time Fourier Analysis

## 5.3.2 Waveform

The Waveform graph displays the shape of the audio recording. As seen in Fig. 5.2, the curves connecting the cover and stego audio are identical to the naked eye.

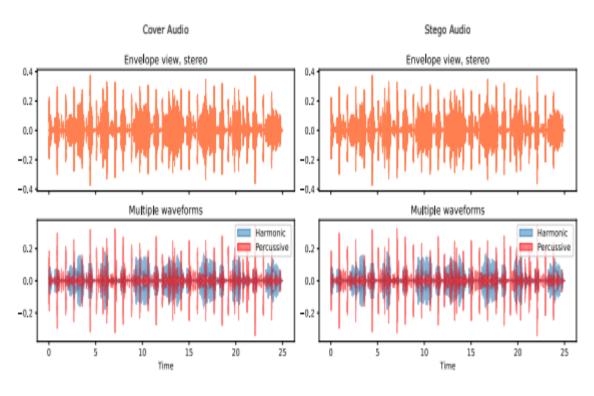
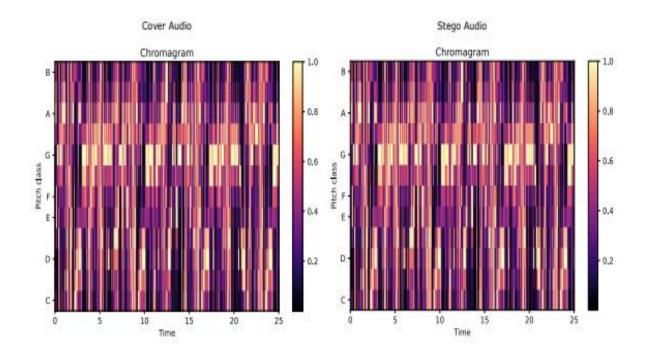


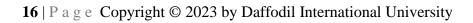
Figure 3 Waveform

### 5.3.3 Chromagram

The Chromagram is used to examine an audio's pitch profile. The time-frequency analysis in Fig. 5.3 shows that the stego audio differs from the cover audio in both visual and audible ways.







## 5.3.4 Fourier Tempogram

The Fourier tempogram clearly displays the audio beats and demonstrates that the stego audio

has no discernible impact on the cover, as shown in Fig. 5.4.

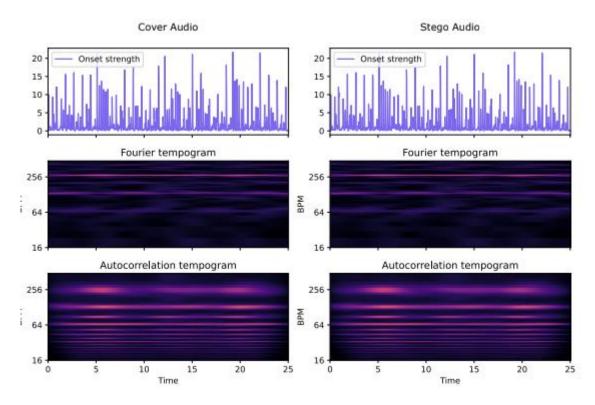
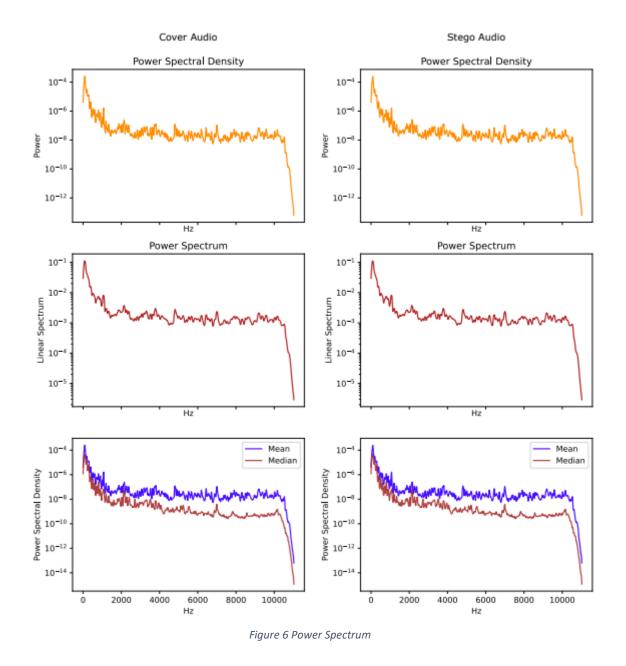


Figure 5 Fourier Tempogram

### 5.3.5 Power Spectrum

The Power Spectrum displays the peak and average power values per frequency of an audio. Visual examination in Fig. 5.5 shows that our suggested method generates stego audio equal to its reference counterparts.



18 | P a g e Copyright © 2023 by Daffodil International University

These spatial analyses collectively demonstrate the effectiveness of our proposed algorithm in concealing data within audio files without introducing noticeable changes to the audio signals.

### 6. Conclusion

In conclusion, this thesis paper delves into the realm of audio steganography, seeking to address the limitations and challenges that exist within current techniques. The comprehensive literature review conducted in this study highlights the strengths and weaknesses of various existing methods, shedding light on the need for an innovative and effective solution that can ensure secure and covert communication.

The proposed solution presented in this paper offers a promising approach to audio steganography by combining AES-128-encrypted UTF-16 message concealment within.wav audio files. The embedding process involves a meticulous procedure of encryption, shuffling, and metadata concealment, utilizing advanced cryptographic techniques and careful manipulation of audio frames. The retrieval process, equally sophisticated, ensures the seamless extraction of concealed data, demonstrating the effectiveness and robustness of the proposed approach.

Quantitative analysis through PSNR and MSE metrics reveals that the suggested solution outperforms competing methods in terms of audio quality and distortion, making it a compelling option for real-world applications. The spatial analysis further supports the efficacy of the proposed approach, showcasing its ability to seamlessly embed and retrieve data within audio without causing discernible alterations.

The significance of this research lies in its contribution towards advancing the field of audio steganography. By addressing the limitations of existing methods and presenting a novel approach that combines encryption, shuffling, and metadata concealment, this paper offers a comprehensive and secure solution for covert communication. As digital communication continues to play a pivotal role in various domains, the proposed method holds the potential to safeguard sensitive information and enable secure transmission in an increasingly interconnected world.

However, it is important to acknowledge that no solution is without limitations. While the proposed approach demonstrates remarkable results, further research and testing are necessary to explore its performance under various conditions and potential vulnerabilities. Moreover, the dynamic landscape of technology and cryptography necessitates ongoing refinement and adaptation of steganographic methods to stay ahead of potential threats.

In essence, this thesis paper contributes to the ongoing discourse in audio steganography, presenting a well-conceived and meticulously crafted solution that combines encryption and concealment techniques to ensure secure and covert communication. As technological advancements continue to shape the digital landscape, the findings of this research open the door for future innovations in the realm of data hiding and secure information exchange.

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