

Modelling the Interplay Between Neuron-Glia Cell Dysfunction and Glial Therapy in Autism Spectrum Disorder



Aziz Unnisa¹, Nigel H. Greig² and Mohammad Amjad Kamal^{3,4,5,6,*}

¹Department of Pharmaceutical Chemistry, College of Pharmacy, University of Hail, Hail, KSA; ²Drug Design & Development Section, Translational Gerontology Branch, Intramural Research Program, National Institute on Aging, National Institutes of Health, Baltimore, Maryland, MD 21224, USA; ³Institutes for Systems Genetics, Frontiers Science Center for Disease-related Molecular Network, West China Hospital, Sichuan University, China; ⁴King Fahd Medical Research Center, King Abdulaziz University, Jeddah, 21589, Saudi Arabia; ⁵Department of Pharmacy, Faculty of Allied Health Sciences, Daffodil International University, Dhaka, 1207, Bangladesh; ⁶Enzymoics, Novel Global Community Educational Foundation, 7 Peterlee place, Hebersham, NSW 2770, Australia

Abstract: Autism spectrum disorder (ASD) is a complicated, interpersonally defined, static condition of the underdeveloped brain. Although the aetiology of autism remains unclear, disturbance of neuron-glia interactions has lately been proposed as a significant event in the pathophysiology of ASD. In recent years, the contribution of glial cells to autism has been overlooked. In addition to neurons, glial cells play an essential role in mental activities, and a new strategy that emphasises neuron-glia interactions should be applied. Disturbance of neuron-glia connections has lately been proposed as a significant event in the pathophysiology of ASD because aberrant neuronal network formation and dysfunctional neurotransmission are fundamental to the pathology of the condition. In ASD, neuron and glial cell number changes cause brain circuits to malfunction and impact behaviour. A study revealed that reactive glial cells result in the loss of synaptic functioning and induce autism under inflammatory conditions. Recent discoveries also suggest that dysfunction or changes in the ability of microglia to carry out physiological and defensive functions (such as failure in synaptic elimination or aberrant microglial activation) may be crucial for developing brain diseases, especially autism. The cerebellum, white matter, and cortical regions of autistic patients showed significant microglial activation. Reactive glial cells result in the loss of synaptic functioning and induce autism under inflammatory conditions. Replacement of defective glial cells (Cell-replacement treatment), glial progenitor cell-based therapy, and medication therapy (inhibition of microglia activation) are all utilised to treat glial dysfunction. This review discusses the role of glial cells in ASD and the various potential approaches to treating glial cell dysfunction.

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1. INTRODUCTION

Autism spectrum disorders (ASD) are a broad name for neurodevelopmental diseases that manifest primarily in infancy and are marked by qualitative speech impairment, abnormal interpersonal interactions, and restricting behavioural

traits. Autistic disorders are characterised by abnormal neural network development and aberrant neurotransmission imbalance. Neurotoxic damage is caused by excess reactive oxygen species (ROS), reactive nitrogen precursors, cytokine production, and proteolytic enzymes. Both the growth of neural circuits and the management of oxidative stress rely on neuroglial cells, particularly astroglia, which is the primary source of ROS buffers. Microglia are the primary source of pro-inflammatory cytokines, whereas astroglia influence all aspects of the developing brain, maturity, and senescence [1]. These findings support a unique concept regarding the disturbance of homeostatic neuron-glia connections as a fundamental component in the pathophysiology of ASD. This

*Address correspondence to this author at the Institutes for Systems Genetics, Frontiers Science Center for Disease-related Molecular Network, West China Hospital, Sichuan University, China; King Fahd Medical Research Center, King Abdulaziz University, Jeddah, 21589, Saudi Arabia; Department of Pharmacy, Faculty of Allied Health Sciences, Daffodil International University, Dhaka, 1207, Bangladesh; and Enzymoics, Novel Global Community Educational Foundation, 7 Peterlee place, Hebersham, NSW 2770, Australia; E-mail: prof.ma.kamal@gmail.com

review highlights the association between the dysfunction of glial cells and ASD development and the various potential approaches to treating glial cell dysfunction.

In addition to neurons, glial cells play an essential role in mental activities, and a new strategy that emphasises neuron-glia interactions should be applied [2]. Glial cells (including astrocytes, oligodendrocytes, and microglial cells) have a well-established role in supporting neurons, providing potential mechanisms for regulating neuronal communication. They help in regulating extracellular ion homeostasis, eliminate neurotransmitters from the synaptic cleft with the help of membrane transporters, make molecular substrates available to meet the requirement of energy by neurons and for the synthesis of the neurotransmitter, and secrete a variety of neuromodulatory molecules ranging from growth factors to cytokines, along with ATP and adenosine. Glial cells can then control the flow of information through neural networks located in the retina, CNS, and at synaptic junctions within muscle [3].

2. TYPES OF GLIAL CELLS AND THEIR FUNCTIONS

The functions of different types of glial cells, *i.e.*, microglial cells, astroglial cells and oligodendrocytes in brain development, are summarised in Fig. (1).

3. NEURON-GLIAL INTERACTIONS

Due to progress in genetic and imaging techniques, the complicated connection between neurons and glia and their cooperative roles in forming synapses is now becoming clear [4]. Several processes involved in the development of the brain, including neurogenesis, synapse formation, myelination, proliferation, differentiation, and migration of neurons and neuronal signalling, are all regulated by neuron-glia interactions. Most of what we know about neuron-glia interactions is the influence of glial cells on neuronal development. But, according to recent studies, these two cell types have a mutual impact [5].

Microglia and neurons interact on several levels, from indirect interactions *via* soluble messengers to direct contacts of their membranes, with more advanced controlled functions of both microglia and neuron towards minimising the distance between the membranes of these cells [6]. Synapses are the sites of some of the most well-studied microglia-neuron interactions. During development, a period of intense synaptogenesis produces many synapses. Synaptic pruning, a mechanism dictating activity-dependent removal of superfluous synapses in which complement-dependent phagocytosis of microglia is thought to play a crucial role, is then used to optimise neural networks. Microglia regulate neuronal growth and cellular survival, which helps shape the CNS during development [7]. The interactions between neurons and different glial cells are summarised in Fig. (2). Latest developments in microglial genetic targeting make it possible to explicitly tackle issues with signal transduction in microglial activation [8]. During autoimmune pathology, selective excision of TAK1 (TGF-activated kinase) in microglia decreased NF- κ B, JNK, and ERK1/2 pathways, decreased microglial activation, CNS inflammation, and neuronal damage, thereby suppressing the neuroinflammation [9].

The role of astrocytes in the development, maintenance, and plasticity of neural networks has been a topic of extensive investigation in recent decades. Astrocytes offer structural and metabolic support to neuronal networks, regulate the activity of neurons and neural plasticity, and assist in developing neuronal circuits. Furthermore, astrocyte-neuron interaction is essential for neuroprotection and is implicated in advancing neurological disorders in numerous cases [10]. Although astrocytes are poorly understood, the emerging study indicates that neurons act as modulators of astrocyte gene expression and differentiation [5]. One indicator of astrocyte activity is S100B. The elevated external levels of S100B, produced by injured astrocytes, may be a biomarker for transient brain injury, neurological distress, and perhaps neurodegenerative illnesses.

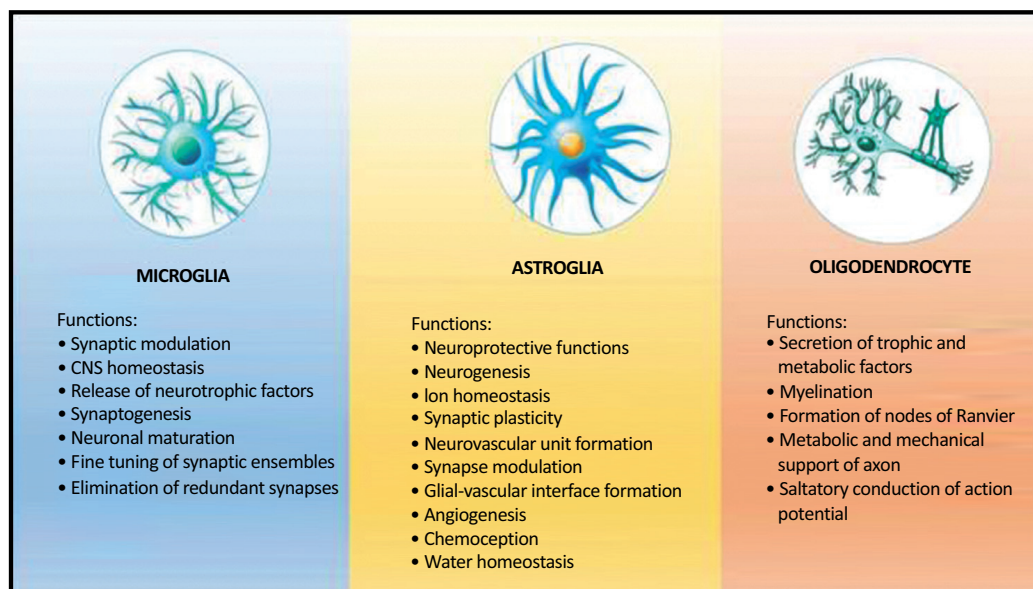


Fig. (1). Glial cells - types and their functions. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

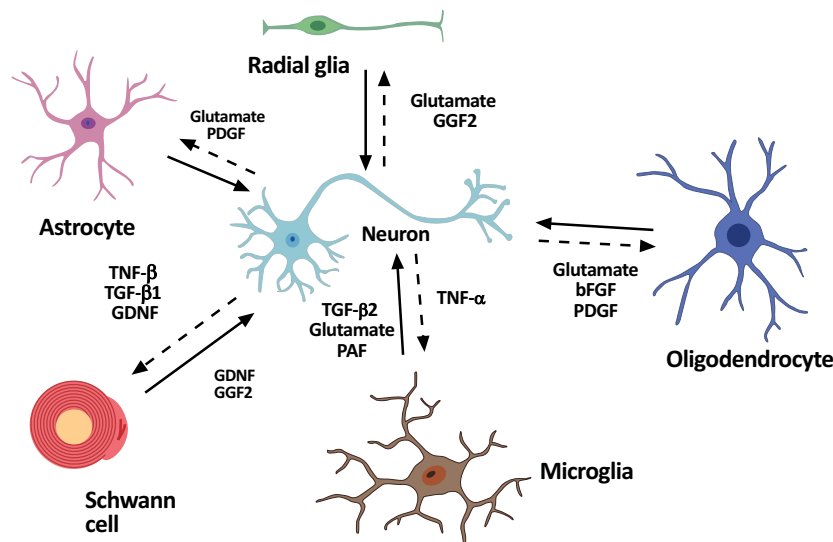


Fig. (2). Neuron-glia interaction. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

Oligodendrocyte-aided myelination of neurons is a significantly intricate cell-to-cell interaction. Because their axons and myelin sheaths are nearby, it is hard to believe that there is no interaction between neurons and oligodendrocytes. Neuron-oligodendrocyte interaction is a reciprocal signalling system where oligodendrocytes receive signals from axons that regulate their myelination, and oligodendrocytes alter the form and conduction of axons [11].

According to studies, radial glia (during CNS development) and astrocytes (in the adult CNS) act as primary precursors and critical components of neurogenic niches due to the functional heterogeneity shown by glial cells during neurogenesis, revealing previously unseen functions and new lineage associations between these cell types, as well as between neurons and glial cells. In this perspective, the glial lineage's double role actively forms and maintains neuron-glia interactions [12]. Studying higher brain functions requires knowledge of glial cell characteristics and neuron-glia interactions [13].

3.1. Importance of Neuron-Glia Interaction in Brain Development

The interactions between neurons and glia are essential for regular brain activity during development and adulthood. The significance of glia in their bidirectional contact with neurons, their versatility in diverse diseases, regulation of neuronal activity, and phenotypic alterations in response to neuronal injury have all been highlighted by new research [14]. The molecular and cellular mechanisms that support these interactions need to be clarified. Increasing evidence reveals that changes in neuron-glia interactions are linked to the development of neurodegenerative disorders known as tauopathies. There is a relationship between glial activation and neuronal damage or healing [15].

During brain development, neurons develop in the VZ and migrate into the growing neocortex, directed by nearby glial cells. After settling in, they proceed through terminal differentiation. Their extended axons and dendrites join with neighbouring neurons to form the final brain network supported by glial cells [16]. As a result of their activity, these

genetically defined connections are modified in the last stage of development [17].

Disturbance of neuron-glia connections has lately been proposed as a significant event in the pathophysiology of ASD because aberrant neuronal network formation and dysfunctional neurotransmission are fundamental to the pathology of the condition [18]. Disruptions heavily influence the pathogenesis of different neurological diseases in neuron-astrocyte connections. Abnormal glutamate receptor activation causes neuronal death, which is known as excitotoxicity. Cell death induced by glutamate may occur quickly, with a large influx of Na⁺ and Cl⁻ and cell expansion, accompanied by a large influx of Ca²⁺ and stimulation of downstream cascades, resulting in damage and, ultimately, death of neurons. Moreover, glutamate-induced damage may follow a sluggish path through the induction of apoptosis, which has been linked to pathophysiology of several neurodegenerative disorders [19]. The various models for studying the neuroglial interactions are tabulated in Table 1 [20-31].

Table 1. ASD models with neuro-glia interactions.

Type	Model	References
Genetic	TSC1 HT	[20]
	BTBR	[21]
	Shank3 KO [21]	[21]
	Scn1a HT [20]	[20]
	NLGN3 R451C KI [22]	[22]
	MeCP2 mutant [23]	[23]
	Shank2 KO [24]	[24]
	PTEN mutant [25]	[25]
Pharmacological	Valproic acid (VPA) [26]	[26]
Environmental	Methyl mercury	[27]
	Maternal immune activation (MIA)	[28-30]
	Polyinosinic: polycytidylic acid (poly I: C)	[31]

4. NEURO-GLIAL INTERACTION DYSFUNCTIONS IN AUTISM

Most neurodegenerative diseases are described as 'proteinopathies,' or toxic protein aggregates. Accumulation of proteins most commonly happens at synapses, resulting in dysfunctional synapses [32]. Autism is a complicated, interpersonally defined, static condition of the under-developed brain that is of significant concern to practising paediatricians because of an estimated 556 percent increase in paediatric incidence from 1991 to 1997, surpassing that of spina bifida, Down syndrome, or even cancer [33]. Glial cells secrete gliotransmitters such as glutamate, GABA, and cytokines, increasing inflammatory cytokines and disrupting neurogenesis [34]. In the brains of people with autism, glial cells are constantly stimulated, and their genes which respond to inflammation, are turned on, according to new research [35]. Glutamate secreted by neurons is acquired by glial cells at excitatory synapses, transformed into glutamine, and then returned to neurons. The pathology of bipolar disorder is thought to be due to changes in this system [36].

In recent years, the contribution of glial cells to autism has been overlooked. Astrocytes aid neuronal survival in normal physiological conditions by releasing growth factors and regulating the uptake/removal of excitotoxic neurotransmitters like glutamate from the synaptic milieu. Nevertheless, astrocytes can release certain factors during their activation because of injury or neuronal dysfunction that may modify inflammatory responses; they release pro-inflammatory cytokines, metalloproteinases, and chemokines which can intensify immune reactions in the CNS. In the same way, microglia activation plays a vital role in neuroglial responsiveness to damage or dysfunction. Pathophysiological responses may result in the activation of neuroglia, which exacerbates the degree of neuronal dysfunction accompanied by the irregular organisation of the cortex, like those seen in autism. The cerebellum, white matter, and cortical regions of autistic patients showed significant microglial activation [37]. In the brain and cerebrospinal fluid of several autistic individuals, inflammatory markers, including interleukin 1 (IL-1), tumour necrosis factor (TNF), and CXCL8 (IL-8), are elevated. These markers are produced when microglia are activated. In reaction to the peptide neurotensin (NT), normal microglia in culture produce IL-1 and CXCL8. The M1 phenotype is induced in microglial cultures when exposed to triggers including bacterial lipopolysaccharides, TNF, IFN, necrotic nerve cells, polymerised A β , and alpha-synuclein (Fig. 3). The transcription of MHC-II (major histocompatibility complex type II) membrane glycoprotein, the release of pro-inflammatory mediators (TNF- α , IL-1 β , IL-6 and IL12), and the generation of reactive oxygen species (ROS) are all characteristics of the typical M1 phenotype. The mediators IL-4 and IL-13 that are released *in vivo* by Th2 lymphocytes can promote the equivalent M2 phenotype, which is neuroprotective, in primary microglia [38].

This varied set of interactions may explain various clinical symptoms among individuals. However, thorough molecular studies to understand the mechanics of this connection currently need to be completed.

5. GLIAL PATHOLOGY IN AUTISM

Recently, the significance of neuroglial aspects in ASD has gained much attention because of the many lines of evidence showing glia-specific changes in both animal models of ASD and individuals with the disorder [39]. Immune and neuroglial activity have received minimal attention in neuropathological investigations of autism, and the most thorough postmortem study found gliosis and inflammatory alterations. Such neuroinflammation may contribute to and result from abnormal CNS development and activity in ASD [40]. A growing body of data suggests that glial cell malfunction plays a role in the development of ASD [41, 42]. However, the findings of these studies are sometimes complicated and inconsistent, owing to the intricacy of the cellular and molecular pathways causing ASD. Autism has been linked to discontinuous modules of co-expressed genes M16, enriched for astrocyte markers and markers of activated microglia [43]. Glial-specific markers show abnormal transcription in the brains of autistic people. The markers employed to evaluate microglial cell count and activity are still up for discussion since microglia cell-marker investigation is currently a new field of study. Through the release of regulatory cytokines, the receptor *TREM2* modulates the immunological response within the brain and is essential for triggering microglial phagocytosis.

The protein *CX3CL1* (or fractalkine) works to cause microglial relocation and adhering during the phagocytotic process. Its receptor, *CX3CR1*, encodes a protein binding site on the membrane of microglial cells to which *CX3CL1* attaches. *AIF1*, commonly termed *IBA1*, distinguishes between rested and engaged microglial cells as it encodes a protein whose transcription is persistently increased during microglial activation. The expression of type III intermediate filament protein, *GFAP* (glial fibrillary acidic protein), depends on astrocytes and is upregulated in ASD people. According to research, all microglial markers, including *TREM2*, *DAPI2*, and *CX3CR1*, are expressed higher in the Prefrontal Prefrontal cortex (PFC). However, *AIF1* failed to achieve statistical significance [44]. The astrocyte-specific marker, GFAP, was considerably overexpressed in both PFC and cerebellum in ASD brains. This pattern was most pronounced in the cerebellum, wherein *GFAP* activity was over two times greater in ASD brains than in normal brains. In the PFC and the cerebellum of ASD people, there was a significant reduction in the transcription of the pan-neuronal marker *NEFL*.

Glial cell dysfunction leads to abnormal neuro-glial interactions, which create a "hostile" environment that affects neuronal function. This can result in a systematic loss of neuronal function on a scale that seems proportionate to the degree of neurological impairment [45]. In ASD, neuron and glial cell number changes cause brain circuits to malfunction and impact behaviour [46]. Reactive astrogliosis and microglial activation have been suggested to assist the pathophysiology of ASD by exacerbating the inflammatory process produced by the immunological response. Nevertheless, detailed molecular investigations of the pathways linking glial activation to ASD aetiology are still to be carried out. The capacity of glial cells to control the formation, development, maintenance, deletion, or functioning of new synapses may be disrupted by glial cell remodelling because brain circuits

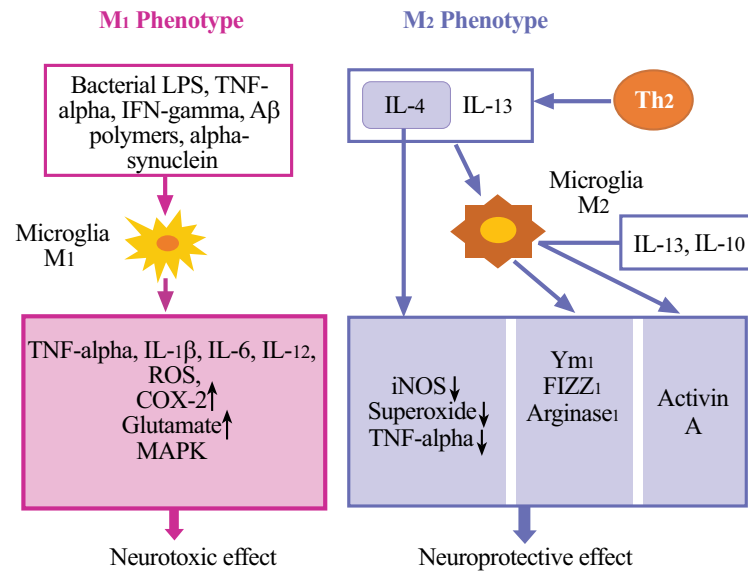


Fig. (3). Microglial activation phenotypes. **Abbreviations:** MAPK = Mitogen-activated protein kinase; TNF= Tumor necrosis factor; IFN= Interferons; ROS= Reactive oxygen species; IL= interleukin; ↑ = increase or upregulation; ↓ = decrease or downregulation. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

Table 2. Causes and results of glial cells activation.

S. No.	Cell	Cause of Dysfunction	Abnormal Functions	Results	References
1	Glial cells	<ul style="list-style-type: none"> ✓ As a result of ongoing neurodegeneration ✓ Stroke ✓ Trauma ✓ Tumour 	<ul style="list-style-type: none"> ✓ Secretion of gliotransmitters such as glutamate, GABA and cytokines 	<ul style="list-style-type: none"> ✓ Abnormal neuro-glia interactions ✓ Loss of neuronal function ✓ Disruption of neurogenesis 	[34, 45]
2	Astrocytes	<ul style="list-style-type: none"> ✓ Stroke ✓ Tumour ✓ Trauma ✓ Neurodegenerative diseases 	<ul style="list-style-type: none"> ✓ Pro-inflammatory cytokines secretion ✓ Calcium signalling abnormalities 	<ul style="list-style-type: none"> ✓ Modulate inflammatory response ✓ Intensify immune reactions in CNS 	[37, 53]
3	Microglial cells	<ul style="list-style-type: none"> ✓ Changes in the distribution of CD200 or CD200R ✓ Mediators and electric signals from the injured site ✓ Tumour ✓ Stroke ✓ Trauma ✓ Neurodegeneration 	<ul style="list-style-type: none"> ✓ Pro-inflammatory cytokine secretion ✓ Activation of inducible nitric oxide(NO)-synthase 	<ul style="list-style-type: none"> ✓ Exacerbate the degree of neuronal dysfunction ✓ Irregular organisation of the cortex 	[37, 48, 49]
4	Oligodendrocytes	<ul style="list-style-type: none"> ✓ Neurodegeneration ✓ Stroke ✓ Trauma ✓ Tumour 	<ul style="list-style-type: none"> ✓ Production of reelin product 	<ul style="list-style-type: none"> ✓ Reelin activity may lead to autism 	[55]

are particularly vulnerable to lesions impacting glial pathways linked with synapse formation. The various reasons behind the activation of glial cells and their abnormal functions are summarised in Table 2.

In vivo and *in vitro*, patient-derived iPSCs are practical tools for exploring the cellular and molecular pathways causing glial dysfunction. Glial progenitors and oligodendrocytes derived from the iPSCs of patient tissue have already been created and modelled from neural-derived cells of Rett Syndrome and ASD patients as proofs-of-concept [47].

5.1. Microglial Dysfunction in Autism

Microglial activation acts as a protective pathway in a healthy environment. Still, due to the intricate and multifaceted nature of microglial activation, minor differences can result in an amplified or poorly functioning activation, which is believed to exacerbate neurodegenerative pathology, accompanied by cytokines presenting at almost all disease stages. The CD200 glycoprotein, which prevents microglial priming and keeps microglia in a dormant state, is one of the

critical mediators whereby neurons influence glial activation. According to studies, it is possible to reverse the functioning of neurons in activating microglial cells by allowing cell culture to incubate in the medium containing the anti-CD200 antibody. It shows a specialised role of neuronal-glial interaction in keeping glial cells inactive and can be accomplished upon binding CD200 with CD200R [48]. However, changes in the distribution of CD200 or CD200R, its glial receptor, can result in microglia overactivation and neuroinflammation, both of which are associated with neurodegeneration [49]. In general, neuroinflammation is defined by increased reactivity of microglia and astrocytes, increased production and secretion of cytokines and chemokines, and inducible nitric oxide (NO)-synthase (i-NOS) activation, as seen in ASD [50]. Recent discoveries suggest that dysfunction or changes in the ability of microglia to carry out physiological and defensive functions (such as failure in synaptic elimination or aberrant microglial activation) may be crucial for developing brain diseases, especially autism. This has been confirmed by recent studies [51]. In male mice, excessive translation only in microglia, not neurons or astrocytes, causes autism-like symptoms [52].

5.2. Astrocytes and Metabolic Dysfunction

Indeed, thorough examinations of neurodevelopmental disorders with identified genetic lesions (and their related rodent models) reveal that dysfunction of astrocytes during development causes disease pathogenesis. Fragile X's mental retardation, Rett syndrome, Alexander's disease, and others. Many of these investigations have discovered that astrocyte failure has significant noncell-autonomous consequences on neighbouring neurons; consequently, understanding the causes of astrocyte dysfunction will be crucial for future therapeutic approaches [53]. In a study, it was proved that astrocyte calcium signalling abnormalities could cause autism-like behaviours in mice. Changes in astrocytes in autistic patients and animal models have been observed on multiple occasions. Unfortunately, the significance of astrocytes in autism is unknown [54]. The studies demonstrate the role of astrocytes in neuronal phenotype and validate earlier research relating IL-6 to autism, offering potential therapeutic approaches for a subset of autism patients [55].

The reelin product, generated by oligodendrocytes, has shown activity on one of its receptors in autism [56]. The

action performed by dysfunctional glial cells in autism is summarised in Table 3.

6. GLIAL THERAPY IN AUTISM SPECTRUM DISORDER

According to growing data, synaptic dysfunction plays a significant role in the development of autism, and synaptic function is regulated by glial cells. Given the evidence that glial cells play a role in ASD neuroinflammation, one theory is that reactive glial cells result in the loss of synaptic functioning and induce autism under inflammatory conditions [57]. Replacement of defective glial cells (Cell-replacement treatment), glial progenitor cell-based therapy, and medication therapy (inhibition of microglia activation) are all utilised to treat glial dysfunction. The various therapeutic approaches to treating glial dysfunction are summarised in Table 4.

6.1. Cell-Replacement Therapy

The passive activity of glial cells reported a century ago has now been superseded by the discovery of significant glial activity for optimal CNS homeostasis. This breakthrough has moved neuroscience's attention from a neuron-centric to a glial-inclusive perspective. This perspective enables the development of cell-replacement techniques that include both neuronal and glial cell replacement [58].

In comparison to the substantial research that has been undertaken on oligodendrocyte replacement, the advent of astrocyte transplantation introduced a new route for the treatment of CNS disorders. Generation of extensive myelination has been made possible after transplanting human oligodendrocytes into spinal cord injury or congenital mouse models of hypomyelination since the late 1980s and more recently with populations of human oligodendrocyte progenitor cells separated from the developing or adult CNS, or human embryonic stem cells. On the other hand, the potential value of astrocyte-based therapeutics is far less recognised. Furthermore, preliminary research revealed relatively minor benefits of astrocyte transplantation for treating severe spinal cord damage [59].

Differentiating human ESCs into astrocytes employing two progenitor populations, Olig2⁺ versus Olig2⁻ neural progenitor cells, and then transplantation in rats reduces neuronal loss and enhances behavioural recovery Olig2⁺-astrocytes, which are more effective than the Olig2⁻ popula-

Table 3. Functions of glial cells in their reactive state.

Activated Microglia	Activated Astrocytes	Activated Oligodendrocytes
Neurotoxic activity	Altered synaptogenesis	Impaired action potential Abnormal formation of the myelin sheath Production of <i>reelin</i>
Irregular synapse connectivity	Reactive gliosis	
LTP deficit	Altered neurogenesis	
Irregular immune response	Irregular immune response	
Reactive microgliosis	Reduced homeostasis	
Generation of reactive oxygen species	Irregular secretion of soluble factors	
	Absence of neurotrophic support	
	Calcium signalling dysfunction	

tion, presumably because the Olig2⁺ population produces more BDNF. Surprisingly, synapsin-1 staining shows that Olig2⁺ astrocyte transplantation results in enhanced synaptogenesis. These findings indicate that specific astrocytic populations transplanted into the brain could successfully stimulate neuronal recovery [60].

6.2. Glial Progenitor Cell (GPC) Based Therapy

Glial dysfunction may play such a prominent role in several ailments that it may be possible to treat them with allogeneic GPCs, which act as precursors of both astroglia and oligodendrocytes [61]. GPCs, the progenitor, are mitotically proficient, distinguishing them from the considerably more significant population of mature, postmitotic oligodendrocytes [62]. GPCs, also known as oligodendrocyte progenitor cells or NG2 cells, have thus emerged as promising tools for repairing damaged or wounded CNS regions [63]. Functionally, they are equivalent to OPCs. On the other hand, these cells appear bipotential and can produce both astrocytes and oligodendrocytes until their final division [61]. A series of tests were conducted to see how effective intracerebrally injected hGPCs could be as therapeutic agents [64]. In terms of expressed genes and dominant signalling pathways, there were significant differences between fetal and adult human GPCs and rodent and human GPCs. This research doubts therapeutic techniques based only on data collected from rodents while emphasising the degree to which phylogenetic alteration of glial phenotype and function has accompanied evolution [65]. The differences between the behaviour of fetal and adult-derived glial progenitors suggest that they could be used to treat different diseases [66].

Latest fate-mapping investigations have demonstrated that NG2 cells act as precursors of oligodendrocytes and co-exist with the OPC marker platelet-derived growth factor- α receptor. Because of their ability to self-propagation and differentiation into oligodendrocytes, NG2 cells could be a promising cellular treatment for dysfunctional oligodendrocytes [58].

The role of Gabaergic signalling in neuron-glia interactions is still being unravelled. However, it has been proposed that GABA activates glial cells, which regulate essential brain processes like neuronal activity, neuroprotection, and differentiation [67]. Cortical Gabaergic interneuron dysfunction is linked to various neurological diseases, including autism and restoring these cells by a transplantation procedure is a practical and successful method for reversing symptoms [68]. Gabaergic interneurons are involved in the brain's balanced excitatory and inhibitory neural circuitry, and their absence or malfunction has been linked to ASD. hGPCs develop into functioning induced neurons (iN), which contain Gabaergic characteristics, express subtype-specific interneuron markers, and have a complex neuronal structure with extended dendritic trees. The potential to induce Gabaergic interneurons from a renewable *in vitro* hGPC system could pave the way for the development of therapeutics for interneuron diseases like autism [69]. Gabaergic interneuron dysfunction may support a variety of behavioural and psychiatric disorders. High-purity Gabaergic interneurons derived from human embryonic stem cells (hESCs) or patient-derived iPSCs are desirable for molecular studies of Gabaergic neuronal dysfunction and drug discovery research [70].

6.3. Inhibition of Microglial Activation

Neuroinflammation, which contributes to neuronal dysfunction and, thus, autism, occurs because of the activation of microglial cells [71, 72]. Inhibiting microglial cell activation has been proposed as a possible therapeutic method in treating autism [73, 74]. Direct neurotoxicity, failure to maintain tissue homeostasis, and phagocytosis of aberrant proteins and apoptotic neurons are all tasks performed by activated microglia; these numerous functions are presumably performed by diverse phenotypes of activated microglia [71, 75-77]. The mechanism of microglial activation and inhibition by anti-inflammatory drugs is shown in Fig. (4).

According to studies, microglial cell activation has been linked to several neurodegenerative diseases, including autism [78, 79]. In the ischemic penumbra, activation of microglial cells is inhibited by 1810034E14Rik. Furthermore, after overexpression of 1810034E14Rik, the mRNA and protein levels in activated microglial cell markers (CD16 and CD11b) were considerably reduced in MCAo-treated mice [80]. These findings showed that overexpression of 1810034E14Rik reduced microglial activation and the inflammatory response following MCAo therapy [81, 82]. Both external and stress factors may stimulate mast cells and microglial cells in the brain (Fig. 5), disrupting amygdala neural connections and changing the usual "fear threshold." This pathway may partially explain the pathophysiology of ASD. Finding techniques to reduce amygdala inflammatory response may represent a cutting-edge treatment strategy for ASD. Bioactive compounds, like the flavonoid tetra methoxy luteolin, which has been shown to suppress the production of pro-inflammatory mediators from microglial cells, may be potentially used as therapy that focuses on this principle.

Indeed, evidence of neuroinflammation, accompanied by activation of microglia and astrocytes and elevated levels of pro-inflammatory cytokines, have been observed in the brains of ASD patients, supporting the hypothesis that immunological dysfunction may be involved in ASD [83]. In the hippocampus of VPA-treated mice, CBDV therapy was observed to restore microglia activation and subsequent structural alteration in the size of cell and soma shape [73, 84-86].

Minocycline inhibits microglia activation, modifies neuroinflammation pathways, including cytokine and chemokine networks (*e.g.*, IL-6, IL-1 β , and TNF- α), and inhibits metalloproteinase activity [87-91]. Corticosteroids are anti-inflammatory medicines that decrease pro-inflammatory mediator release and impact microglia activation [92-95].

Luteolin is an antioxidant that inhibits microglial activation and prevents neurotoxicity [96, 97]. It appears to work by inhibiting histamine, IL-6, IL-8, TNF, and tryptase production in mast cells. It is thought to be safe, with few to no adverse effects. In animal model research, lutein has been proven to reduce autism-like behaviours in mice [98].

Suramin (a P2 receptor antagonist) prevents microglia activation when injected intrathecally [99, 100]. Celecoxib has been shown to inhibit the lipopolysaccharide-induced rise in activated microglia in newborn rats [101, 102].

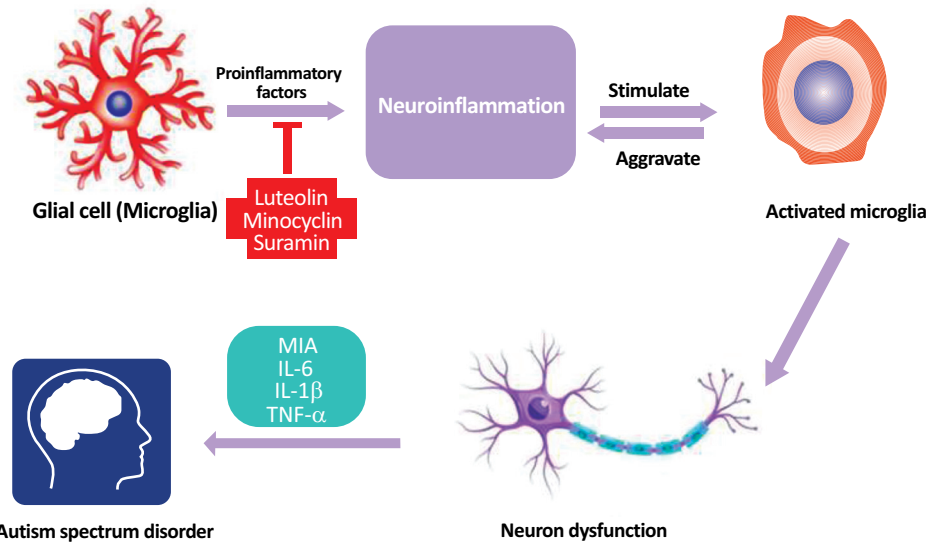


Fig. (4). Inhibition of microglial activation by anti-inflammatory drugs. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

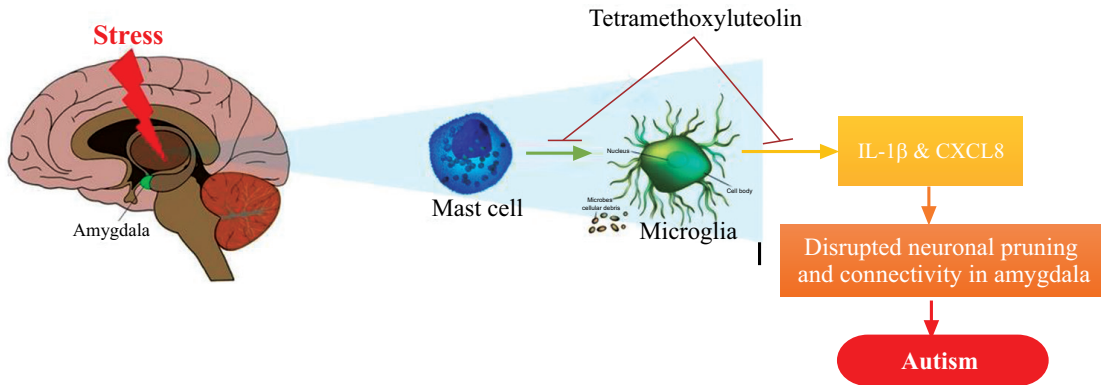


Fig. (5). Microglia-mediated pro-inflammatory markers activation that contributes to ASD. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

Table 4. Therapeutic approaches used in glial therapy.

S. No.	Therapy	Mechanism in ASD	Results	References
1.	Astrocyte transplantation	Differentiation of hESCs into astrocytes using Olig2 ⁺ and Olig2 ⁻ neural progenitor cells	<ul style="list-style-type: none"> ✓ Enhanced synaptogenesis ✓ Improved behavioural recovery ✓ Reduced neuronal loss 	[60, 103, 104]
2.	Glial Progenitor Cell (GPC) based therapy	Self-propagation and differentiation into oligodendrocytes and astrocytes	<ul style="list-style-type: none"> ✓ Recovery in oligodendrocyte and astrocyte number ✓ Repair of myelin abnormalities 	[105, 106]
3.	CBDV therapy	Activation of the TRP channel	<ul style="list-style-type: none"> ✓ Restored microglial activation ✓ Enhanced microglial phagocytosis 	[73, 107, 108]
4.	Minocycline	Unknown	<ul style="list-style-type: none"> ✓ Inhibited microglia activation ✓ Modified neuroinflammation pathways ✓ Improved social behaviour ✓ Restored phagocytic activity of microglia 	[109, 110]
5.	Luteolin	Decreases the serum levels of TNF and IL-6 and inhibits microglial activation	<ul style="list-style-type: none"> ✓ Improved social interaction ✓ Inhibition of neurotoxicity 	[111-113]

(Table 4) Contd....

S. No.	Therapy	Mechanism in ASD	Results	References
6.	Suramin	Unknown	✓ Enhanced social interaction ✓ Minimized repetitive action	[114, 115]
7.	Immunoglobulin	Decreases levels of inflammatory cytokines	✓ Improved phagocytosis by microglia ✓ Improved communication ability	[116, 117]
8.	Celecoxib	Unknown	✓ Reduced number of activated microglia ✓ Improved social interaction ✓ Minimized repetitive actions	[118, 119]
9.	Spironolactone	Through its anti-inflammatory and immunomodulatory action	✓ Reduced secretion of inflammatory cytokines by microglia ✓ Reduced repetitive actions and hyperactivity	[120, 121]

CONCLUSION AND FUTURE PROSPECTS

Further understanding of the significance of glial cell dysfunction in the development of autism needs to be established. This might help in developing potential therapeutic strategies. Although several drugs and therapies are available to treat glial dysfunctions, further studies are required to develop drugs that can completely treat the glial perspective of ASD.

LIST OF ABBREVIATIONS

ASD	=	Autism Spectrum Disorder
ATP	=	Adenosine Triphosphate
BDNF	=	Brain-derived Neurotrophic Factor
CBDV	=	Cannabidiol
CNS	=	Central Nervous System
ESCs	=	Embryonic Stem Cells
GABA	=	Gamma-aminobutyric Acid
GPC	=	Glial Progenitor Cells
IL	=	Interleukin
iNOS	=	Inducible Nitric Oxide Synthase
iPSCs	=	Induced Pluripotent Stem Cells
LTP	=	Long-term Potential
MCAO	=	Middle Cerebral Artery Occlusion
NG2	=	Neuron-glia Antigen 2
OPC	=	Oligodendrocyte Progenitor Cells
TNF	=	Tumor Necrosis Factor
TRP	=	Transient Receptor Potential
VPA	=	Valproic Acid
VZ	=	Ventricular Zone

CONSENT FOR PUBLICATION

Not applicable.

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None.

CONFLICT OF INTEREST

The authors declare no conflict of interest, financial or otherwise.

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