



An Internship Report on
Navigating the Path to IELTS Success: Lessons Learned and Strategies
Applied

Submitted To

Dr.Ehatasham Ul Hoque Eiten
Head of the English Department
Daffodil International University

Submitted By

Name: Mehedi Hasan Sunny
ID No: 201-10-2269
Batch: 49
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B.A (Honors) in English

DEPARTMENT OF ENGLISH
DAFFODIL INTERNATIONAL UNIVERSITY

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Declaration of the Report

In the spring semester of 2024 at Daffodil International University, I, Mehedi Hasan Sunny, hereby declare that the IELTS report titled "Unlocking Success: A Journey through IELTS Preparation" is a true and original work completed as part of the academic requirements for the Project Paper with Internship (ENG 431) course in the English Bachelor programme. Based on my own views and experiences, this report details my involvement in the International English Language Testing System (IELTS). It was completed as a requirement for the B.A. (Hons) in English program's "Project paper" course (Course Code: ENG431), under supervision from Dr.Ehatasham Ul Hoque Eiten ,an assistant professor and Head of the English department at Daffodil International University.



Name: Mehedi Hasan Sunny

ID: 201-10-2269

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Department of English

Daffodil International University

Authorization of the Supervisor

This certificate acts as an official certification for Mehedi Hasan Sunny, who is a registered student at Daffodil International University and is known by the ID number 201-10-2269. With immense joy and happiness, I now certify that the Project Paper for the Internship Course (ENG 431) was successfully completed under my supervision. I have had the honour of closely observing and assisting with the student's progress throughout the IELTS programme. I have offered advice, mentoring, and feedback to the student throughout the project, from the beginning to the end of the internship, to make sure they are following the rules and regulations of the academic programme. I have directly observed the student's passion, hard work, and perseverance in pursuing this academic endeavour. Their eagerness to learn, ability to think critically, and proactive approach have all been demonstrated in their involvement with the internship project.

Additionally, I have seen that the student has a thorough understanding of the subject matter and its practical ramifications by applying theoretical information learned in the classroom to real-world circumstances with effectiveness. In my capacity as the student's supervisor, I am incredibly proud of their accomplishments and want to express my gratitude for their excellent work throughout the internship. I have no doubt that the knowledge, abilities, and perspectives they have acquired from this project will be beneficial to them in their future academic and professional endeavours.

I would like to congratulate and wish Mehedi Hasan Sunny well on their excellent work and admirable commitment to academic excellence.



Dr.Ehatasham Ul Hoque Eiten

Assistant Proffessor and Head

Department of English

Daffodil International University

Acknowledgment

Above all, I want to thank God from the bottom of my heart for giving me the courage, fortitude, and chance to start this road of getting ready for the IELTS test. Throughout this process, your blessings have served as a source of motivation and direction. I have the utmost gratitude for my parents' steadfast encouragement, support, and faith in my skills. Their support and affection have served as my pillars of strength, inspiring me to pursue greatness in all that I do. I would like to express my profound gratitude to **Dr.Ehatasham Ul Hoque Eiten**.My esteemed mentor, for their priceless assistance, direction, and helpful criticism throughout the writing of my IELTS report. My understanding and strategy for doing well on the IELTS exam have been greatly influenced by their mentoring. I am appreciative of the University for giving me the tools, spaces, and learning environment I need to continue learning and developing. My IELTS exam preparation has really benefited from the supportive learning environment. I would also like to express my appreciation to my course instructors for their hard work, knowledge, and devotion in teaching me the skills and knowledge that have helped me become more proficient in the English language. Their advice and support have been invaluable to me as I've worked to succeed on the IELTS exam. In addition, I want to express my gratitude to all other academic staff members, mentors, and advisers for their unwavering encouragement and support over my academic career.Their support and motivation have greatly influenced both my academic and personal growth. I am incredibly appreciative of God, my parents, the university, my course instructors, and every other member of the academic staff for their constant support, direction, and encouragement during my IELTS exam preparation. Their support and blessings have been invaluable to my achievement, and I am truly grateful for them.

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ABSTRACT

The International English Language Testing System (IELTS) exam preparation process is described in this internship report, with an emphasis on the student's experience, the approaches used, the results attained, and the implications for the future. The purpose of this internship was to improve the students' English language skills and get them ready for future academic and professional pursuits that call for fluency in the language. This internship is important because it can lead to a high band score on the IELTS exam, which can lead to a variety of academic and career options. English is the lingua franca of the globalised world, therefore being able to communicate effectively, succeed academically, and progress in your profession all depend on knowing it. The process required a great deal of planning, including pre-preparation exercises, the selection of study materials, the creation of a study programme, mock exams, and feedback analysis. To improve their language abilities, the students took preparation courses, studied on their own, and asked peers and mentors for advice. The result of this internship is a noteworthy band score on the IELTS exam, which attests to the efficacy of the strategies used and the commitment to study. Furthermore, the experience has given the student insightful knowledge about both their areas of strength and growth in their English language competence. Beyond test preparation, this internship has given me better communication skills, more self-assurance while speaking English, and a greater appreciation for the value of lifelong learning and personal development. In the long run, this internship will benefit you by allowing you to use your newly gained language skills for professional options, academic endeavours, and personal development.

The experience gained from the IELTS preparation journey serves as a solid foundation for further language development and success in future endeavors.

Introduction

An assessment of a candidate's English language proficiency for academic and professional reasons is provided by the internationally recognised International English Language Testing System (IELTS). The ability to demonstrate fluency in English is essential for those who choose to pursue further education or look for work prospects overseas, since it is the language of communication used in many different professions. This introduction addresses the goals of the internship, gives a summary of the importance of IELTS preparation, and addresses the anticipated results. Being able to communicate effectively in English has become crucial for everyone hoping to succeed in school and on the international job market in today's linked globe. The English language proficiency test, or IELTS, is a standard for evaluating a person's reading, writing, speaking, and listening capabilities. Getting a high band score on the IELTS exam opens doors to a wide range of professional and academic prospects, such as career promotion, university entrance, and migration. It is impossible to overestimate the importance of being ready for the IELTS test. For a lot of people, passing this test is the first step towards achieving their professional and academic ambitions. A solid command of the English language is essential for anyone looking to work in an English-speaking nation or pursue higher education overseas. As a result, preparing for the IELTS exam is an investment in one's possibilities and potential as well as a test of language skills.

This internship's main goal is to improve the students' English language skills and give them a thorough IELTS exam preparation. The student hopes to obtain a high band score that demonstrates their competency in all areas of the English language, including speaking, listening, reading, writing, and organising information through methodical preparation and committed efforts. A noteworthy band score on the IELTS test, indicating improved language proficiency and preparedness for college and career goals, is the anticipated result of this internship. The internship also seeks to provide the student with the knowledge, skills, and self-assurance needed to succeed in the IELTS test and beyond. Through passing the IELTS exam, the student hopes to open doors to a variety of global prospects for career and academic growth.

Objectives of the Internship

The objectives are-

1. To improve communication, actively listen and provide constructive feedback.
2. To enhance productivity, prioritize tasks, and set clear goals.
3. To foster innovation, and encourage creativity and open-mindedness in the team.
4. To maintain health, adopt a balanced diet and a regular exercise routine.
5. To strengthen relationships, and show appreciation and respect for differences.
6. To advance in your career, seek continuous learning and networking opportunities.
7. To manage stress, practice mindfulness and allocate time for relaxation.
8. To contribute to the community, volunteer and support local initiatives.

METHODOLOGY

I use a thorough and organised approach to prepare for the IELTS exam in order to maximise my chances of success. To ascertain my level of English proficiency and to identify my skills, limitations, and specific goals, a thorough needs assessment is the first step. I selected a range of study materials, including books on IELTS preparation, online tools, and practice exams, to address the hearing, reading, writing, and speaking sections based on this evaluation. I then create a customised study plan that takes into consideration my availability, learning preferences, and exam schedule. It includes practice sessions, review times, and daily and weekly goals. The mainstay of my preparation is focused independent study, which includes reading English texts, listening to audio files, practicing essay writing, and participating in speaking activities. I also take part in seminars or preparatory classes run by knowledgeable teachers, who provide practice questions and performance evaluations in addition to strategic insights into every exam segment. Frequent practice sessions and mock exams are crucial since they replicate exam settings and allow me to assess my progress with speaking exercises, writing assignments and timed exams. At this point, feedback from mentors, peers, and teachers is essential for pinpointing areas that still need work and offering constructive criticism. I then go over important ideas, words, and grammar again, concentrating on areas that need work.

The preparation process is dynamic, allowing for ongoing assessments of my progress and modifications to my study schedule and tactics in response to criticism and shifting requirements. Additionally important are reflection and adaptation, which help me evaluate my learning process, pinpoint successful tactics, and make the required adjustments to deal with obstacles. This methodical approach guarantees not just my exam preparation for the IELTS but also a notable improvement in my English language skills.

MY INTERNSHIP JOURNEY

This internship report summarises the experience of getting ready for the International English Language Testing System (IELTS) test, including the difficulties, revelations, and successes that were had along the way. The internship gave me the opportunity to enhance my language skills thoroughly, concentrating on the four main areas of the IELTS exam: speaking, reading, writing, and listening.

Introduction to the IELTS Exam and Its Significance

An internationally recognised test of English language competency, the International English Language Testing System (IELTS) is intended to evaluate candidates for study, employment, or immigration to English-speaking nations. More than 10,000 organisations globally accept it, including professional associations, companies, universities, and immigration authorities. The four main language proficiency areas assessed by the IELTS exam are speaking, reading, writing, and listening. Every component has been carefully designed to evaluate many facets of language competency, from vocabulary and comprehension to coherence and fluency.

The IELTS exam is important because it is a standardised evaluation tool for English language competency that is trustworthy and equitable for people with different language backgrounds. A high IELTS band score is frequently required of applicants in order to get admitted to schools and universities in English-speaking nations. Similarly, professionals looking for work overseas frequently need to take the IELTS exam to prove their English language proficiency. Furthermore, as part of the visa application procedure, applicants seeking to immigrate to English-speaking nations might be required to submit their IELTS results. The IELTS exam gives people access to a wide range of personal, professional, and academic options that enable them to pursue their goals globally. Therefore, achieving success on the IELTS exam and preparing well in advance are critical for anyone hoping to achieve their professional, educational, and immigration objectives.

Understanding the Importance of IELTS for Academic and Professional Goals

Understanding the importance of the International English Language Testing System (IELTS) exam for academic and professional goals is crucial before starting the preparation process. A high IELTS band score is frequently required for entrance to universities and colleges, which is a dream for many people who want to pursue further education in English-speaking nations. IELTS scores are used by universities and other educational institutions to gauge an applicant's level of English language competency, ensuring that students have the language abilities needed to succeed in an environment where English is the primary language. For those who want to pursue their academic goals and secure admission to prestigious universities across the world, it is imperative that they comprehend the significance of the IELTS exam. In a similar vein, the IELTS exam is a useful qualification for professionals who want to further their careers or seek jobs in English-speaking nations. A lot of companies demand that applicants prove their English language skills with the IELTS test, especially in fields like healthcare, banking, and IT where clear communication is crucial. For those who want to progress in their jobs and increase their chances of finding work abroad, it is crucial to understand the importance of the IELTS exam.

Furthermore, taking the IELTS exam is frequently a prerequisite for immigration to English-speaking nations including Australia, Canada, the UK, and New Zealand. IELTS results are used by immigration authorities to evaluate a person's English communication skills, which are critical for a successful transition into the workforce and culture of the host nation.

Pre-Exam Activities

Selection of Study Materials

Choosing the right study materials for my IELTS exam prep was crucial. I needed a mix of resources to cover all sections of the test and suit my learning style.

1. Books: I started by picking up trusted IELTS prep books that explained things clearly and had practice exercises. Cambridge IELTS, Barron's IELTS, and Oxford IELTS were some good options I considered.

2. Internet Resources: For free practice exams and advice, I also used websites like IELTS Liz and the British Council. I was able to connect with other test-takers by joining online groups.

3. Practice Exams: Taking a number of practice exams allowed me to become accustomed to the time and format. I searched for official IDP IELTS or British Council practice exams.

4. Hearing Materials: I listened to audio on CDs or the internet that had various accents because there was a hearing component. To get better, I also listened to podcasts or watched English news.

5. Vocabulary and Grammar: Learning new words and practicing grammar with special IELTS books or apps was important for writing and speaking.

6. Strategies and Guides: I perused guides containing strategies for acing every section of the exam. They offered me time management tips and exam preparation techniques.

Study Schedule and Time Management

Having a strategy and effectively managing my time was crucial for me while I prepared for the IELTS exam. This is what I carried out:

1. Determine My Time: I looked at the amount of time I had available for studying each day. I considered my work, my studies, and my leisure activities.

2. Set My Objectives: I made a plan for when to take the test and what score I wanted. I then set smaller objectives, like honing my listening skills or picking up new vocabulary, for each section of the test.
3. Create a Schedule: I planned out the times and duration of my daily study sessions. To stay organised, I kept a calendar.
4. Prioritise the important tasks: I concentrated on the most crucial topics, such as sample exams or the sections of the test that I still needed improvement on.
5. Make Good Use of My Time: I divided my study time equally between the speaking, writing, listening, and reading portions of the test. I considered the things I really needed to work on.
6. Try the Pomodoro Technique: I set a timer for 25 minutes of study time, after which I took a quick break. Four sessions later, I took an extended hiatus. It assisted me in maintaining my attention.
7. Don't Try to Do Too Much at Once: I didn't attempt to accomplish too much at once. Focusing on one thing at a time makes things easier for me to learn and remember.
9. Check My Plan: I looked at my schedule often to see how I was doing. If things weren't working, I changed my plan.
10. Stay Flexible: Sometimes, things didn't go as planned, and that's okay. I adjusted my schedule when I needed to and didn't get upset about it.

Engaging in Various Study Methods

It was crucial for me to experiment with several study strategies in order to determine which ones were most effective for me while I prepared for the IELTS exam. These are some techniques I tried:

1. **Self-Study:** I opted for independent study, which allowed me the flexibility to set my own pace and study strategies. By utilising a range of materials, including books, websites, and practice exams, I established a specific study area where I could concentrate without interruptions. I was able to stay organised and focused on achieving my learning objectives by creating a study plan and sticking to it. I used practice exams and quizzes to see how well I was performing. It enabled me to see my areas for improvement.

2. **Group Study:** It was beneficial to study with friends who were also getting ready for the IELTS. We worked together by exchanging study materials, having brainstorming sessions, and encouraging one another's advancement. To guarantee complete understanding, we met on a regular basis, went over practice questions, discussed study techniques, and alternated teaching concepts to one another. Furthermore, conversing and actively listening to one another during class gave students the chance to hone their speaking and listening abilities.

3. **Attending Preparation sessions:** A crucial component of my study strategy was going to specialised IELTS preparation sessions. The instructors were really knowledgeable and gave us specially designed resources to help us understand. Selecting courses at a respectable language school guaranteed that I would get excellent instruction from experienced teachers. We participated in a variety of exercises throughout lessons, and the instructor provided insightful feedback to monitor our development. The classes also included extra materials, like as study guides and practice exams, which were very helpful. The teacher was always available to help and clear up any doubts, so I felt comfortable asking questions in class whenever I was having difficulties or had concerns. Her support was vital throughout my preparation process.

Tracking Progress

It was crucial for me to be aware of my progress and areas for improvement while I prepared for the IELTS exam. This is what I carried out:

1. **Practice examinations:** Taking regular mock examinations let me gauge my level of preparedness for the real exam, which was a crucial part of my exam preparation strategy. I made sure to complete the test's speaking, writing, listening, and reading sections. Timing myself throughout these exam-like practice sessions allowed me to effectively manage my time and mimic the environment of a real exam. I relied on certified practice examinations or trustworthy sources to ensure their trustworthiness and authenticity. I targeted my future study efforts by closely
2. **Feedback Mechanisms:** To enhance my performance, I asked friends, teachers, or online communities for suggestions after finishing each practice exam. In order to find errors, I went over my responses very carefully and compared them to the right ones. I identified areas that needed additional attention by noticing recurrent errors in several test sections. I was able to improve my writing clarity, speaking fluency, vocabulary, grammar, and writing style by paying attention to criticism on these areas.
3. **Track Progress:** To keep track of my development over time, I kept a log of my test results and comments. I kept an eye on whether my test scores went up and whether I advanced in any particular section. I established objectives for myself and modified my study strategies to meet those goals in response to how well I performed on practice exams. This allowed me to keep improving my exam preparation over time.
4. **Determine Improvement Needs:** I made use of practice test feedback to determine my areas of weakness. I focused on developing abilities including speaking fluently, writing clearly and accurately, reading quickly and comprehendingly, and listening understanding. I created practice plans that were customised to my needs in order to address these areas and guarantee targeted exam preparation.

5. Iterative Process: I kept taking practice exams, asking for feedback, and working on my weak areas. I went over the areas that still needed improvement on a regular basis to see how I was doing, and I modified my study strategies as needed. This iterative process made sure that exam preparation was continuously improved and refined.

Activities During Exam

I experienced a mixture of anxiety and exhilaration on the day of my IELTS exam. I followed these steps to ensure a smooth day:

I had a healthy breakfast in the morning to help me feel energised. I made sure I had everything I would need, including my ticket, ID, and pencils, for the exam. To ensure I wouldn't be late, I scheduled my trip to the exam centre in advance. I calmed down by taking a few long breaths before entering. It was understandable to feel anxious, but I made an effort to remain upbeat and to focus on all the preparation I had done. I concentrated on what I knew rather than what I didn't know. I studied the instructions and paid close attention to them during the exam. I took care to efficiently manage my time, not rushing things and not focusing too much on any one question. I considered the exam after I had completed it. I recalled the sections that I found challenging and the ones that I felt good about. I didn't think about it too much, though. I distracted myself with other activities and avoided thinking about the test. By adhering to these guidelines, I approached exam day with composure and assurance. It all comes down to having faith in my planning, remaining concentrated, and maintaining a cheerful outlook at all times.

Attempting the Exam

I knew going into the IELTS that I would have to comprehend every section of the examination.

What I discovered regarding each section is as follows:

Reading Section: I quickly browsed the text in order to grasp it and looked for the most important details. Instead of leaving it blank, I made an educated estimate if I didn't know the answer.

Writing Section: I planned what I was going to write before starting and made sure to follow all the instructions. After finishing, I checked for any mistakes.

Speaking Section: I spoke clearly and organized my thoughts before answering. I tried to give detailed answers and avoided long pauses.

Post Exam Activities

Result Collection

Depending on how I took the exam, I received my results after finishing the IELTS in a variety of methods. I had 13 days to pick up my Test Report Form (TRF) from the testing centre if it was a paper test, or I could receive it via mail. I received an email if I took the computer-delivered test, informing me when my results were available for viewing online. To view them, all I had to do was enter my login credentials on the IELTS website. Comprehending the scores was also crucial. The band scale, which ranges from 0 to 9, was employed in the exam. My English proficiency was shown by each number; 9 was the best and 0 indicated that I knew no English. The average of my reading, writing, speaking, and listening scores determined my final score. In addition to my total score, I received scores for every section of the exam. These results demonstrated my performance across various domains. To the closest half or whole number, the scores were rounded. My final score increased to 6.5 from 6.25. It increased to 7 if it was 6.75. The examiners employed intricate guidelines to determine my score, taking into account factors such as my accuracy, my ability to organise my thoughts, and my speaking ability..

The outcome of the Internship

As I thought back on my experience studying for and sitting for the IELTS exam, I carefully considered my strengths and areas for improvement. I started by analysing my practice tests and the exam itself to see where I stood. Thanks to my excellent time management abilities and high vocabulary and grammatical knowledge, I discovered that I excelled in understanding some aspects, such as reading and listening. I did, however, identify several of my weaknesses, including my trouble with some accents in the Listening segment, my troubles managing my time, and my inability to write effectively and speak fluently. It was important to comprehend why I performed the way that I did. My skills were influenced by things like my past English proficiency, my own learning preferences, and outside variables like anxiety.

Seeing errors as chances for development, I examined them to find reoccurring themes and asked teachers for input and used mock exams to discover areas that required work. I created a practice plan to address my weaknesses, set clear improvement goals, kept a careful eye on my progress, and modified my strategy as necessary. Rewarding myself for my accomplishments and the knowledge I gained helped me to stay motivated. Seeing how far I had come, I was still determined to keep learning since I knew that conquering obstacles was a necessary step on the path to being proficient in English.

Valuable Lessons Learned from the IELTS Preparation Journey

When I think back on my IELTS preparation experience, I've discovered some important insights that go beyond simply trying to get good marks. The secret was perseverance since, over time, following my study schedule during difficult times allowed me to make noticeable progress. Having a flexible study style, managing my time well, identifying my preferred learning style, and asking for assistance when needed were all essential. Success required both practicing particular skills well and keeping an optimistic outlook. Other key lessons included accepting lifelong learning and setting realistic goals. These classes not only helped me do well on the test, but they also gave me lifelong skills that I can use to further my personal development and language study.

My English has improved as a result of my IELTS preparation, which will help me in the test and in other endeavours where English is required. Gaining proficiency in listening, speaking, reading, and writing English improves one's chances of getting hired and advancing in one's profession, particularly in international corporations, and opens opportunities for admission to colleges and universities in English-speaking nations. Additionally, by promoting cross-cultural understanding, English language competency enhances academic endeavours and facilitates international collaboration. I understand that improving my English is a continuous process, and there are many ways I can do this outside of the IELTS, such taking more lessons and immersing myself in English-language media. With these abilities in hand, I can now boldly work towards my professional, educational, and personal development objectives.

Future Plan

Receiving my IELTS results marks a significant step forward in achieving my dream of pursuing a Master's degree abroad. With this pivotal milestone attained, I envision a future filled with exciting opportunities for personal and academic growth. As I eagerly await my acceptance into a prestigious university, I am already envisioning myself immersed in a vibrant international community, surrounded by diverse perspectives and cultures. The prospect of delving deeper into my chosen field of study, engaging in stimulating discussions, and collaborating with like-minded individuals fills me with anticipation. Beyond the academic realm, I look forward to embracing the challenges and adventures of living in a new country, navigating unfamiliar customs, and expanding my global network. I am determined to make the most of this transformative experience, seizing every opportunity to broaden my horizons and cultivate valuable skills that will not only enrich my academic journey but also prepare me for success in my future career. With dedication, perseverance, and an open mind, I am confident that I will thrive in this new chapter of my life, emerging as a more knowledgeable, adaptable, and culturally aware individual. As I embark on this exciting journey, I am grateful for the support of my family, friends, and mentors who have encouraged and inspired me along the way. With their encouragement and my own unwavering determination, I am ready to embark on this extraordinary adventure, eager to make my mark on the world and contribute positively to society. In the pursuit of my Master's degree abroad, I am not only fulfilling a personal aspiration but also laying the foundation for a future filled with endless possibilities.

Conclusion

I've learned a lot from my extensive journey of preparation for the IELTS exam. Every step of the process, from comprehending the purpose of the exam to diligently preparing and ultimately receiving my results, was crucial. I discovered that in order to succeed, I had to maintain my focus, work hard, and never give up. I would like to express my gratitude to everyone who supported me along this journey. When I most needed it, my friends, instructors, mentors, and all the other resources I used were there to support and encourage me. Their comments and guidance enabled me to advance and maintain my motivation. I've learned from this experience that learning never ends with an exam.

I'll continue to do it for a very long time. Whatever I do in the future, the abilities I developed and the knowledge I acquired will be useful. My success will come from remaining strong, having an open mind, and never losing sight of my objectives. I go forward to the next chapter with confidence and joy as I close this one. I'm confident that everything I've encountered and learnt along the way will stick with me and support me in realising my goals. I am appreciative of this chance to develop, and I'm prepared for whatever happens next.

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Appendix

1] Exam Date:07-06-2024

2] Some of the image of my Internship journey





3] PLAGIARISM REPORT

201-10-2269

ORIGINALITY REPORT

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