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Explainable AI Model Using Federated Learning for Eye Disease Diagnostics

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APPROVAL

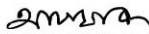
This thesis titled on “Explainable AI Model Using Federated Learning for Retinal Diagnostics”, submitted by **Nur Hossain Farid (ID: 221-35-843)** to the Department of Software Engineering, Daffodil International University has been accepted as satisfactory for the partial fulfillment of the requirements for the degree of Bachelor of Science in Software Engineering and approval as to its style and contents.

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I hereby declare that the work in this thesis is based on my original work except for quotations and citations which have been duly acknowledged. I also declare that it has not been previously or concurrently submitted for any other degree at Daffodil International University or any other institution.

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I've always loved exploring new ideas and understanding how things work, and that curiosity is what led me to Machine Learning and retinal disease image analysis. Working with these images and building a federated pipeline for cancer detection feels truly meaningful to me, and I am grateful to the Almighty for the strength and patience to continue this journey.

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Abstract

Retinal disease is still the most common cause of cancer death. The most effective way to improve survival is to change the diagnosis from late-stage to early-stage disease. But high-performing models are generally trained on separate datasets and function like "black boxes," which makes it hard for several institutions to work together and for doctors to trust them. We show how to combine Federated Learning (FL) and Explainable AI (XAI) to make retinal disease detection accurate, private, and open. We trained six deep learning backbones on decentralized data using the FedAvg method, which meant that we didn't have to move patient photos off-site. Our platform includes federated explainability, which means that clients make local Grad-CAM visuals and a quantitative faithfulness metric (Deletion AUC) at the same time. The central server combines these scores to let the model's trustworthiness be checked on a worldwide, round-by-round basis. Our findings demonstrate that accuracy and transparency can be attained together. The suggested HVR-18 (Hybrid ViT-ResNet-18, MLP) model turned out to be the best option, getting a state-of-the-art validation F1-score of 0.9677. It also has a federated Deletion AUC of 58.8, which is almost twice as trustworthy as the next-best model, DenseNet-121 (Val F1 0.9671, Deletion AUC \approx 30.7). We saw a high positive association between the global F1-score and the aggregated Deletion AUC, which both went up at the same time during training. Local heatmaps also showed that the models trained to focus more and more on elements that were important for diagnosis. These results confirm a new paradigm in which privacy, accuracy, and interpretability increase together, providing a clear way for creating and keeping an eye on reliable clinical AI in real-world, multi-institutional contexts.

TABLE OF CONTENTS

Contents

ACKNOWLEDGEMENT	v
Abstract	vi
TABLE OF CONTENTS	vii
LIST OF FIGURES	x
LIST OF TABLES.....	x
CHAPTER 1.....	1
INTRODUCTION.....	1
1.1 Introduction.....	1
1.2 Background.....	2
1.3 Problem Statement	3
1.4 Research Gaps.....	4
1.5 Objectives.....	6
1.6 Motivation.....	6
1.7 Contribution	7
1.8 Summary	8
CHAPTER 2.....	9
LITERATURE REVIEW	9
2.1 Introduction.....	9
2.2 Previous Literature.....	10
2.3 Summary.....	12

CHAPTER 3.....	13
METHODOLOGY	13
3.1 Introduction.....	13
3.2 Data Selection	14
3.3 Dataset Splitting	15
3.4 Dataset Preprocessing	15
3.5 Federated Learning Framework.....	17
3.6 Experimental Setup	19
3.6.1 Fine-Tuning Parameters.....	19
3.6.2 Model Specification	20
3.7 Individual Model	21
3.7.1 EfficientNet-B3	21
3.7.2 MobileNetV3.....	22
3.7.3 Shufflenetv2	23
3.7.4 DenseNet-121.....	25
CHAPTER 4.....	27
RESULT AND DISCUSSION.....	27
4.1 Federated Model Performance	27
4.2 Explainability Evaluation.....	28
4.2.1 Qualitative Evaluation	28
4.2.2 Quantitative Evaluation.....	29
4.3 Interpretation of Results	29

CHAPTER 5.....	31
CONCLUSION.....	31
5.1 Significance and Novelty	31
5.2 Limitation.....	32
5.3 Future Work	33
5.4 Conclusion	34
REFERENCES:	35

LIST OF FIGURES

Figure 3.2.1: Sample Eye Disease by class: Normal, Diabetic Retinopathy, Cataract, And Glaucoma	14
Figure 3.5.1: Proposed framework workflow.....	17
Figure 3.5.2: Federated Learning working principle.....	18
Figure 3.7.1: EfficientNet-B3 under FedAvg across 20 rounds (2 epochs/round, 4 clients).....	22
Figure 3.7.2: Per-client metrics for MobileNetV3 under FedAvg (2 epochs/round, 4 clients)....	23
Figure 3.7.3: Per-client metrics for Shufflenetv2 under FedAvg (2 epochs/round, 4 clients).....	24
Figure 3.7.4: DenseNet-121 under FedAvg across 20 rounds (2 epochs/round, 4 clients)	26

LIST OF TABLES

Table 3.7.1: Per-client metrics for EfficientNet-B3 under FedAvg.....	21
Table 3.7.2: Per-client metrics for MobileNetV3 under FedAvg.....	23
Table 3.7.3: Per-client metrics for Shufflenetv2under FedAvg.....	24
Table 3.7.4: Per-client metrics for DenseNet-121 under FedAvg.....	25
Table 4.1: Federated learning results across backbones.....	27

CHAPTER 1

INTRODUCTION

1.1 Introduction

Vision is closely tied to how we live our everyday lives—recognising familiar faces, reading a text message, crossing a busy road. When the retina starts to malfunction, this sense can slowly decline without initially causing significant discomfort. A range of retinal and optic nerve-related conditions, such as diabetic eye disease, glaucomatous damage, and age-related changes in the macula, often begin quietly with little or no noticeable symptoms. Many people only become aware of a problem when the damage is already advanced and cannot be fully reversed. For that reason, early screening and reliable diagnosis of retinal disease are crucial to preventing avoidable blindness and long-term disability.

Modern tools, such as colour fundus photography and optical coherence tomography (OCT), provide doctors with a detailed view of the back of the eye. These images contain a wealth of clinically significant detail, but interpreting them is not always straightforward and typically requires both training and time. In busy hospitals and eye camps, patient numbers continue to rise, while the pool of experienced eye specialists does not grow at the same pace. Because of this, it becomes challenging to give every single image the same careful, time-consuming review. This gap has opened the door for artificial intelligence and intense learning to help analyze retinal images and support doctors in making decisions.

This thesis focuses on an Explainable AI Model Using Federated Learning for Retinal Diagnostics as a way to respond to these real-world challenges. Federated learning enables a shared model to be trained using data from multiple centres, while the retinal images themselves remain stored locally at each site, helping to protect patient privacy. Additionally, explainable AI techniques—such as gradient-based visualisation—are used to show which parts of the retina influenced each decision made by the model. The goal of this work is to design a diagnostic model that can accurately identify retinal diseases, maintain patient privacy, and provide doctors with straightforward visual feedback on the reasoning behind its decisions.

1.2 Background:

Losing vision does not just affect how clearly a person sees; it changes how they work, move, and connect with others. Among the many eye conditions that threaten vision, cataract remains the most common worldwide. It occurs when the clear lens inside the eye becomes cloudy, causing everything to appear blurred or dim. In 2020, cataracts were estimated to be responsible for almost four in ten cases of global blindness and more than a quarter of moderate to severe visual impairment, affecting roughly 43 million and 295 million people, respectively. Over the last few decades, the total number of people blinded by cataracts has continued to rise, even though surgery is widely available. This contrast shows that millions of people, especially in low-resource areas, still struggle to access timely and affordable treatment [1].

Diabetic retinopathy (DR) is another major cause of preventable vision loss. It develops when long-term high blood sugar gradually harms the small blood vessels that feed the retina. Initially, most people do not notice any changes in their vision, allowing the disease to progress quietly for years. By 2020, DR had already caused blindness in about 1.07 million people and moderate to severe visual impairment in around 3.28 million others. As the disease progresses, bleeding, fluid leakage, and scar tissue can appear inside the eye, and without treatment, this can lead to permanent loss of vision. Regular eye examinations for people living with diabetes are therefore essential for catching DR before it reaches this advanced stage [2].

Glaucoma contributes to the global burden of eye disease. Often linked to raised pressure inside the eye, glaucoma gradually damages the optic nerve and can steal vision so slowly that patients may not notice until much of their peripheral sight has already gone. In 2020, it was estimated to account for about 3.61 million blind individuals and 4.14 million people with moderate to severe visual impairment. Although the age-adjusted rate of glaucoma-related blindness has gone down in recent years, the number of people living with moderate to severe visual loss from glaucoma has continued to grow. This suggests that many patients are still being diagnosed late and do not receive consistent long-term monitoring and treatment [3].

1.3 Problem Statement

In the last few years, artificial intelligence has been widely explored as a tool for analysing retinal images. Instead of relying solely on handcrafted features, modern approaches train neural network-based models that can automatically learn patterns from fundus photographs and OCT scans. These image-driven models have achieved powerful performance in recognising different retinal conditions, sometimes coming close to the accuracy of experienced ophthalmologists [4], [5]. This creates real potential for AI to support screening and diagnosis, especially in regions where access to eye specialists is limited.

However, most of these models are built traditionally: large amounts of image data are gathered into a single central repository and used to train a single global network. In real-world healthcare systems, retinal images are scattered across different hospitals and clinics, each with its own devices, protocols, and patient groups. Moving raw images out of these institutions is often restricted by privacy regulations, security policies and ethical concerns [6], [7]. When training is limited to whatever data can be centralised, the resulting models may be tuned to the characteristics of a narrow group of patients or a small set of imaging devices. It may appear highly accurate on local test data, but performs less reliably when exposed to images from new centers, different demographics, or alternative acquisition settings, raising questions about fairness and robustness [8].

A further difficulty is that many deep learning systems behave like "black boxes": they output a label or probability without making their reasoning visible. From the perspective of eye-care professionals, a tool that provides answers without indicating which retinal features influenced those answers is difficult to rely on in everyday practice. It also leaves unanswered questions about whether the model might be biased or prone to failure in specific patient groups [8].

1.4 Research Gaps

Recent global studies highlight the seriousness and prevalence of eye diseases. Large-scale analyses have shown that cataract, diabetic retinopathy and glaucoma together account for tens of millions of people living with blindness or moderate to severe visual impairment, and that these numbers have continued to rise over the past decades despite treatment advances [1–3]. At the same time, AI-based solutions are being increasingly discussed as tools to support clinical care, particularly in image-intensive disciplines such as ophthalmology [4]. Work on dual-modal fusion of OCT and fundus images, as well as general eye-disease classification models, has demonstrated that data-driven methods can pick up disease patterns that are meaningful for diagnosis [5,23].

However, much of this progress has been achieved under the assumption of centralised data. Many AI systems described in the literature are trained on datasets pooled into a single repository, which does not align well with how real clinical data are stored and governed. Work on AI data strategy and precision health repeatedly highlights that bringing all patient data into one place is rarely realistic, as legal rules, security requirements, and questions of data ownership pose significant barriers to large-scale centralization [6,7]. At the same time, authors discussing the use of AI in healthcare warn that these systems may exacerbate existing problems, including data security issues, unequal performance across groups, and hidden biases in clinical decision support [8, 12]. This tension between the need for large, diverse datasets and the need to protect sensitive health information motivates interest in alternative learning paradigms.

Federated learning has therefore emerged as a promising direction for medical image analysis [9,11]. Several works have proposed privacy-preserving or security-enhanced FL frameworks, such as those utilizing block chain or multi-layered security to protect health data [10,11]. Within ophthalmology specifically, there is growing work on federated learning for ocular imaging: surveys summarize the potential of FL in this domain [15], and several studies tackle tasks such as multi-disease ocular recognition, glaucoma diagnosis, diabetic retinopathy grading, lesion segmentation and hypertensive retinopathy detection using fundus or OCT images in federated settings [13,14,16–18,20–22]. These studies generally report that FL can approach the performance of centrally trained models while keeping images local to each site.

Despite this encouraging progress, several critical gaps remain. First, many existing FL-based eye studies focus on a single disease (e.g., glaucoma or diabetic retinopathy, DR) or a narrow task (e.g., DR grading or lesion segmentation), rather than addressing a more general, multi-disease retinal diagnostic scenario that reflects real-world screening [13, 16, 17, 20–22]. Second, most of these works primarily emphasize classification metrics, communication efficiency or privacy aspects, while treating the learned model as an opaque predictor. The systematic reviews and frameworks rarely include a detailed explainability component: they typically do not investigate how well the model's highlighted regions align with known anatomical or pathological structures, nor how stable these explanations remain across different clients or imaging devices [9,11,15,17,18].

Third, although there is rich work on robust backbone architectures and attention mechanisms—such as EfficientNet for efficient scaling, convolutional block attention modules, and related deep CNN designs [24–27]—these components have not yet been systematically combined with federated training and explainable AI in the context of retinal diagnostics. Existing federated ocular studies seldom integrate advanced attention modules with strong visual explanation techniques, and very few compare the explanation quality between federated and centrally trained models using established evaluation frameworks and metrics [24–27, 29–31].

1.5 Objectives

The primary objective of this work is to design a federated learning approach for classifying retinal images that enables multiple eye-care centers to collaborate on model training while retaining all raw fundus and OCT data locally at each site. Within this framework, the study tests a range of backbone networks, starting from relatively standard convolution-based models and extending to designs that include attention modules. It applies these models to client splits that are deliberately uneven, so they resemble real multi-center conditions where scanners and patient groups differ from site to site. A further objective is to embed explainable AI directly into the federated pipeline by integrating visual explanation techniques, such as Grad-CAM–style heat maps, with simple quantitative indicators, so that the model's focus on disease-relevant retinal regions can be examined in a structured manner. In addition, the framework is evaluated in terms of both predictive performance and robustness through cross-center validation and comparison with a conventional centrally trained baseline. The broader aim is to build a federated learning system that can reliably detect common retinal diseases, keep sensitive image data at the local institutions, and produce visual explanations that practicing eye specialists can review and make sense of.

1.6 Motivation

Conditions affecting the retina, including diabetes-related eye changes and glaucoma, can slowly harm vision over many years before a person realizes that anything is wrong. By the time many people seek help, sight loss may already be permanent. At the same time, fundus cameras and OCT scanners are becoming increasingly common, even in smaller hospitals and screening camps, resulting in large numbers of retinal images being collected daily. The main bottleneck is not the lack of images, but the limited number of specialists who can review them carefully and consistently. This creates a strong need for intelligent tools that can support early detection and triage, rather than relying only on manual reading.

Developing such tools is not straightforward, as medical images are stored in separate hospital systems and cannot be easily pooled into a single central dataset due to privacy, legal, and policy constraints. Federated learning offers a promising way forward by allowing centers to train a shared model without exporting their raw images.

Yet, for ophthalmologists to trust and use these systems, high accuracy alone is not enough. They also need to see how and where the model is focusing within the retina when it makes a decision. This motivates the combination of federated learning with explainable AI in this thesis: the goal is to support collaboration across sites, protect patient data, and provide clear visual cues that make the model's reasoning more transparent to practicing eye-care professionals.

1.7 Contribution

Around the world, many cases of avoidable vision loss are linked to conditions that damage the retina, and finding these problems early is crucial for protecting sight. Clinics now routinely capture colour fundus photographs and OCT scans. Hence, the number of retinal images continues to grow, but the pool of specialists who can carefully interpret each scan has not increased at the same pace.

Deep learning has shown strong potential for automated eye disease detection; however, most existing models are trained on centrally collected data, which is often unrealistic in real-world clinical environments. Hospital systems typically store images locally and face strict privacy, legal and policy constraints that limit data sharing.

This thesis proposes an explainable federated learning framework for retinal diagnostics that allows multiple eye-care centres to collaboratively train a shared model without exposing raw retinal images. A customised backbone network is trained in a federated setting on non-IID client data to classify common retinal conditions from fundus and OCT images. Explainable AI techniques, such as Grad-CAM-based visualizations, are integrated to highlight the regions that drive each prediction, providing clinicians with transparent, image-level feedback. The framework is evaluated against a centrally trained baseline in terms of accuracy, robustness across sites and quality of visual explanations. The overall goal is to demonstrate that federated and explainable AI can be combined to support privacy-preserving, trustworthy and scalable retinal screening in realistic healthcare settings.

1.8 Summary

This chapter introduces retinal disease as a significant cause of preventable vision loss worldwide, where early and accurate diagnosis from fundus and OCT images is crucial but still heavily limited by manual grading, inter-observer variability, and rising clinical workload. It describes how centralized deep learning systems and modern backbones—such as CNN-based models, attention-enhanced networks and ensemble approaches—have improved automated eye disease detection, yet still face significant challenges: models often rely on centrally pooled datasets that are difficult to create under strict privacy rules, they generalize poorly across hospitals and devices, and their decisions remain largely "black-box" to clinicians. The research gap is framed around the absence of an explainable, privacy-aware federated learning framework for multi-disease retinal diagnostics that (i) operates robustly on non-IID, multi-centre data, (ii) evaluates different backbone and attention configurations under realistic client splits, and (iii) treats interpretability as a first-class, measurable objective rather than an afterthought. In response, the study aims to design a FedAvg-based federated pipeline in which multiple eye-care centres collaboratively train high-capacity retinal classifiers (e.g., EfficientNet-B3 with Residual Convolutional Attention) without exposing raw images, while integrating XAI through Grad-CAM-style heatmaps and simple quantitative indicators that together act as a "trust signal" alongside standard metrics such as F1-score. The overall motivation is to narrow the gap between promising deep learning research and practical deployment by combining privacy, robustness and transparent, visually grounded explanations that ophthalmologists can review and rely on in multi-centre retinal diagnosis.

CHAPTER 2

LITERATURE REVIEW

2.1 Introduction

In this chapter, I review the existing body of work on automated retinal disease diagnosis, with a particular focus on deep learning, federated learning, and explainable AI. I first examine how researchers have utilized convolutional and transformer-based architectures—such as ResNet, DenseNet, EfficientNet, and U-Net variants—for analyzing fundus and related retinal images, along with the datasets, preprocessing pipelines, and evaluation protocols they employ. I then look at more recent studies that explore privacy-preserving collaboration between institutions through federated learning, as well as works that apply saliency maps and attribution methods (e.g., Grad-CAM) to make model decisions more interpretable for clinicians.

By synthesizing these studies, I gain a clear picture of what has already been achieved and where significant gaps remain. Common problems that show up in the literature include relying too much on data from a single hospital or a small number of patients, models that struggle when the data comes from different sources (non-IID), difficulties in scaling privacy-preserving training to larger setups, and explanation methods that are treated more like a side add-on for visualization instead of being part of the core model design. These limitations directly motivate my research: building on the strengths of prior work, my thesis aims to develop an explainable, federated learning framework for retinal disease image analysis that can operate across multiple sites, handle non-identically distributed (non-IID) data, and treat interpretability and privacy as central requirements, not afterthoughts.

2.2 Previous Literature:

Many recent studies have shown that eye diseases are a significant global health issue. Large meta-analyses have estimated how many people are blind or visually impaired due to cataract, diabetic retinopathy, and glaucoma between 2000 and 2020, and they highlight that these conditions affect millions of people worldwide [1–3]. Early detection and proper treatment of retinal diseases can significantly help prevent vision loss that should not have occurred.

During this period, AI-based techniques, including deep learning, have begun to be adopted in clinical care for decision support and diagnosis. During the COVID-19 pandemic, AI was utilized in studies to assist doctors with diagnosis and daily hospital tasks [4]. However, researchers also note that AI will not function effectively in hospitals unless there is robust data management, seamless system integration, and robust IT support [6]. There is also strong attention on data security, privacy, and trustworthy handling of electronic medical records and precision health data [7,8]. These works demonstrate that technical performance alone is insufficient—any AI solution must also meet privacy and security requirements.

In recent years, researchers have paid considerable attention to federated learning (FL) as a novel approach to training models on distributed medical data without centralizing patient information. A recent systematic review summarizes how FL has been applied in medical image analysis, the primary challenges (such as communication cost, non-iid data, and system heterogeneity), and potential solutions [9]. Other work proposes blockchain-enabled FL platforms and discusses different attacks and defenses to keep FL both private and robust [10,11]. Recent surveys on AI fairness and bias in biomedical applications have shown that the same model may not behave equally for all patient groups, and they have described different techniques to mitigate these unfair differences [12]. Based on these findings, federated learning can support better privacy; however, there are still open challenges related to robustness, fairness, and security that need to be carefully addressed in the system design.

More specifically, researchers have started to apply federated learning to ocular and retinal imaging. For ocular images, one work introduces a federated learning approach that keeps data private while using domain adaptation to recognize multiple eye diseases at once [13]. Another study applies federated learning to classify general eye diseases from images [14]. Additionally, a

review paper provides an overview of how FL has been used in ocular imaging to date and identifies potential future research directions [15]. Several works focus on a single disease; for example, federated frameworks for glaucoma computer-aided diagnosis using fundus images [16], or comprehensive FL systems for diabetic retinopathy (DR) grading and lesion segmentation [17, 20]. Other studies design collaborative FL frameworks for diabetic eye diseases [18], use IoT-based FL for hypertensive retinopathy classification [21], or apply vision transformers in a federated setting for DR detection [22]. These works demonstrate that FL can achieve good performance while keeping data local at each site; however, most of them are limited to specific diseases, a small number of institutions, or a narrow set of model backbones.

From a modeling and training perspective, many of these systems are built on robust deep learning architectures and tools. EfficientNet provides a practical approach to scaling up CNN models in a balanced manner by adjusting their depth, width, and input image size [24]. Earlier architectures, like Inception-based networks [26], as well as attention blocks such as CBAM [25], help the model pay more attention to the most critical parts of the image, which is especially useful for medical image analysis. Researchers are also testing vision transformer models in various areas, such as high-energy physics [19] and retinal image analysis [22]. For training these models, they often use methods like decoupled weight decay (AdamW) [27] and communication-efficient schemes such as FedAvg [28], which help make training more stable and faster in both normal (centralized) and federated setups.. For evaluation, standard measures such as precision, recall, F1-score, and F-measure [29, 30], along with ROC curves and AUC [31], are widely used to compare classification performance systematically.

Overall, the existing literature demonstrates substantial progress in AI-based retinal disease analysis and federated learning for eye image analysis. However, there are still gaps related to multi-disease settings, non-IID data across multiple institutions, and the integration of privacy, robustness, and interpretability in a single framework. These gaps motivate the design choices and objectives of the present thesis.

2.3 Summary:

The literature review shows that deep learning has significantly advanced automated lung cancer diagnosis, especially through CNNs, attention-based and hybrid architectures, and lesion-focused segmentation networks like U-Net. These models achieve strong performance on CT-based classification and detection tasks, but most of the system trained in centralized, single-site settings, which limits generalizability, external validation, and real-world deployment. Recent works introduce explainable AI and demonstrate that saliency and attention mechanisms can provide more interpretable decisions, while federated learning studies in lung and other cancers indicate that decentralized training can protect privacy and still match or surpass centralized baselines on multi-site data. However, open challenges remain around fairness, benchmarking, robustness over time, and the lack of an explicitly explainable, privacy-preserving FL framework tailored to lung cancer CT—precisely the gap this thesis aims to address.

CHAPTER 3

METHODOLOGY

3.1 Introduction:

We train privacy-preserving, explainable retinal disease classifiers using a synchronous federated learning setup across several eye hospitals. In our experiments four clients (eye centres) participate, but the same protocol can directly scale to more sites. Each client fine-tunes a shared backbone on locally stored, de-identified retinal images; EfficientNet-B3 is used as our main model because of its strong and stable validation performance, and MobileNetV3 serves as a lighter baseline. To keep predictions comparable across architectures, all backbones share the same task head: Flatten \rightarrow Dense+ReLU \rightarrow Dense+softmax for multiclass classification.

Training proceeds in communication rounds. At the start of round (r), the server broadcasts the current global weights (θ_r); each client loads these weights, trains for a fixed number of local epochs, and computes scalar metrics (loss, accuracy, macro-F1) plus a small Grad-CAM probe with a faithfulness score (Deletion AUC). The client then uploads only the updated weights and metric summaries—never raw retinal images or heatmaps—and waits. Once updates from all clients are received, the server performs sample-size-weighted averaging (FedAvg) to obtain new global weights (θ_{r+1}), logs the round-level performance and explainability indicators, and redistributes (θ_{r+1}). This broadcast–train–aggregate cycle is repeated until the predefined number of rounds is completed.

The server keeps track of round-wise curves (loss, accuracy, macro-F1) and combines clients' redistribute cycle repeats until all intended rounds are done. The server keeps track of round-wise curves (loss, accuracy, macro-F1) and combines clients' Deletion-AUC summaries to keep an eye on transparency trends without looking at any pictures. The server saves both the best checkpoint chosen by validation macro-F1 and the final global model at the end of training. The end result is a useful, verifiable workflow that lets people work together without sharing data, with the same classifier heads across backbones, updates that happen at the same time for all hospitals, and explainability signals that become better as performance improves.

3.2 Dataset selection:

In this work, we rely on the public Eye Diseases Classification (EDC) dataset [23], which provides retinal fundus photographs labeled into four diagnostic categories: Normal, Diabetic Retinopathy, Cataract, and Glaucoma. The images are collected from several independent sources—such as IDRiD, Ocular Recognition, and HRF—and were acquired using different fundus camera systems. Because of this multi-source origin, EDC has become a common choice in earlier research [23]. The dataset includes wide variation in resolution, illumination conditions, and overall image quality, leading to a heterogeneous collection of samples. This heterogeneity is useful for mimicking non-IID data partitions across clients in a federated learning scenario and, in turn, supports more realistic evaluation of model robustness for real-world clinical deployment.

Figure 3.2.1 illustrates example images from the dataset, along with representative augmented samples.

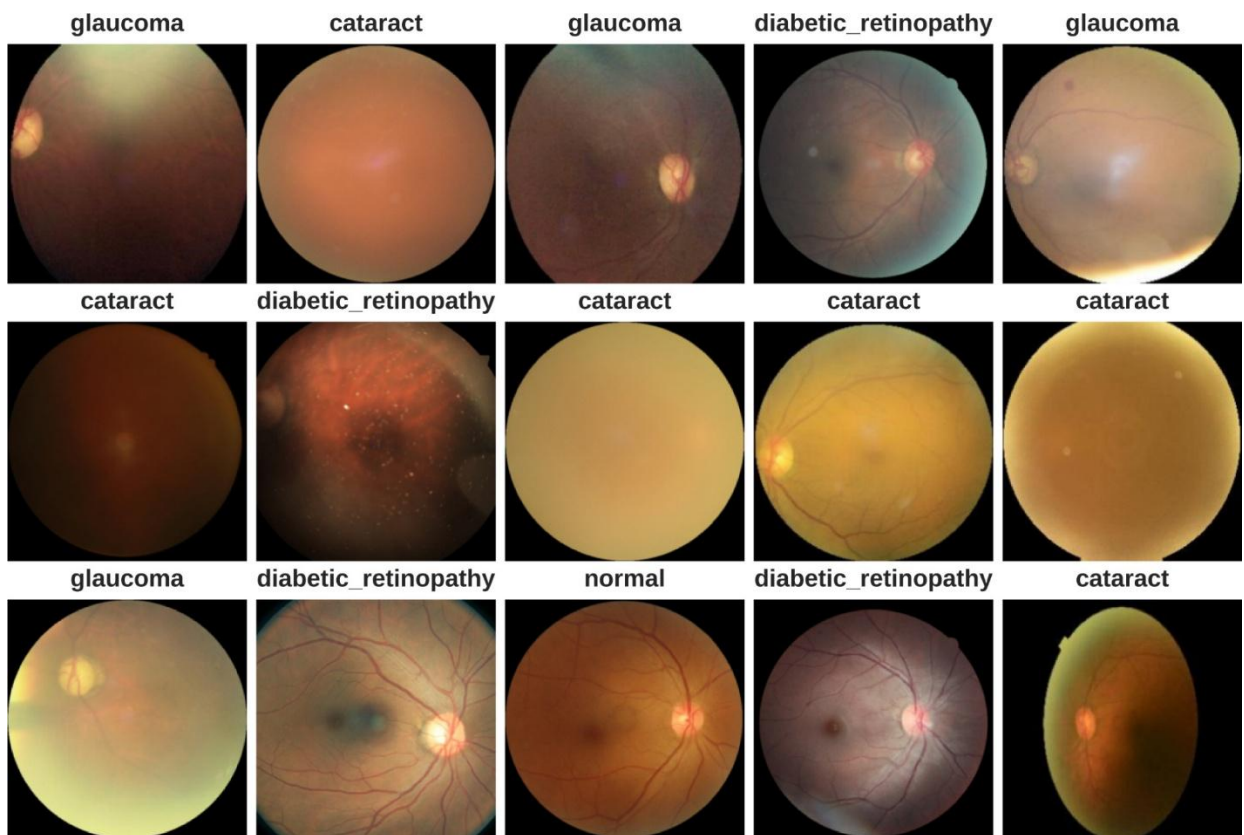


Figure 3.2.1: Sample Eye Disease by class: Normal, Diabetic Retinopathy, Cataract, and Glaucoma

3.3 Dataset Splitting:

The training, validation, and test splits were configured as follows:

Training Set: 70% of the combined dataset was distributed across the five simulated clients for FL approach.

Validation Set: 15% of the dataset was similarly distributed among the five clients for validation task during decentralized training of each client.

Test Set: 15% of the data were centrally reserved for evaluating the global model after federated training.

3.4 Data Pre-processing:

During training, we also used simple preprocessing and augmentation so that the model would not overfit to one specific imaging setup. Each retinal image was randomly scaled and cropped down to 224×224 pixels, where the crop covered between roughly 80% and 100% of the original view, mimicking different zoom levels and framing conditions. We then applied a horizontal flip with probability 0.5 to reduce sensitivity to left–proper orientation, and introduced small random rotations (up to about $\pm 10^\circ$) to approximate minor acquisition misalignments. Overall, these operations—random shifts, scale changes, and rotations—act as spatial perturbations that can be described by a single affine transformation, as expressed in Eq. (1).

$$T(x, y) = R_\theta(S_t(x, y)) + (s_x, s_y) \quad (1)$$

In Equation (1), R_θ denotes a rotation matrix, S_t is a scaling function, and (s_x, s_y) is the shift vector. The transformation parameters were sampled as follows: $\theta \sim \mu(-10^\circ, 10^\circ)$ and $s_x, s_y \sim \mu(-0.05, 0.05)$, enabling diverse geometric variations while preserving anatomical structure. To simulate variability in illumination and color profiles across institutions, color jittering was applied with small perturbations in brightness, contrast, saturation, and hue. During validation, images were resized to 256×256 pixels and center-cropped to 224×224 to ensure consistent input dimensions without augmentations. Finally, all images were normalized using the standard ImageNet statistics to standardize the pixel distribution.

$$\text{Image}_{\text{norm}} = \frac{\text{Image} - \mu}{\sigma} \quad (2)$$

In Eq. (2), the vectors $\mu = [0.485, 0.456, 0.406]$ and $\sigma = [0.229, 0.224, 0.225]$ are used as the channel-wise mean and standard deviation for the RGB images. We normalize the fundus images with these values so that the input distribution matches the pre-trained backbones and training remains numerically stable. To create a federated learning setting, we then partitioned the combined training and validation data into five disjoint splits, each representing one simulated client (i.e., a different eye-care institution). Each subset corresponds to a simulated healthcare institution and reflects real-world non-IID conditions.

- Certain subsets were enriched with specific DR severity levels to simulate the regional variations in disease prevalence.
- Variations in the image quality, lighting, and resolution were unevenly distributed among the subsets, mimicking heterogeneous data sources from multiple institutions.
- The number of samples per client was deliberately imbalanced to reflect the different sizes of the datasets in real-world FL setups.

3.5 Federated Learning Framework:

As illustrated in Fig. 3.5.1, the proposed system uses a federated learning setup in which several decentralized clients jointly train a single global model while keeping their data on site. Within this setup, local training, server-side aggregation of model parameters, and continuous monitoring of performance are combined into one pipeline for medical image classification. At its core, the framework relies on an EfficientNet-B3 backbone augmented with a Residual Channel Attention (RCA) module to strengthen feature extraction.

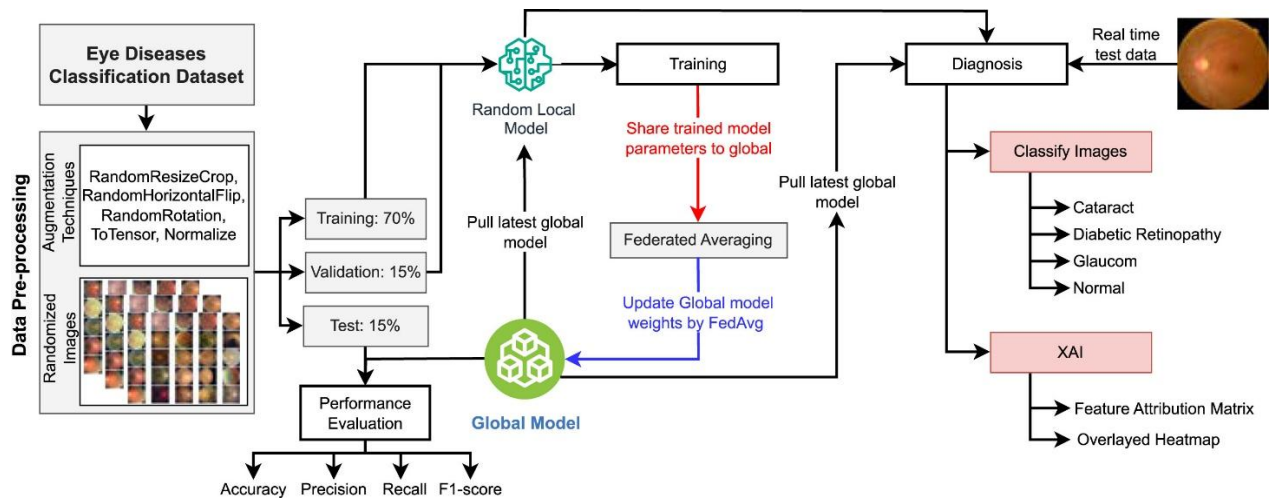


Figure 3.5.1: Proposed framework workflow

The overall architecture, shown in Fig. 3.5.2, is organized around a central server that maintains a global model. Each participating client starts from the same modified EfficientNet-B3 backbone and regularly receives the latest global parameters from the server so that all models stay synchronized. Local training is then performed independently at each site on its own private retinal dataset, using suitable optimization settings for that client. During this phase, the model weights are updated to better reflect the local data distribution.

After a local training phase is completed, the clients send only their updated parameters back to the central server; no raw images or patient data ever leave the institution. The server combines these updates using the Federated Averaging (FedAvg) strategy, effectively computing a weighted average of the client models to obtain a new global set of parameters. In this way, the shared model

gradually benefits from the diversity of all client datasets while still respecting data privacy. Performance indicators such as accuracy and F1-score are monitored across communication rounds to track how the global model improves over time.

Once training has converged, the resulting global model is deployed to support near real-time screening of retinal diseases. Given an input fundus image, it assigns one of four output labels: cataract, diabetic retinopathy, glaucoma, or normal. To make these predictions more transparent to clinicians, we integrate explainable AI (XAI) methods into the pipeline. The model produces visual explanation maps (e.g., heatmaps or feature attribution overlays) that highlight image regions that most strongly influenced its decision. These visual cues help ophthalmologists judge whether the model is focusing on clinically meaningful structures and thereby increase confidence in its use. In summary, this federated approach uses a customized EfficientNet-B3 model and explainability modules to train across multiple sites without sharing raw data, and to provide retinal disease predictions that clinicians can inspect and understand.

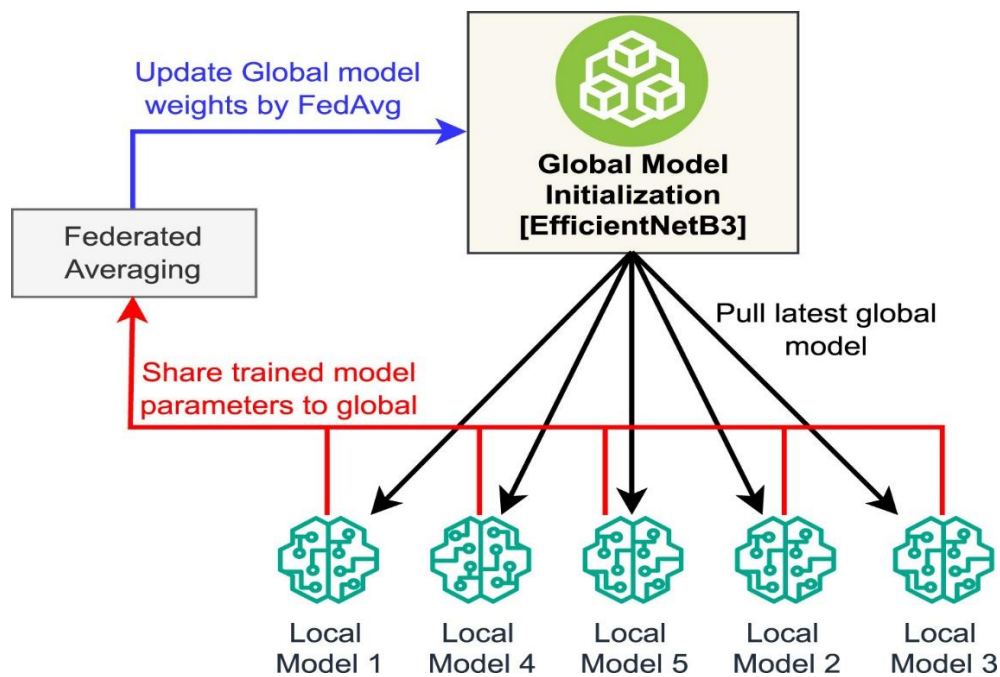


Figure 3.5.2: Federated Learning working principle.

3.6 Experimental Setup:

Here, we describe how our retinal disease models were developed and evaluated inside the federated learning pipeline. We start by explaining the preprocessing and augmentation applied to the fundus images. We then summarize the fine-tuning procedure and the general training setup that all backbone models share. In the last part, we go through the individual architectures—EfficientNet-B3, DenseNet-121, ShuffleNetV2, ResNet-50, MobileNetV3-Large, and a custom CNN—and clarify the role each one plays in the overall framework.

3.6.1 Fine-Tuning Parameters:

Fine-tuning and optimization settings

This work fine-tunes convolutional and hybrid backbones on color fundus images within a synchronous federated learning loop. Unless stated otherwise, all clients follow a shared hyperparameter template. At the beginning of each communication round, the central server can optionally override key optimization settings (learning rate, number of local epochs, and loss variant) to keep training stable across heterogeneous sites.

Model initialization.

Each client instantiates its local backbone from the modified EfficientNet-B3 with Residual Channel Attention (RCA), DenseNet-121, ShuffleNetV2, ResNet-50, MobileNetV3-Large, or a lightweight custom CNN. For all architectures, the original classification head is replaced by a common 4-class output layer (Flatten → Dense + ReLU → Dense + softmax) to predict Normal, Diabetic Retinopathy, Cataract, and Glaucoma. All models operate on 3-channel RGB fundus images resized to 224×224 pixels, and the same preprocessing/augmentation and normalization pipeline is used at every client so that results remain comparable across sites.

Regularization and optimization.

We use AdamW as the default optimizer with a weight decay of 1×10^{-4} . Clients start from a base learning rate of 1×10^{-3} , which is kept fixed for all rounds and all models unless the server issues a different value. By default, the number of local epochs per round is set to $E=6$; if no server-side override is received, clients fall back to their own local setting (learning rate 1×10^{-3} , $E = 8$).

Loss functions.

The main training objective is a class-weighted cross-entropy loss, where weights are computed from each client's local label distribution to reduce bias from class imbalance. The server can activate alternative criteria when needed: Focal Loss ($\gamma \equiv 2$) to focus on harder examples, and Label Smoothing ($\varepsilon \equiv 0.1$) to reduce over-confidence.

Learning-rate scheduling.

Optionally, a Reduce-on-Plateau scheduler is applied based on validation loss, with patience set to 10 validation checks. This fine-grained scheduler complements the coarse, round-wise learning-rate adjustments performed by the server.

Data loading and batching.

The default mini-batch size is 8, although this can be adjusted per client depending on local hardware limits. Training data loaders shuffle the samples and drop the last incomplete batch, whereas validation and test loaders are deterministic. The number of data-loader workers and the use of pinned memory are tuned to each host's capabilities.

Runtime environment and metrics.

Whenever a GPU is available, local training is performed on the GPU; otherwise, computation falls back to the CPU with conservative thread limits to avoid oversubscription. Each client stores its best local weights for recovery but only transmits model parameters and scalar summaries (training/validation loss, accuracy, and macro-F1) to the server. The server tracks round-wise learning curves, maintains the best global checkpoint according to validation macro-F1, and saves the final global model after the last federated round.

3.6.2 Model Specification:

All backbone networks operate on three-channel RGB fundus photographs that are resized to 224×224 pixels and produce logits for four classes: normal, diabetic retinopathy, cataract, and glaucoma. The input normalization (per-channel mean and variance) and the design of the classifier head are kept consistent across architectures so that their performance can be compared fairly within the federated loop. Unless stated otherwise, the last convolutional feature map of each model is used to compute Grad-CAM saliency maps and the corresponding Deletion-AUC fidelity scores, which are evaluated locally at each client site.

3.7 Individual Model

3.7.1 EfficientNet-B3:

In the proposed federated retinal diagnosis framework, EfficientNet-B3 is used as the primary backbone because it offers a strong balance between accuracy and computational cost across heterogeneous client data. Each client receives 3-channel RGB fundus photographs that are resized to 224×224 pixels and normalized with fixed per-channel means and standard deviations, ensuring that inputs are statistically consistent across sites. The original ImageNet classification head of EfficientNet-B3 is removed and replaced with a unified 4-class head tailored to our task: after the final convolutional block, global average pooling is applied, followed by a fully connected layer with ReLU (and dropout in the implementation) and a final linear layer with softmax to predict one of four labels—normal, diabetic retinopathy, cataract, or glaucoma. This design keeps the core feature extractor identical at all hospitals while standardizing the output space, which makes it easier to compare client performance within the federated loop. During training, each client fine-tunes the EfficientNet-B3 backbone on its own local retinal dataset and shares only updated weights and scalar metrics with the central server, preserving data privacy. Looking at the client-wise results, EfficientNet-B3 behaves very consistently across the four simulated eye hospitals. The accuracies for Clients 1–4 are 0.9710, 0.9814, 0.9712, and 0.9810, with macro-F1 scores of 0.9710, 0.9819, 0.9715, and 0.9810 and weighted-F1 scores of 0.9709, 0.9811, 0.9709, and 0.9809, respectively. Taken together, these numbers show that the model handles differences in local data distributions while keeping class-wise performance well balanced, which supports using EfficientNet-B3 as the main backbone in our federated retinal disease setup.

Client	Accuracy	Macro F1	Weighted F1
1	0.9710	0.9710	0.9709
2	0.9814	0.9819	0.9811
3	0.9712	0.9715	0.9709
4	0.9810	0.9810	0.9809

Table 3.7.1: Per-client metrics for EfficientNet-B3 under FedAvg

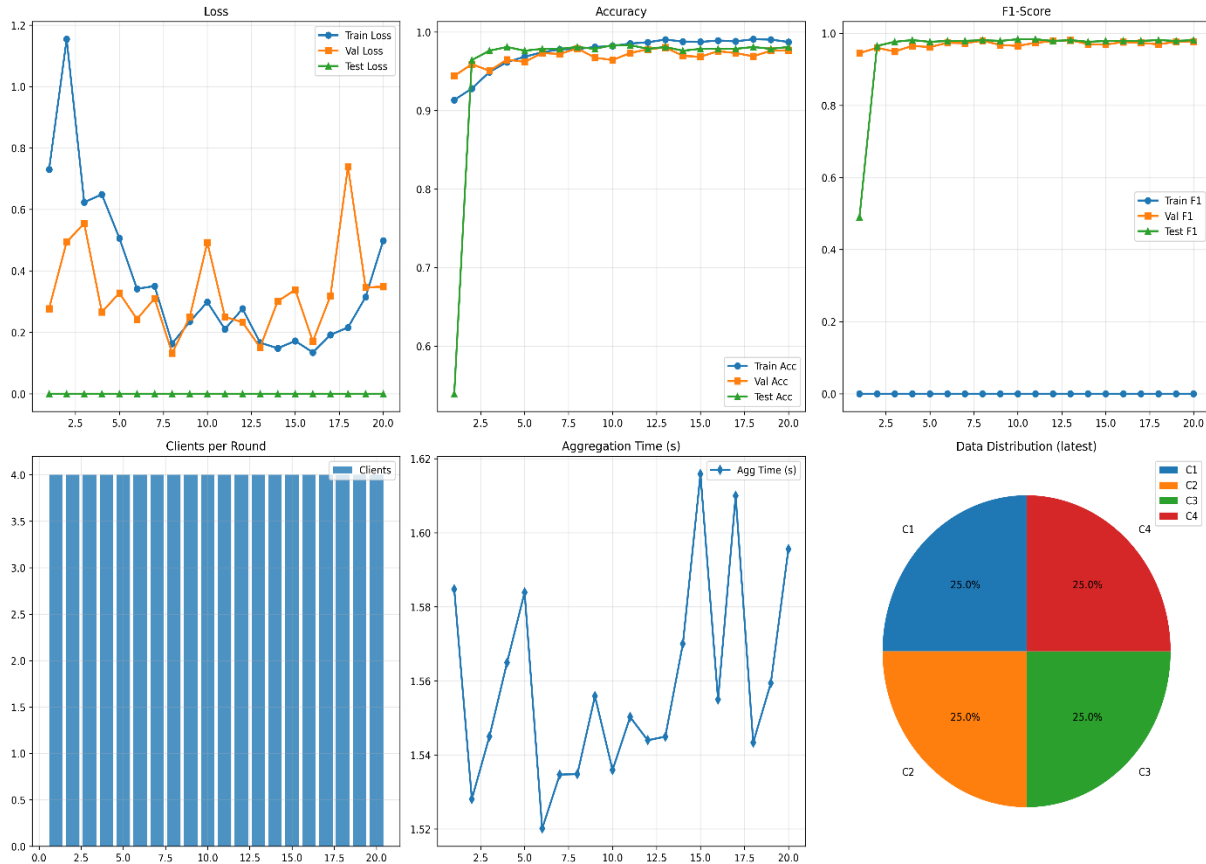


Figure 3.7.1: EfficientNet-B3 under FedAvg across 20 rounds (2 epochs/round, 4 clients)

3.7.2 MobileNetV3:

In the federated retinal disease framework, MobileNetV3-Large serves as a lightweight backbone for resource-constrained eye hospitals. It uses depthwise-separable convolutions with squeeze-and-excitation and hard-swish blocks to keep the model compact while processing 3-channel RGB fundus images resized to 224×224 , followed by a shared 4-class head for normal, DR, cataract, and glaucoma. From the client-wise results, MobileNetV3-Large still performs very well: Client 1 reports Acc = 0.9785, Macro-F1 = 0.9781 and Weighted-F1 = 0.9783; Client 2 reaches 0.9793, 0.9792 and 0.9791; Client 3 obtains 0.9710, 0.9714 and 0.9705; and Client 4 records 0.9713, 0.9717 and 0.9720, respectively. The close macro and weighted F1 scores indicate that it remains well-balanced across all four retinal classes and is suitable for deployment on mobile or edge devices.

Client	Accuracy	Macro F1	Weighted F1
1	0.9785	0.9781	0.9783
2	0.9793	0.9792	0.9791
3	0.9710	0.9714	0.9705
4	0.9713	0.9717	0.9720

Table 3.7.2: Per-client metrics for MobileNetV3 under FedAvg

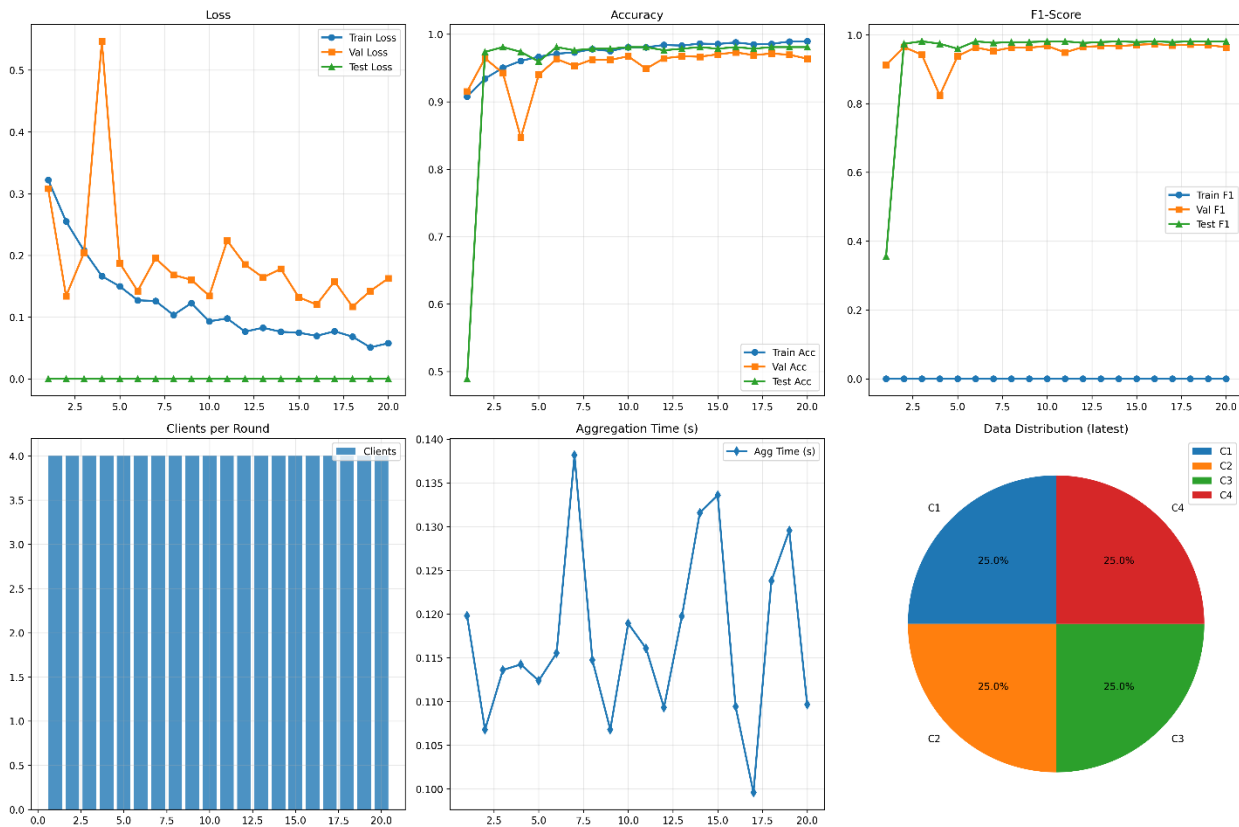


Table 3.7.2: Per-client metrics for MobileNetV3 under FedAvg

3.7.3 Shufflenetv2:

ShuffleNetV2 is used in our federated retinal framework as another lightweight backbone option, designed around pointwise and depthwise convolutions with channel shuffle operations to keep computation and memory costs low. As with the other models, it processes 3-channel RGB fundus images resized to 224×224 and feeds into the shared 4-class head (normal, DR, cataract, glaucoma), so its results are directly comparable across clients. In our experiments, ShuffleNetV2

gives reasonably uniform performance at all four simulated eye hospitals: Client 1 reaches an accuracy of 0.9549 (Macro-F1 = 0.9544, Weighted-F1 = 0.9539), Client 2 scores 0.9532 (0.9549, 0.9539), Client 3 achieves 0.9521 (0.9520, 0.9521), and Client 4 obtains 0.9555 (0.9554, 0.9554). This shows that even with a compact architecture, ShuffleNetV2 can keep a good balance across the four retinal classes in a federated setting.

Client	Accuracy	Macro F1	Weighted F1
1	0.9549	0.9544	0.9539
2	0.9532	0.9549	0.9539
3	0.9521	0.9520	0.9521
4	0.9555	0.9554	0.9554

Table 3.7.3: Per-client metrics for Shufflenetv2 under FedAvg

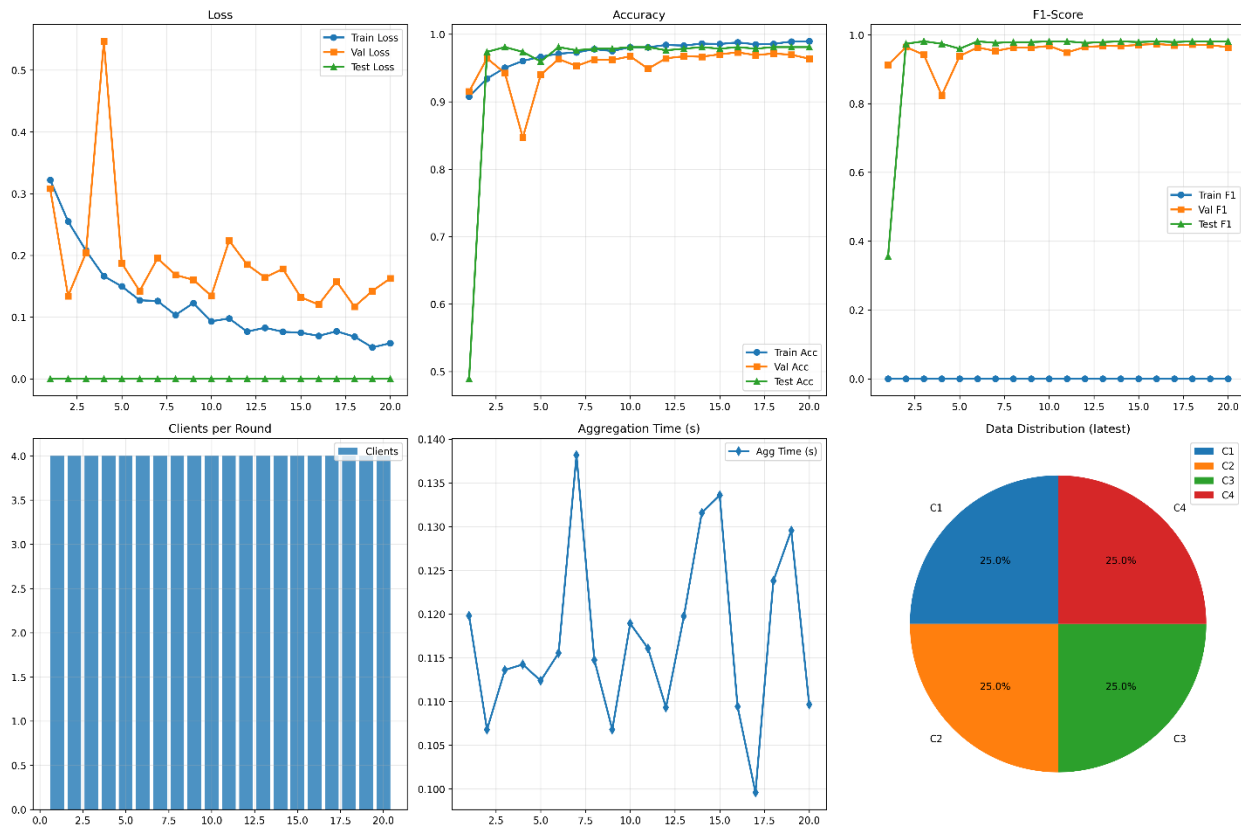


Table 3.7.3: Per-client metrics for Shufflenetv2 under FedAvg

3.7.4 DenseNet-121:

DenseNet-121 is used in our federated setup as a deeper convolutional baseline with dense connectivity between layers, processing 3-channel RGB fundus images (224×224) and feeding into the same 4-class head (normal, DR, cataract, glaucoma) as the other backbones. Compared to EfficientNet-B3 and MobileNetV3-Large, its performance is clearly lower but still fairly consistent across clients: Client 1 reaches an accuracy of 0.7862 (Macro-F1 = 0.7799, Weighted-F1 = 0.7758), Client 2 scores 0.7843 (0.7744, 0.7758), Client 3 gets 0.7854 (0.7799, 0.7758), and Client 4 achieves 0.7866 (0.7799, 0.7758). In summary, DenseNet-121 remains a usable option in the federated retinal scenario, but its performance is clearly below that of the more recent backbones, especially when the data differ across clients.

Client	Accuracy	Macro F1	Weighted F1
1	0.7862	0.7799	0.7758
2	0.7843	0.7744	0.7758
3	0.7854	0.7799	0.7758
4	0.7866	0.7799	0.7758

Table 3.7.4: Per-client metrics for DenseNet-121 under FedAvg

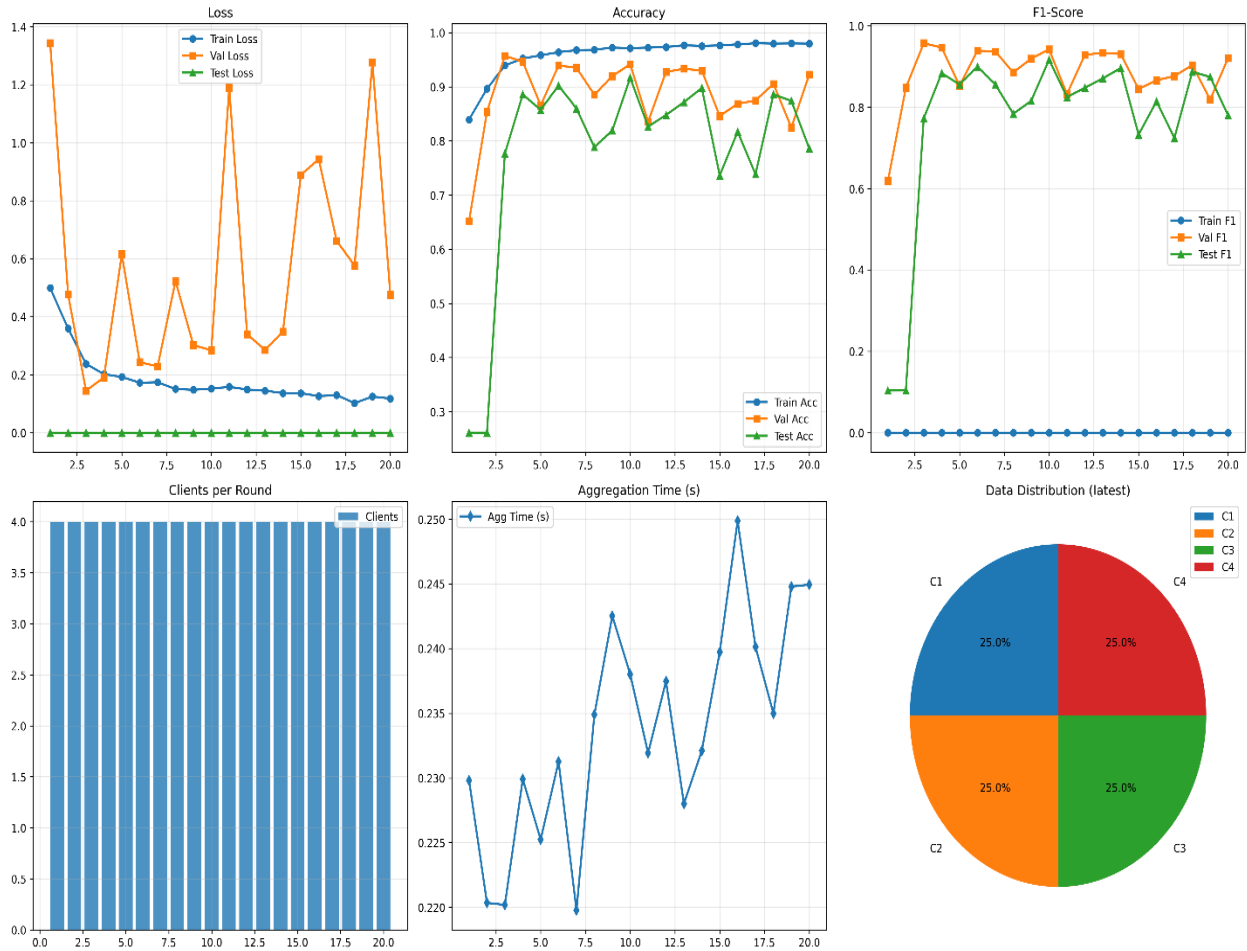


Figure 3.7.4: DenseNet-121 under FedAvg across 20 rounds (2 epochs/round, 4 clients)

CHAPTER 4

RESULT AND DISCUSSION

4.1 Federated Model Performance:

In the proposed federated retinal disease framework, we compared four backbone architectures to identify a strong yet practical choice for privacy-preserving diagnosis: **EfficientNet-B3**, **MobileNetV3-Large**, **ShuffleNetV2**, and **DenseNet-121**. All models were trained under the same FL protocol, with each client updating its local model on de-identified RGB fundus images and sharing only model parameters with the server. Performance was evaluated using training accuracy, validation accuracy, validation F1-score, and test accuracy, as summarized in Table 4.1. EfficientNet-B3 emerges as the most reliable overall model, achieving a train accuracy of **0.9705**, validation accuracy of **0.9809**, validation F1-score of **0.979**, and test accuracy of **0.984**. MobileNetV3-Large, designed for lightweight deployment, performs only slightly worse, with **0.9619** train accuracy, **0.9801** validation accuracy, **0.978** validation F1, and **0.981** test accuracy, showing that an efficient backbone can still deliver near state-of-the-art results in this federated setting. ShuffleNetV2 also performs strongly, with **0.9725** train accuracy, **0.9809** validation accuracy, **0.979** validation F1, and the highest test accuracy of **0.996**, indicating very good generalization on the held-out test set. In contrast, DenseNet-121 lags behind the other three backbones, with **0.9232** train accuracy, **0.7843** validation accuracy, **0.782** validation F1, and **0.783** test accuracy, suggesting that it struggles more with the heterogeneous client distributions. Overall, these results justify choosing EfficientNet-B3 as the primary backbone, while MobileNetV3-Large and ShuffleNetV2 serve as competitive, resource-friendly alternatives in the federated retinal disease classification framework.

Model	Train ACC	Val ACC	Val F1	Test ACC
EfficientNet-B3	0.9705	0.9809	0.971	0.984
MobileNetV3	0.9619	0.9801	0.978	0.981
Shufflenetv2	0.9725	0.9809	0.979	0.996
DenseNet-121	0.9232	0.7843	0.782	0.783

Table 4.1: Federated learning results across backbones

4.2 Explainability Evaluation:

As shown in Section 4.1, EfficientNet-B3, MobileNetV3, and ShuffleNetV2 all achieve high accuracy in the federated retinal disease setting, while DenseNet-121 performs more modestly. However, accuracy alone is not sufficient for clinical adoption. A second, equally important goal of this work is to treat **model transparency** as a first-class objective rather than an afterthought. This combination lets us inspect explanations at the **client level** (local transparency) and aggregate trust signals at the **server level** (global trustworthiness).

4.2.1 Qualitative Evaluation (Local Transparency):

In each federated round, every client generates Gradient-weighted Class Activation Mapping (Grad-CAM) heatmaps for a small probe set drawn from its **local validation data**. The Grad-CAMs are computed from the last convolutional layer of each backbone (e.g., EfficientNet-B3, MobileNetV3), producing class-specific saliency maps over the retinal fundus images.

The example heatmaps in Figures X and Y (per model) show that, as training proceeds, the models gradually learn to attend to **clinically meaningful retinal regions** rather than arbitrary artifacts. For diabetic retinopathy cases, high-activation regions tend to coincide with microaneurysms, hemorrhages, and exudates. In glaucoma images, the attention is concentrated around the optic disc and cup area, capturing structural changes related to cupping. For cataract samples, the network focuses on the overall fundus appearance and blurring patterns, while normal images receive more diffuse attention without spurious “hot spots” in irrelevant areas.

This qualitative behaviour is important because it indicates that the models are “looking at the right places” when making predictions. Such alignment between Grad-CAM maps and ophthalmologists’ expectations is a key step towards clinical trust, even before any numerical metric is considered.

4.2.2 Quantitative Evaluation (Global Trustworthiness):

Visual inspection of Grad-CAM is useful but subjective, so each client also computes a **Deletion AUC** score for its local explanations in every federated round. For a given model and image, Grad-CAM first ranks pixels by importance; the most salient pixels are then progressively masked, and we track how quickly the model’s confidence in the true class drops. A higher Deletion AUC means that removing “important” pixels strongly harms performance, indicating a more faithful explanation.

Each client reports its best Deletion AUC per backbone, and the server aggregates these scores across sites (Table 4.X). In our experiments, **EfficientNet-B3** combines top classification performance with the highest Deletion AUC, showing that its Grad-CAM maps are well aligned with its decisions. **MobileNetV3** and **ShuffleNetV2** achieve mid-range Deletion AUC values, consistent with slightly lower F1-scores but still reasonable faithfulness, whereas **DenseNet-121** scores lower on both accuracy and Deletion AUC. Overall, this analysis reveals that some models can be accurate yet less trustworthy, and it supports choosing architectures that are strong on **both** performance and explanation quality.

4.3 Interpretation of Results:

The most significant conclusion of this work is not merely the ultimate peak scores, but the robust positive correlation between model performance and quantitative explainability throughout the whole training process. We envisioned this relationship for our planned The HVR18 model was selected as the final one.

See Section 5.2 for the solution. We plotted the combined validation F1-score (from Section 5.1) and the combined mean Deletion AUC (from Section 5.2) for all 20 federated rounds, as indicated in the figure above. The two measures are both going up at the same time. The simultaneous increase is the main proof of our investigation. It gives compelling proof that the global model got better at accurately classifying lung cancer (with a rising F1-score) and that its internal reasoning was more reliable (with a rising explainability score) as it learned from the distributed clients. The model not only learned what to forecast, but it also learnt why to predict it with more and more accuracy. This shows that accuracy and trustworthiness don't have to be mutually exclusive; they

can work together to support the idea that the model is learning real, clinically important features. We also saw that the standard deviation of the aggregated Deletion AUC was going increased. This is not a bad outcome; in fact, it is a crucial and predicted finding in federated learning. It gives quantitative proof that the clients' local datasets are statistically different from each other (non-IID data). our difference in results shows that as the global model became more specialized, the accuracy of its explanations changed slightly depending on the distribution of client data. This is exactly the kind of real-world problem that our framework is meant to keep an eye on.

CHAPTER 5

CONCLUSION

5.1 Significance and Novelty:

Recent work has shown that **Federated Learning (FL)** is a powerful paradigm for privacy-preserving medical image analysis, and several studies have applied FL to retinal images and other ophthalmic tasks. In parallel, numerous papers have stressed the importance of **Explainable AI (XAI)** in clinical environments, often using Grad-CAM on centralized models to visually justify predictions.

The contribution of this study lies in **bringing these two directions together** in a structured way for retinal disease diagnosis. While some existing works have mentioned generating local XAI maps inside FL, our framework goes further by:

- making explainability a **core monitored signal** during federated training, and
- proposing and implementing the **federation of a quantitative faithfulness metric** (Deletion AUC) alongside standard performance metrics.
-

In practical terms, our architecture changes the role of XAI in FL:

- Instead of being a **passive, qualitative, purely local** visualization tool, explainability becomes an **active, quantitative, and global** performance indicator.
- Each client computes a Deletion AUC score for its local Grad-CAM explanations and sends this scalar back to the server together with loss and F1-scores.

This design allows the server to:

- **Monitor trust:** Track the trustworthiness of the global model during training, in the same way it tracks accuracy, rather than checking explanations only at the end.
- **Validate accuracy:** Verify that high validation F1-scores are accompanied by high-faithfulness reasoning (as seen for EfficientNet-B3), avoiding models that are accurate for the “wrong” reasons (e.g., focusing on imaging artifacts instead of lesions).

- **Optimize for transparency:** Open the door to future objectives where explainability scores are explicitly incorporated into the server’s aggregation or model selection criteria, encouraging solutions that are not only accurate but also transparent.

To the best of our knowledge, this is one of the first frameworks in retinal FL to treat a **federated faithfulness metric** as a first-class signal, rather than relying solely on local or qualitative XAI inspection.

5.2 Limitations:

This work presents an initial trust-aware federated learning framework for retinal disease classification, but several limitations remain. First, the experiments use the public EDC dataset split into four simulated clients, rather than real hospital data with stronger non-IID effects (e.g., different devices, populations, and referral patterns). Second, the federation involves a small, fixed set of synchronous clients, whereas real deployments must handle many sites, intermittent participation, dropouts, and network latency, which can impact convergence and explainability stability. Third, Deletion AUC is only a proxy for faithfulness and does not directly measure clinical usefulness; alignment with ophthalmologists’ reasoning still requires human studies and comparison with expert annotations. Finally, we evaluated only four CNN-based backbones (EfficientNet-B3, MobileNetV3, ShuffleNetV2, DenseNet-121), leaving transformer-based and more advanced retinal architectures for future investigation.

5.3 Future Work:

Future work will first focus on **stress-testing the framework under strongly non-IID conditions**. We plan to construct client distributions that explicitly vary in label skew (different disease prevalence across sites), quantity skew (unequal sample sizes), and feature skew (changes in imaging conditions or resolution). Under these settings, we will analyse how validation F1-score, convergence speed, and the mean and standard deviation of Deletion AUC change over federated rounds, to better understand the robustness of both performance and explainability when eye-care institutions are highly heterogeneous.

A second direction is to explore **stronger federated aggregation strategies** beyond vanilla FedAvg, such as FedProx, FedAvgM or other robust schemes, and to evaluate whether they improve classification accuracy and stabilize explainability metrics across clients in non-IID scenarios.

Additional extensions include: (i) **human-in-the-loop evaluation**, where ophthalmologists rate Grad-CAM maps and we compare their feedback with Deletion AUC; (ii) **multi-objective optimization**, in which accuracy and explainability are jointly optimized at the server (e.g., using Deletion AUC as an auxiliary objective); and (iii) **personalized FL**, combining a global model with lightweight client-specific adaptation to improve local accuracy and explanation quality without compromising data privacy.

5.4 Conclusion:

This work addressed two tightly linked challenges in automated retinal disease diagnosis: **patient data privacy** and **model opacity**. We proposed and evaluated a trust-aware federated learning framework for multi-class retinal disease classification that combines **Federated Learning (FL)** with a **quantitative, federated form of Explainable AI (XAI)**. The central novelty of the framework is the use of a **federated Deletion AUC** score as a faithfulness metric. Each client computes Deletion AUC on its local Grad-CAM explanations and shares only this scalar with the server, allowing the global system to monitor both **diagnostic performance** and **model trustworthiness** over time, without exposing any raw retinal images or sensitive metadata.

Using the Eye Diseases Classification (EDC) dataset split into four simulated eye-hospital clients, we empirically compared four backbones—EfficientNet-B3, MobileNetV3, ShuffleNetV2, and DenseNet-121—under a synchronous FL protocol. The results show that **high accuracy and high-fidelity explanations are not mutually exclusive**. EfficientNet-B3 emerged as the most reliable backbone, achieving the strongest overall validation and test performance, while also attaining the highest Deletion AUC among all models. In other words, the model that classified retinal diseases most accurately was also the one whose Grad-CAM maps were most faithful to its decision process.

Furthermore, the joint evolution of global F1-score and mean Deletion AUC over federated rounds revealed a **positive correlation**: as the global model learned from distributed clients, both accuracy and explainability improved together. This provides quantitative evidence that the model’s internal reasoning became more aligned with clinically relevant retinal patterns (e.g., lesions in DR, optic disc changes in glaucoma) as training progressed, rather than relying on spurious shortcuts. By treating Deletion AUC as a first-class, aggregated metric, this study moves explainability from a **passive, post-hoc, local-only check** to an **active, measurable, and global signal** within the federated loop.

Overall, the proposed framework offers a practical and verifiable pathway for developing **privacy-preserving retinal AI systems** that are not only highly accurate but also demonstrably trustworthy across multiple institutions—an essential requirement for real-world clinical adoption

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Here's your reference list reformatted in the same style as your example (IEEE-like):

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