

A PROJECT REPORT

"Preparation of Herbal Facial Mask with Dragon Fruit for healthy skin."

Submitted To

Prof. Dr. Md. Bellal Hossain

Head of Department Department of Nutrition and Food Engineering (NFE) Daffodil International University

Supervised By

Dr. Amir Ahmed Associate Head Department of Nutrition and Food Engineering (NFE) Daffodil International University

Submitted By

MD:MominProdhan ID: 161-34-517

Department of Nutrition and Food Engineering (NFE) Daffodil International University

Date of submission:

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LETTER OF ACCEPTANCE

Date:

То

Professor Dr .Md. Bellal Hossain Department of Nutrition and Food Engineering (NFE) Daffodil International University

Subject: Submission of the Project Report.

Dear Sir,

I would like to take this opportunity to thank you for the guidance and support you have provided me during the course of this report. Without your help, this report would have been impossible to complete.

To prepare the report I collected what I believe to be most relevant information to make this report as analytical and reliable as possible. I have concentrated my best effort to achieve the objective of the report and hope that my endeavor will serve the purpose. The practical knowledge and experience I have gathered during preparation report will immeasurably help in my future professional life. I request you to excuse me for any mistake that may occur in the report despite of my best effort.

I would really appreciate it you enlighten me with your thoughts and views regarding the report. Also, if you wish to enquire about an aspect of my report, I would gladly answer your queries.

Thank you again for your support and patience.

Morrin

Md. Momin Prodhan ID: 161-34-517 Department of Nutrition and Food Engineering (NFE) Daffodil International University

DEDICATION

This research work is dedicated to my beloved father Md.Bazlur Rashid and mother Mst.Morsheda Begum and my Brother who gave me the support and courage to fulfill this work successfully.

Certificate of Approval

I am satisfied to certify that the project report on "**Preparation of Herbal Facial Mask with Dragon Fruit for healthy skin.**" conducted by Md. MominProden Carrying ID: 161-34-517, Department of Nutrition and Food Engineering, Faculty of Allied Health Sciences, Daffodil International University; has been approved for presentation and defense for the academic degree.

Md. MominProden bears a strong moral character and an extremely satisfying identity. It has in fact been an extraordinary delight working with him. I wish him all achievement in life.

Professor Dr. Amir Ahmed Head Department of Nutrition and Food Engineering Faculty of Allied Health Sciences Daffodil International University

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Abstract

Hylocereuspolyrhizus and Hylocereusundatus are two assortments of the ordinarily called Dragon Fruit products, has a place with the Cactaceae family. Dragon Fruit product contains a few kinds of cancer prevention agents (Betalains, Hydroxycinnamates, Flavonoids) which shield cells from temperamental particles called free radicals, which are connected to ceaseless infection hazard and maturing. Dragon Fruit product is likewise rich in phyto albumins and nutrient C which are profoundly esteemed for their cell reinforcement properties so make your skin more tightly, progressively adaptable and favor you with an excellent solid shine. Customary utilization of this readied Dragon Fruit product Cream on the face can help in hindering the way toward maturing. It is likewise utilized in treating skin inflammation and burn from the sun.

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1. INTRODUCTION:

1.1 Dragon Fruit and Its Health Benefit:

Scrumptious, palatable Dragon Fruit product can be reaped from a few types of desert plants in the Cactaceae Family. Dragon Fruit product can be developed where there is no genuine ice in cool zones 9b to 12. These prickly plant species won't develop in wet soil, dry deserts or hot, damp wildernesses.



Dragon Fruit products, has a place with the Cactaceae family (Rahim, 2015). Dragon Fruit product contains a few sorts of cancer prevention agents (Betalains, Hydroxycinnamates, Flavonoids) which shield cells from insecure particles called free radicals, which are connected to incessant illness hazard and maturing (Ghodke at. al., 2017).

Dragon Fruit product are sweet organic product from prickly plant plants in the variety Hylocereus and Selene cereus. This profile is alluding to natural products inside those genera and the term Dragon fruit product will be utilized all. In different archives, Dragon Fruit product can be alluded to as Dragon or strawberry pear (Lobo et al, 2013). Another desert flora natural product that passes by a similar regular name Dragon is from the variety Steno cereus. Natural products from the sort Steno cereus seem to be like Dragon fruit product; in any case, they are rounder and have an acrid flavor (Shelton, 2014).

Selenecereus megalanthus is another Dragon fruit product developed for business generation, which has organic product with yellow skin and white tissue (Lobo et al, 2013). All Dragon Fruit product have dark little consumable seeds that are comparative in appearance to kiwi seeds. The surface of dragon Fruit product is like kiwi or watermelon, and the flavor is somewhat sweet with unpretentious hearty notes. The cultivars with more profound pink substance are said to have the most flavor (McEachran, 2015). Dragon fruit natural product are generally the size of a baseball, however oval molded.

The late spring (June through September) is the principle season for crisp dragon fruit product. August and September are the pinnacle a very long time for most assortments; nonetheless, assortments of Selene cereusmegalanthus produce natural product throughout the winter a long time of November through February (Lobo et al, 2015).

The primary two species developed for business generation incorporate Hylocereus undated, which has organic product with splendid pink skin and white tissue, and Hylocereus sp., which has natural product with brilliant pink skin and fluctuating tones of pink substance. Both have various assortments.



1.2 Dragon Fruit Health Benefit:

Dragon fruit is rich in antioxidants like flavonoids, phenolic acid, and betacyanin. These natural substances protect your cells from damage by free radicals -- molecules that can lead to diseases like cancer and premature aging.

In spite of the fact that dragon fruit product doesn't have the supplement punch of berries or citrus natural products, it makes for a decent tidbit or pastry since it's normally without fat. It's likewise high in fiber, which will help keep you full for longer between suppers.

Dragon Fruit product could help bring down your glucose. Bigger sums may cut glucose levels in the event that you as of now have diabetes. Scientists state it may work, to some extent, by supplanting harmed cells in the pancreas that make insulin - the hormone that enables your body to separate sugar.

In any case, the examinations were done on mice, not individuals. It's hazy exactly how much dragon fruit natural product you'd need to eat to get these advantages.

Dragon Fruit product likewise has prebiotics - nourishments that feed the solid microbes called probiotics in your gut. Having more prebiotics in your framework can improve the parity of good to terrible microorganisms in your digestion tracts. In particular, dragon Fruit product energizes the development of the probiotics lactobacilli and bifidbacteria. In your gut, these and other accommodating microorganisms can slaughter ailment causing infections and microbes.



Nutritional value per 100 g (3.5 oz.)					
Energy	268Kcl				
Carbohydrate	82.14g				
Sugar	82.14g				
Dietary Fiber	1.8g				
Protein	3.47				
Vitamins	Quantity	%DV			
Vitamins C	9.2 mg	11%			
Minerals	Quantity	%DV			
Calcium	107 mg	11%			
Sodium	39 mg	3%			

7 health benefits of dragon fruit:

- High in Nutrients. Share on Interest.
- May Help Fight Chronic Disease.
- Loaded With Fiber.
- Promotes a Healthy Gut.
- Strengthens Your Immune System.
- May Boost Low Iron Levels.
- Good Source of Magnesium.

Red Dragon Fruit natural product (Hylocereuspolyrhizus) is rich with nutrients A, C, E and others sort of minerals, for example, calcium and phosphorus. The natural product tissue likewise contains phenolic mixes and betacyanin that are added to cancer prevention agent exercises Bae SH, Suh HJ (2007). Despite the fact that the mythical beast natural product has huge medical advantage, it is additionally profoundly transitory and exposed to quick disintegration because of its high dampness content and the continuation of its metabolic action after gathering.

Dragon Fruit products have not ideally utilized despite the fact that the Dragon Fruit natural product strip has extent contrast and the entire leafy foods a large portion of polyphenol. As indicated by Nurliyana et al. 2010, the strip of winged serpent natural product has higher phenolic content and higher radical searching action than the mash and in this way could be a decent wellspring of cancer prevention agents. The mixes distinguished in the strip are chlorogenic corrosive, Gallic corrosive, and quercetin.

1.3 Dragon fruit Uses face mask:

Normal utilization of Dragon Fruit product all over can help ensure it against free radicals and the harm they do. For this, we propose grimacing cover out of equivalent amounts of yogurt and Dragon Fruits product crushed into a glue. Apply onto your face and leave in for around 20 minutes. A short time later, wash off with tepid water.

Dragon Fruit product skin might be yellowish to dull red in shading with eatable tissue that perhaps white or red relying upon the assortment. It has a ton of dark little seeds that is additionally consumable. Dragon Fruit product is rich in normally happening flavonoids, which are basically found in Dragon Fruit product strip. Dragon Fruit product is additionally rich in phyto albumins which are profoundly esteemed for their cell reinforcement properties. It encourages us to battle free radicals in our body. It additionally hinders the maturing procedure after the free radicals are decreased.

It is additionally plentiful in numerous significant minerals as iron, calcium, phosphorus. Aside from this, it contains a decent extent of protein, fiber and niacin and last however not the least, 80 percent water. Consequently you can without much of a stretch consider it a 'super organic product' that aides in improving nourishment and amends body infirmities. Not just that, Dragon Fruit product can be an indispensable fixing in your everyday excellence system even.



1.4 Benefits of dragon fruit face mask For Skin:

1 . Help soothe sunburnt skin

The organic product is stacked with nutrient B3 that empowers it to relieve burned from the sun skin and give moment alleviation from the aggravation, redness and irritation brought about by the cruel ultra-violet beams. Also, it shields the skin from the hurtful sunrays.

2. Helps reduce acne:

At the point when applied topically, Dragon Fruit product can help lessen skin break out; gratitude to the nearness of nutrient C content. This cell reinforcement keeps your skin from breaking out and further keeps it solid and gleaming.

3. Makes the skin glow:

Nutrient C in Dragon Fruit product may help ensure against bluntness and leave your skin look new and restored.

4. May prevent free radical damage:

Free radicals are said to hurt cells and cause oxidative weight, leaving your skin look dull and got dried out continually. Topical utilization of this natural product can counteract free radicals to keep the skin from being dull.

5. Helps fight premature ageing:

A poor way of life, absence of rest, free extreme harm, terrible eating routine, and sun harm can accelerate the skin's maturing procedure and cause untimely indications of maturing, which incorporates barely recognizable differences and wrinkles. Ordinary use of the natural product can keep free radicals from harming the skin.

6. Acts as a natural moisturizer:

Dragon Fruit product is basically a characteristic lotion as it contains around 80 percent of water and comes stuffed with skin-basic nutrients and cell reinforcements.

Perhaps the most ideal approaches to utilize Dragon Fruit product is to apply it legitimately on the skin. Presently, that you know such stunning advantages of this intriguing organic product, present to it your salvage.

Dragon Fruit for Skin



Dragon fruit face cream to treat acne:

As dragon Fruit product is plentiful in nutrient C, it is extremely valuable for treating skin break out. Apply this normally, if conceivable two times per day for best outcome.

Dragon fruit face cream to soothe sunburned skin:

As Dragon fruit product is plentiful in nutrient B3, it alleviates and saturates dry burned from the sun skin. The Dragon Fruit product squeeze additionally fills in as a great sun shield. Before going out, organic product cream apply it on face. Enable the skin to retain and wash your face with cold water. This will shield you from the unsafe impacts of UV beams.

Dragon fruit face cream for bright glowing skin:

Apply cream on face, neck, and on the remainder of your body. Give it a chance to retain in your body. Wash up. Do it two times every week.

1.5 Dragon Fruit Pulp:



Fig: Dragon Fruit Pulp

Skin Benefit of Dragon Fruit Pulp:

Take half mythical serpent foods grown from the ground out the mash and make smooth glue from it.By and by, apply the face pack all finished and neck.

1.6 Health Benefit Dragon Fruit Pulp:

- 1.Lowers Cholesterol
- 2.Helps with Stomach Ailments
- 3.Lowers Blood Sugar
- 4.Improves Cardiovascular Health
- 5.Cuts Low Hemoglobin Risk
- 6.Helps in Weight Management
- 7.Prevents Cancer.

1.7 Dragon Fruit Peel:

Dragon Fruit organic product strip contains a high measure of anthocyanin, a characteristic shading color that gives natural products or plants their red-orange to blue-purple shading. Dragon fruit peel is rich in Antioxidant.



Fig: Dragon Fruit Peel

Uses of Dragon Fruits Peel:

Rich in anthocyanin and antioxidants

Agreat source of soluble dietary fiber

Makes a delicious and healthy dessert

can be made into nutritious and minimal effort tea

Lessen dandruff and advance a solid scalp

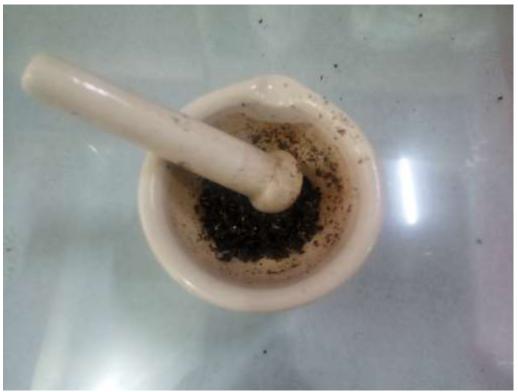
Can be made into a nourishing, anti-aging, and skin-beautifying facial mask Can be made into juice or beverage.

Procedure for extraction of vitamin C from dragon fruit peel:

Cautiously evacuate Dragon organic product strip and permit drying at 70°c for 2 hr. the dried strip is then powdered and expel the enormous particles. Precisely gauge 5gm of powdered strip is moved in measuring utensil which containing 70% hydro jazzed up blend and set in water shower for 1 hr. Channel the concentrate and wash the buildup with a similar dissolvable. Permit to cool, amass and store in legitimate compartment.

1.8 Dragon Fruits Seeds:

Dragon fruit content rich amount of oil. To develop Dragon Fruit natural product from seed, cut a Dragon Fruit organic product down the middle and utilize a spoon to scratch out certain seeds. Flush the seeds. Mash will stick to the seeds, and its fine to plant with it appended.





1.9 Dragon Fruit Seeds Nutritional Value:

- Calories: 136.
- Protein: 3 grams.
- Fat: 0 grams.
- Carbohydrates: 29 grams.
- Fiber: 7 grams.
- Iron: 8% of the RDI.
- Magnesium: 18% of the RDI.
- Vitamin C: 9% of the RDI

2.0 Dragon Fruit Seeds Health Benefit:

Dragon fruit seeds contain unsaturated fat and fights bad cholesterol.

- High in Nutrients.
- May Help Fight Chronic Disease.
- Loaded With Fiber.
- Promotes a Healthy Gut.
- Strengthens Your Immune System.

2. LITERATURE REVIEW:

Red Dragon fruit is a tropical natural product. As per Bowman (2008), red Dragon Fruit natural product (Hylocereuscostaricensis) or dragon is one sort of desert plant that is originated from Mexico, United States, and South of America, at that point brought to Indochina (Vietnam) as elaborate plant since it has exceptional shape, excellent blossom, and red glossy balance organic product. Further, Rizal (2015) claims that red Dragon Fruit is appropriate with the tropical atmosphere, for instance Vietnam and Thailand, they become the biggest maker of Dragon Fruit. In Indonesia, red Dragon Fruit product isn't generally known in light of the fact that the plants is still less and hard to acquire in customary markets, it is additionally because of red Dragon fruit product is delegated new development type (Winarsih, 2007).

This natural item began to enter Indonesia around the year 2000 and imported it from Thailand, by then it is formed into cultivating harvests in specific districts like Yogyakarta, Malang, Mojokerto, and Jember (Purba, 2007). By and by, Red Dragon Fruit is as often as possible created in Indonesia since it has its own one of a kind focal points, explicitly has a greater size, progressively engaging meat concealing, and various enhancements containing in it (Gusti, 2011).

Red Dragon Fruit contains various sustenance. According to Cahyono (2009) and Cristiano (2009), the sustenance in every 100 gram of red Dragon Fruit contains 82,5-83 gram water, 0,21-0,61 gram fat, 0,15-0,22 gram protein, 0,7-0,9 gram fiber, 0,01 mg carotene, 8,8 mg calcium, 31,6 gr phosphor, 0,55-0,65 mg iron, 11,5 gram starch, 9,61 gram sugar, 60,4 gram magnesium, and moreover Vitamin B1, B2, and supplement C. Not simply that, red mythical beast Fruit item in like manner contains high of cell support.

All malignant growth aversion specialist blends can go about as substances that defer or dodge the oxidation of cell ox disable substrates considering the way that by responsive oxygen species (Agile et al., 2007). With this piece, red Dragon Fruit item acknowledged as advantageous organic product balance blood glucose, counteract entrails disease, protectoral prosperity decline cholesterol, fortify kidney and bone capacity, anticipate draining so that can increment and urancoverall(Hardjadinata,2010).

2.1 Dragon Fruit Skin Benefit:

Since red dragon Fruit products wealthy in supplements, it might convey some incredible advantages to the body.Red Dragon fruit product has a sweet taste and dull.With a sweet taste, that makes many people captivated. Appreciate Dragon Fruit product in different structures is dazzling for wellbeing and magnificence.Based on Syakira (2016), there are six benefits of red dragon fruit for beauty:

Smooth and Moisturize the Skin:

Red Dragon Fruit product contains vitaminB3, which is exceptionally helpful to saturate the skin and make the skin smooth equally.

2. PreventingPrematureAging:

Advantages of the red dragon Fruit for excellence in avoiding untimely maturing. This sweet red organic product contains a ton of nutrient E and beta-carotene which fills in as restraining the development of dangerous cells that are free from untimely maturing

3. Prevent and Eliminate Acne:

Advantages of red mythical beast organic product are likewise useful for counteracting skin break out and expel skin break out. Try to smooth the Dragon Fruit product or mix. Enter a large portion of a glass of water and strain the mash. Take the Dragon Fruit foods grown from the ground on face and neck equally. Play out this treatment normally one time seven days.

4. Drug Burns:

Consumed skin will expel your excellence if individuals are encountering this issue quickly defeat with a red Dragon Fruit product. Dragon Fruit product stripped and took the water.Add one table spoon of nectar and one table spoon of lemon juice. Consolid at fixing splendidly and apply on consumes. Perform two times each day.

2.2 Dragon Fruit health Benefit:

Red dragon fruit is not only good for beauty alone but also good for health. It is in line with Angie (2016) that have explained 21 benefits that provided by red dragon fruit:

Promotes Healthy Digestion:

Red Dragon organic products contains some measure of fiber which can offer advantage to the assimilation. Advantages of advancing sound processing is regular in most organic product however red Dragon Fruit products surely can keep up solid assimilation and anticipate irritation that occur in the absorption tract.

2.Prevent Constipation:

Fiber isn't just make processing framework sound yet it likewise improve defecation and encouraging the stool to pass the digestive organ simpler. Fiber in red winged serpent natural product add more mass to stool and avert obstruction.

3.Fight Cancer:

Red Dragon Fruit product contains more cancer prevention agent and colors which more prominent than cell reinforcement in different kinds of Dragon Fruit organic product. The red Dragon fruit product contains Vitamin C and lycopene which can keep from certain malady, for example, malignant growth, particularly prostate disease. An investigation which distributed in the Asian Pacific Journal of Cancer Prevention announced that utilization of some measure of lycopene consistently can diminish the danger of prostate malignant growth.

5.Prevent Diabetes:

Advantages of Red Dragon Fruit products contain fiber which can balance out the glucose level in blood. It is additionally consider as nourishment with low glycemic record. Devouring nourishment with lower GI or glycemic record can offer advantages to the body and it cause the insulin to can work appropriately while high GI nourishment can advances insulin opposition and trigger the advancement of Diabetes?

6.Prevent Heart Disease:

Coronary illness is number one infection that ought to know by all individuals. The cell reinforcement in red Dragon Fruit product likewise assume significant job in keeping the heart from oxidative pressure that because by free extreme harm.

7.Slower Aging Process:

Everybody need have solid and youthful life, by devouring red Dragon Fruit product it won't be inconceivable. Red Dragon Fruit product is finished by various measure of cancer prevention agent that can more slow the maturing impact in the body. For data, maturing that occur in human body is for the most part because by free radicals impact.

8. Promotes Healthy Hair:

Red Dragon Fruit product juice can upgrade hair magnificence. Simply apply some juice of red Dragon Fruit product on scalp and hair stem or use it as hair cover. Red Dragon natural products contains high cell reinforcement and more supplements that can upgrade the shade of the hair what's more, make it smooth.

2.3 Dragon Fruit Antioxidant Property:

One approach to battle this is by eating cell reinforcement rich nourishments like Dragon Fruit product.

The target of this examination was to explore the cell reinforcement properties of natural product (strip and mash) and mash of H. polyrhizus and H. undatus. Cancer prevention agent substance of the two types of Hylocereus organic products were estimated utilizing ascorbic corrosive and absolute phenolic substance. Cancer prevention agent exercises of the two types of Hylocereus organic products were examined utilizing free radical searching action and ferrous particle chelating action.

2.4 Dragon fruit contains several types of potent antioxidants, including:

Significantly, cell reinforcements work best when eaten normally in nourishment, as opposed to in pill structure or as an enhancement. Truth be told, cell reinforcement enhancements may have unsafe impacts, and taking them without medicinal supervision isn't prescribed.

Battalions:

Test-tube ponders demonstrate battalions can battle oxidative pressure and may be able to stifle malignant growth cells.

Carotenoids:

Beta-carotene and lycopene are the plant shades that give Dragon Fruit product its dynamic shading. Diets wealthy in carotenoids have been connected to a decreased danger of malignancy and coronary illness.

Energetic in shading, which additionally implies that Dragon fruit is loaded up with Antioxidant that can give you your much required portion of cell reinforcements. Cell reinforcements help in battling free radicals which could harm your cells and even lead to malignancy. An eating regimen wealthy in cell reinforcements is said to keep your heart solid and the skin youthful.

2.5 Dragon Fruit Vitamin C Property:

Observational examinations have discovered connections be tween's nutrient C admission and malignancy hazard.

Since Dragon Fruit product is a decent wellspring of nutrient C, it helps in reinforcing invulnerability, supporting the ingestion of iron by the body, delivering collagen which makes our teeth more beneficial, and advancing a sound and shining skin. Nutrient C likewise helps support your resistance, in this manner shielding you from becoming ill.

Dragon Fruit Vitamin C helps For Skin:

Dragon Fruit product is astonishing for skin inflammation inclined skin and when applied topically, the high nutrient C content decreases redness and irritation by boosting your skin's blood stream. Since it's an astounding wellspring of nutrient b6, eating Dragon Fruit will help direct your hormone levels in this way limiting breakouts.



3. OBJECTIVE OF THE STUDY:

The specific objectives of this study are:

- To prepare a facial cream from the seedless pulp of dragon fruit in conventional cream base.
- To analyze the appearance and homogeneity of the cream.
- To the viscosity and spread ability of the facial mask.
- To conduct a skin irritation study and
- To assess the after feel and removal procedure.

4. Methodology:

Preparation (Machine):

4.1 Materials:

Fresh Dragon Fruit:



Fig: Dragon Fruit

2. Knife:



Fig: Knife

3. Oven:



4. Saucepans:



Fig: Saucepans

5.Xanthum Gum:



Fig: Xanthum Gum

6. Mixer Machine:



Fig: Mixer Machine

Viscosity:



Fig: Viscosity

PH Meter:



Fig: PH Meter

5. Analysis:

5.1 Determination Appearance and Homogeneity:

Developed cream was tested for physical appearance and homogeneity by visual observation.

5.2 Determination of pH

Determination of pH means the quantify the amount of acid or base in the sample. The idea of PH first introduced by Danish scientist Soren Padre Lauriat Sorensen at the Carlsberg Laboratory In 1909.

- PH is the negative log of hydrogen ion concentration.
- PH is measured by the pH meter.
- PH ranges are start from 0 and end at 14. The point 7 means the sample pH is neutral.

When this pH value decreases from 7 means it is acidic. And when pH value increases From 7 means sample is alkaline.

Preparation

.Take 20 ml water . Add 2 ml Dragon Fruit Pulp solution

Result

The pH solution of Dragon Fruit Pulp is being = 7.95

5.3 Determination of Viscosity:

Preparation:

.Take 125 ml dragon Fruit Face mask.

Apparatus:

- 1. Ostwald Viscometer
- 2. Electronic Balance
- 3. Stop Watch.

The measurement of viscosity of prepared cream was measured using Brookfield Viscometer. The reading was taken at 30 rpm using spindle no: 3.

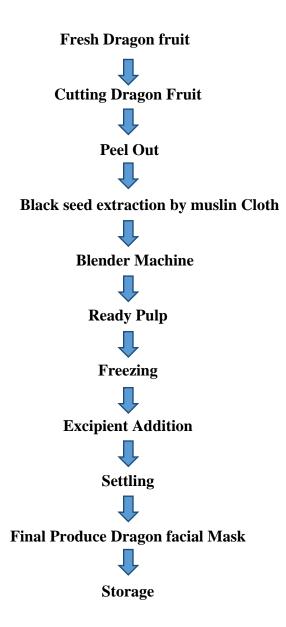
5.4 Skin Irritation:

Cream was applied on the human volunteers and treated skin was examined visually for erythema and edema.

5.5 Determination of Removal:

The simplicity of expulsion of the Cream applied was analyzed by washing the applied part with tap water.

6. Dragon Face Mask Flowchart:



Procedure:

At first I bought a Dragon Fruit from the market. Then take it to the lab class and clean it with water. Then they cut it with a knife. Then Separate the peel on the dragon fruit .Then mix the pulp into the mixing machine. When mixed well the pulp should be kept in a biker. Then I will cover it with aluminum foil and leave dragon fruit pulp in the refrigerator. Then the peel will need to be blenching at 80 Degree C for 2 minute.Blanching foods helps reduce quality loss over time. Then peel and seeds place in the tray and put them on the microwave oven or solar dryer. Then they have to dry well.

After drying the peel and seeds should be powered. Then the dragon Fruit pulp 5gm+dragon fruit peel powder 2g+ ayur massage cream 10gm.

Then again dragon Fruit pulp 5gm+dragon fruit seed powder 1g+ ayur massage cream 10gm.



7. Results:



Fig: Dragon Face mask (Sample1)



Add Dragon Pulp+ Ayur Massage cream+ Dragon Peel (Sample 2)



Add Dragon Pulp+ Ayur massage Cream+ Dragon seed (Sample 3)

Parameter	Dragon pulp cream	Dragon pulp Added Dragon peel Cream	Dragon Pulp Added Dragon Seed Cream
Appearance and Homogeneity	Smooth appearance Completely Homogeneous	Smooth appearance Completely Homogeneous	Smooth appearance Completely Homogeneous
Viscosity	Highly Viscous	Highly Viscous	Highly Viscous
Spread ability	Easily spreadable	Easily spreadable	Easily spreadable
Skin irritation test	No irritation	No irritation	No irritation
рН	7.2	7.1	6.9
Content of Vit. C	86.59µg/ml	117.22µg/ml	121.35µg/ml
Type of Smear	Smooth smear	Smooth smear	Smooth smear
Removal	Easily removed	Easily removed	Easily removed

8. Conclusion:

This Cream fights signs of aging, treats acne, soothes sunburn, promotes skin health and provide essential moisture to dry skin. Probably the most ideal approaches to utilize Dragon Fruit product is to apply it legitimately on the skin. Presently, that you know such stunning advantages of this colorful organic product, present to it your salvage.

Regular application of the face mask cream can prevent free radicals from damaging the skin. Besides, it can make your skin age rashly. Topical use of this organic product can avoid free radicals to keep the skin from being dull.

Vitamin C in dragon fruit may help protect against dullness and leave your skin look fresh and rejuvenated.

Dragon Fruit product is low in calories yet offers various supplements, including nutrient C, B nutrients, phosphorus, protein, calcium, fiber, captain, and cancer prevention agents. It's demonstrated to bring down glucose levels just as circulatory strain, reinforce bones and teeth, advance sound blood and tissue arrangement, fortify the safe framework, mend wounds and wounds quicker and avoid respiratory issues. Like other red natural products, Dragon Fruit product contains lycopene, which secures against malignant growth and coronary illness. By what means can every one of these advantages be exploited in this outwardly excellent, colorful organic product. This may turn into your new most loved organic product, and you don't need to kill a Dragon Fruit.

This may turn into your new most loved organic product, and you don't need to kill a Dragon fruit. It could without much of a stretch be known as an "insane" organic product, as its appearance is so far-fetched. Dragon Fruit product is low in calories yet offers various supplements, including nutrient C, B nutrients, phosphorus, protein, calcium, fiber, captin, and cancer prevention agents. It's demonstrated to bring down glucose levels just as circulatory strain, fortify bones and teeth, advance solid blood and tissue arrangement, reinforce the insusceptible framework, mend wounds and wounds quicker and forestall respiratory issues. Like other red organic products, Dragon fruit product contains lycopene, which secures against malignant growth and coronary illness.